

# Is Private Practice For You?

7 areas all RecTs must consider before taking the leap  
-check the boxes that apply to you

## 1. Professional and Clinical Foundation

- ✿ completed formal Recreation Therapy education
- ✿ eligible for certification or registration
- ✿ have worked in the field

## 2. Mindset and Motivation

- ✿ I am ready for something new
- ✿ I am ready to be challenged and learn new skills
- ✿ I am ready to be pushed outside of my comfort zone

## 3. Client Population

- ✿ I have a clear understanding of the client population or diagnosis I want to serve

## 4. Passion and Change

- ✿ I am passionate about the work I do as a RecT
- ✿ I am ready for something new
- ✿ I am ready to increase the impact of my work as a RecT

## 5. Trends and Unmet Needs

- ✿ you have noticed gaps in the available services in your community
- ✿ you have the skills to fill these gaps

## 6. Personal and Professional Network

- ✿ have personal supports that will be there when things are challenging
- ✿ have professional supports that you can look to for bouncing ideas and help to spread the word about your business

## 7. Belief in Self

- ✿ even if it is hard to admit out loud, you know you have what it takes

**Did you check at least 5 boxes?  
If so, you are ready to explore  
private practice!**



**Launch Your Private Practice: A Business Course for  
Canadian Recreation Therapists**

Learn more by clicking the link above.