



# 11 Rituals - Which Ritual To Choose?

## Intuitive Ritual Selector

**This journey is non-linear. Choose what you need, when you need it.**

- Steadiness → Ritual 1
- Body clarity → Ritual 2
- Self-worth → Ritual 3
- Intuition → Ritual 4
- Inner voice → Ritual 5
- Emotional release → Ritual 6
- Truth & expression → Ritual 7
- Direction → Ritual 8
- Inner knowing → Ritual 9
- Desire & intention → Ritual 10
- Integration → Ritual 11

**Choose the ritual that matches how you feel today.**

**Your return is unique to you.**