

RISE AS SHE IS CALLED

1.TOOL

Integration + Celebration

2. CONCEPT RECAP

Today you honor the shifts you've made, the peace you've practiced, and the confidence you've activated. This is your rise moment.

3. JOURNAL PROMPT

Where have I grown this week? What feels different?

4. SCRIPTURE

*"Arise, shine, for your light has come."
— Isaiah 60:1*

5. AFFIRMATION

I rise with calm. I rise with clarity. I rise as He has called me.

6. MICRO-ACTION

Bring one reflection to the live call — a win, a shift, or a moment of peace.