

# AI LIFE LEVERAGE SYSTEM™ 2.0

## The Leverage Tracker Workbook

See your progress. Build your momentum. Multiply your freedom.

### Daily Leverage Log

What did AI help me with today?  
Write below:

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What task did I automate or simplify?  
Write below:

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How many hours did I save today?  
Write below:

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One win I'm proud of:  
Write below:

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What will I automate tomorrow?  
Write below:

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## Weekly Review

- Wins: biggest automation, new skill, hours saved
- Lessons: what slowed me down, what system to tweak
- Focus: one area to improve, one automation to add

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## Monthly Momentum Map

Time

Wins this month → Next month's goal

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Skill

Wins this month → Next month's goal

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System

Wins this month → Next month's goal

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Income / Results

Wins this month → Next month's goal

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Mindset / Energy

Wins this month → Next month's goal

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Automate your life. Multiply your freedom.