

7 LITTLE-KNOWN QUICK AND EASY WAYS TO CUT ENERGY 'BILLS TODAY



Hey brother,

I'm Blake. A father of three girls, dog dad to a mutt named Kenzi, and a man who used to spend \$450+ a month just trying to keep the lights on.

That was back in the U.S.

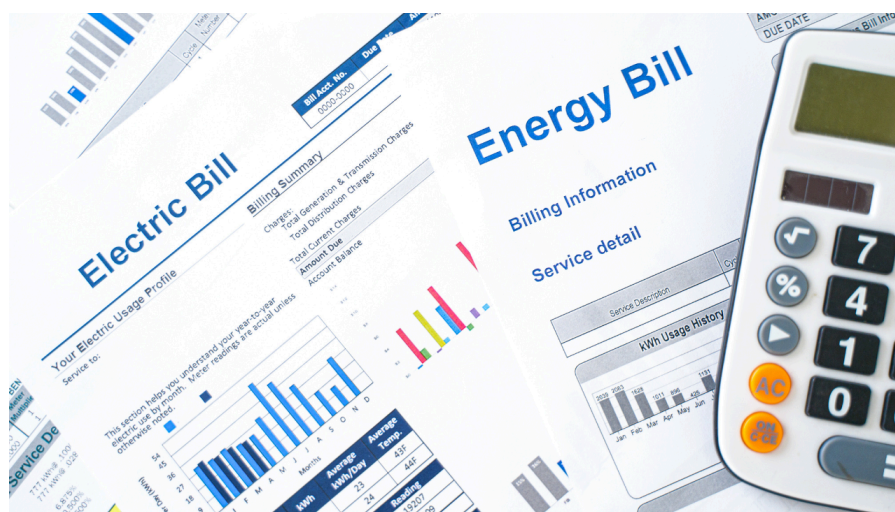
Today, I live in a small farmhouse in Spain. Off-grid. Solar-powered. Self-reliant. And I sleep a lot better knowing no power company can flick a switch and leave me in the dark.

But I get it. Most guys aren't moving across the ocean. You just want to stop bleeding cash every time the bill hits your inbox.

So I put together this quick list of **7 things you can start doing now** – no fluff, no guilt, no lectures about unplugging your toaster.

Let's dive in, starting with #7...

7. Switch Power Companies Like You Switch Socks




Here's what most people don't realize:

In over 20 U.S. states, you can **choose your power provider**, not just the utility company.

That means you can **shop around**, compare rates, and switch to a cheaper plan every time rates change.

Some states even offer **free nights or weekends** plans. If you work 9 to 5 and do laundry after dinner, that alone could save you hundreds.

 **Tool:** Use comparison sites like ChooseEnergy.com or EnergyBot.com to find better rates.

6. Run Your Water Heater Like a Pro



Your water heater is a power hog. But most folks leave it set at 140°F, which is unnecessary and unsafe.

Drop it to **120°F** – it's still hot enough for showers, dishes, and laundry, but you'll save **6 to 10%** on water heating costs.

Also:

- Add a **water heater blanket** (\$30)
- Insulate exposed hot water pipes
- Use cold water for laundry when possible

5. Upgrade Your Thermostat (Then Trick It)



Smart thermostats like the Nest or Ecobee can shave **10 to 20%** off heating and cooling bills. But here's the hack:

Lie to it.

Tell your thermostat you're leaving the house an hour earlier or coming home an hour later than you really do.

It'll keep your place comfortable when you're home, but not blast AC when you're not around.

Bonus: Many energy providers **pay you to install one.**

4. Reverse Your Ceiling Fans (Yes, Really)

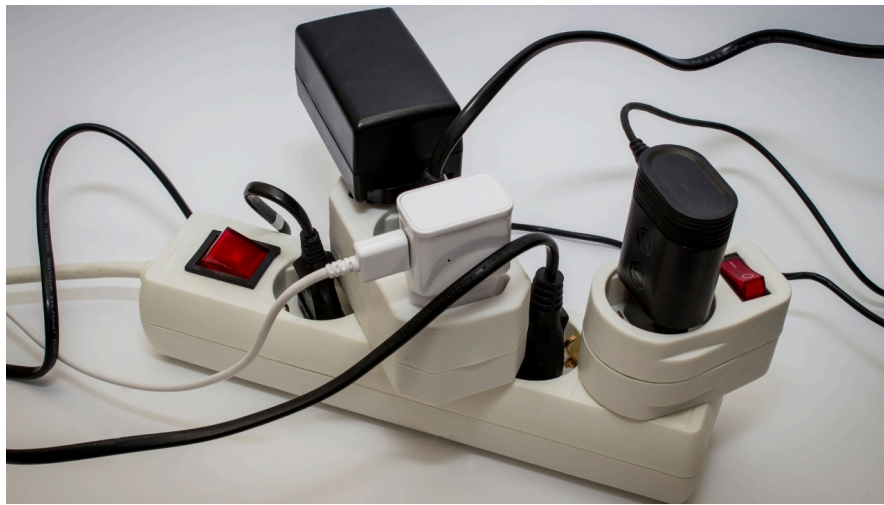


Most fans have a tiny switch that changes the blade direction. In summer, they should spin **counterclockwise** to push cool air down. In winter, **clockwise** to circulate warm air.

It's such a small tweak, but can reduce HVAC use and make rooms feel more comfortable at a lower setting.

No one does this. That's why it works.


3. Unplug the Invisible Drains



We're not talking about turning stuff off. We're talking about **phantom loads** – power sucked up by devices that are off but still plugged in.

- Microwaves
- TVs
- Chargers
- Cable boxes
- Coffee makers

Use a **smart power strip** that shuts off power when the device isn't in use. Set it once and forget it.

 **Tool:** TP-Link Kasa Strip

2. Let Uncle Sam Pay You to Save



There are hundreds of **local rebates and incentives** for doing simple energy-saving upgrades:

- LED light bulbs
- Smart thermostats
- HVAC tune-ups
- Window sealing kits
- Insulation

Search DSIRE (Database of State Incentives for Renewables & Efficiency) and filter by your state.

Some of these are stackable. That means you get paid to save more.

1. The Big One: Stop Renting Electricity. Build Your Own Power Supply



This is what changed everything for me.

If you're serious about taking control of your energy use, there's one move that beats everything else on this list:

[Build your own backyard solar setup.](#)

No, not the \$30,000 system some sales guy tries to sell you.

I'm talking about a **small, efficient, 3D-style solar array** based on a **recent MIT design** – one you can build with parts from any hardware store.

- No electrician needed
- No special permits
- No roof space required
- Just a weekend, a few tools, and a little guidance

Thousands of men across the country are using this method to **cut their energy bills by 65% or more**. Some even eliminate their bill entirely.

Sound too good to be true?

I thought so too.

Until I saw a guy in Orlando save \$975 a year with it.

Watch the Free Video That Shows You How It Works



👉 [Click here to see it in action now](#)

It's the simplest, smartest move I've made since getting off the grid.

And even if you don't go fully solar, just seeing this setup might change how you think about energy forever.

To more control,

Blake