



Purposeful Living Today
— Living Your Life Intentionally —

Life Coaching Client Agreement

LIFE COACHING CLIENT AGREEMENT

Program: Forgiveness Life Coaching

Monthly Fee: \$395/month

1. PROGRAM DESCRIPTION

The Forgiveness Life Coaching Program includes:

Four (4) 50-minute 1:1 coaching sessions per month, typically held weekly via Zoom.

One (1) weekly accountability email check-in.

Action steps and session notes after each session.

Access to resources, worksheets, and templates as deemed appropriate by the Coach.

The structure, modality, and content of coaching are at the discretion of the Coach and may evolve as needed to best support the Client.

2. PAYMENT TERMS

The Client agrees to pay \$395 per month, billed in advance.

All payments are non-refundable, including unused sessions, missed sessions, or early termination by the Client.

If payment fails or is declined, the Coach may pause all services until payment is made in full.

The Coach reserves the right to increase rates with 30 days' written notice for future months.

3. SESSION SCHEDULING, CANCELLATION & ATTENDANCE

Sessions are held once per week for 50 minutes via Zoom.

24-hour notice is required to reschedule a session.

Sessions canceled or missed with fewer than 24 hours' notice are considered forfeited and will not be rescheduled or refunded.

If the Coach must reschedule, reasonable effort will be made to find a mutually open time.

The Client is responsible for arriving on time. Sessions will end at the scheduled time, regardless of the Client's arrival.

4. COMMUNICATION OUTSIDE OF SESSIONS

The Client receives one (1) email check-in per week for accountability or questions.

Additional communication via Voxer, WhatsApp, or another mutually agreed-upon method is permitted with a response time of 24–48 business hours (Mon–Fri).

Communication outside these boundaries, high-volume messaging, or coaching-style exchanges between sessions may require upgrading to a higher support package at the Coach's discretion.

The Coach does not provide crisis or emergency support at any time.

5. COACHING RELATIONSHIP

Coaching is a professional relationship designed to support the Client in achieving personal or professional goals.

Coaching is NOT therapy, counseling, mental health treatment, or medical advice.

The Client is fully responsible for their own decisions, actions, results, and well-being.

The Coach makes no guarantees regarding outcomes or results.

Coaching may bring up emotions or challenges; the Client agrees to seek appropriate professional support if needed.

6. CONFIDENTIALITY

All Client information shared in sessions is confidential except when disclosure is required by law (e.g., risk of harm, court order).

The Coach may reference client scenarios anonymously for training or professional development purposes, without identifying information.

7. INTELLECTUAL PROPERTY

All materials provided by the Coach—including worksheets, templates, methods, videos, and written content—are the intellectual property of the Coach.

The Client receives personal-use access only and may not copy, share, resell, or distribute materials without written consent.

8. TERMINATION

Either party may terminate this Agreement with 7 days' written notice.

Payments already made are non-refundable, including the current month.

The Coach may terminate immediately for inappropriate behavior, harassment, non-payment, or violation of this Agreement.

9. NO GUARANTEE OF RESULTS

The Coach does not guarantee specific outcomes, results, financial gains, emotional changes, or success. Coaching is collaborative, and results depend on the Client's effort, follow-through,

and personal circumstances.

10. LIMITATION OF LIABILITY

The Client participates voluntarily and assumes full responsibility for decisions and outcomes.

The Coach is not liable for any direct, indirect, incidental, special, or consequential damages, including lost opportunities or profits.

The Client agrees to indemnify and hold harmless the Coach from any claims arising out of the coaching relationship.

11. DISPUTE RESOLUTION

In the event of a disagreement, both parties agree to attempt resolution through good-faith negotiation.

If unresolved, disputes will be handled through binding arbitration in the Coach's state of residence.

The governing law shall be the laws of the Coach's state or country.

12. NON-DISPARAGEMENT

The Client agrees not to publicly defame, criticize, or disparage the Coach in any medium, including social media. The Coach agrees likewise regarding the Client.

13. ENTIRE AGREEMENT

This Agreement represents the entire understanding between the parties and supersedes all prior agreements or discussions. Updates or changes must be made in writing and signed by both parties.

Life Coaching Client Agreement – Signatures

Client Name:

Client Signature:

Date:

Coach Name:

Coach Signature:

Date: