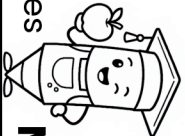


Mark
or draw

Your choices

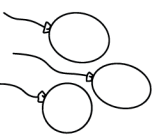


My Healthy Eating Tracker

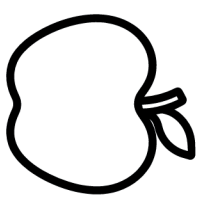


Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Every healthy choice makes you stronger!



Fruits



Yay!

Veggies

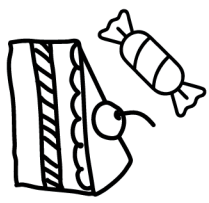


Broccoli power!

Great job!



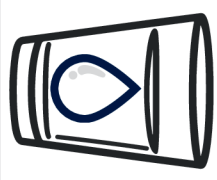
Sweets



Just a little treat!

Keep your body strong!

Water



Drink up for energy!

