

1. **Natural Deodorant** (I made this conditioner all the time before we started selling natural conditioners in cardboard tubes at reTHink)

Ingredients:
1/4 cup coconut oil, 1/4 cup baking soda, 1/4 cup cornstarch, or arrowroot powder, 10 drops of essential oil (like lavender).

Instructions: Mix all ingredients until smooth, store in a jar, and apply as needed. This natural deodorant is free of harmful chemicals and reduces plastic packaging.

2. Laundry Detergent

Ingredients: 1 bar of castile soap (grated), 1 cup washing soda, 1 cup borax.

Instructions: Combine all ingredients and store in an airtight container. Use 1-2 tablespoons per load. This homemade detergent is very cost-effective and eliminates plastic packaging. Tip - If you want extra cleaning power, buy some oxiclean (sodium per carbonate), which also disinfects and whitens.

3. All-Purpose Cleaner (I haven't bought a single cleaning spray in 10 years!)

Ingredients: 1 cup vinegar, 1 cup water, 10 drops of essential oil (like lemon or tea tree).

Instructions: Mix all ingredients in a spray bottle. Use it to clean surfaces, windows, and more. This replaces multiple commercial cleaners and reduces plastic waste.

4. Baking Soda Deodorizer

Ingredients: Baking soda.
Instructions: Place an open container of baking soda in your fridge, freezer, or any musty-smelling area to absorb odors. This simple solution is effective and eliminates the need for chemical air fresheners.

5. **2-Ingredient Leave-On Conditioner** (I haven't bought a conditioner in the last 5 years).

Ingredients:1 part castor oil, 2 parts coconut oil
If your coconut oil is solid, warm it slightly (just until liquid).

Instructions: Mix both oils in a small clean bottle or jar. Shake or stir well. Store at room temperature—no fridge needed. Rub a few drops between your palms.
Smooth through damp hair, focusing on the ends. Leave it on: no rinse needed. For thick or curly hair, you can use more. For fine hair, just a tiny bit to avoid heaviness.
Extra tip: For scalp nourishment or hair growth, gently massage a small amount into your scalp before bed once a week, then wash out in the morning.