THE REVEAL METHOD

The map of the path: six steps, six traps

Worksheet · the REVEAL method

Six steps, in the order you will walk them. For each one: the question that sums it up, and the trap waiting for you. Print it, keep it, and take it out again before every visit and before you decide.

R · Roots · what you carry

The question: "What am I secretly hoping a place will heal in me?"

The trap: The fantasy: looking for a place before looking at yourself. You take everything with you, and community life amplifies everything.

E · Environment · the real landscape

The question: "What do we share, who decides, and what happens if I leave?"

The trap: The shop window: the grand vision that draws you in, and the vagueness about money that bides its time. The price of leaving is negotiated on the way in.

V · Visit · the art of looking

The question: "What does my grid say once the euphoria has worn off?"

The trap: The beautiful visit: euphoria measures your need, not the health of the place. Your body gets a vote, but it doesn't get to govern.

E · Echoes · reading the people

The question: "Who really decides here, and where are the people who left?"

The trap: Hidden power: power that has a name can be negotiated, hidden power can only be endured. Those who left know everything, and have nothing left to sell.

A · Anchors · what holds you up

The question: "If the project vanished tomorrow, what would still be standing in my life?"

The trap: Dissolving into it: the project can be the center of your life, but it must never be all of it.

L · Lucid choice · deciding

The question: "What would I decide in cold blood, with criteria I wrote down beforehand?"

The trap: Deciding in the rush of enthusiasm: never during a visit. And walking away with clear eyes is a success too.

keep with you

"I never decide anything during a visit. I'll write to you in two weeks."

"What you don't look at ends up steering you."

This path will soon exist as a complete guided course in English, Join a Community with Your Eyes Open. To hear about it first: en-transition.com/the-ecovillage-trap