TWO MONTHS · PRIVATE 1:1 JOURNEY

The Mystery of You



Hear yourself clearly. Speak your truth. Make choices that feel like yours.

Maybe you say yes before you've had a chance to feel what you want. Over two months, we'll explore the patterns that pull you away from yourself and make room for play, self-discovery, and choices that feel like yours.

You can receive guidance without leaving yourself.

THE EXPERIENCE

What we'll explore together

01

Come back to yourself

Notice the roles and expectations you've learned to live by. Make room for what feels true to you now.

02

Make room for play

Give curiosity, creativity, and spontaneity more space in the way you move through your days.

03

Listen inward

Practice noticing your body's cues and your intuitive knowing as you make everyday choices.

What you'll carry forward

More confidence in your voice

Practice naming what you want and saying what you mean in relationships, work, and creative expression.

More room for joy

Recognize familiar "shoulds" and make room for choices that feel lighter, freer, and more like you.

A closer relationship with your intuition

Get to know how your inner guidance shows up and practice listening to it when you're making a decision.

A felt sense of connection

Explore what it feels like to be supported and connected to something larger than yourself.

Practices you can return to

Take self-inquiry prompts, reflections, and embodied rituals into the weeks and months beyond our time together.

TWO MONTHS TOGETHER

What's included

One 90-minute Foundations Session

Explore what's bringing you here, the patterns you're noticing, and what you want to make space for. Together, we'll choose where to begin.

Five 45-minute private sessions

Work with what comes up in daily life through intuitive guidance, energy work, and practices shaped around you.

Reflection prompts and self-inquiry

Bring what you discover into your everyday decisions and relationships.

Personal Grounding Plan

Personalized guidance on food, movement, rest, daily rhythms, and optional supplements to help you feel more at home in your body.

Self-Trust Compass

Your personal playbook for recognizing when you're people-pleasing, hearing your own yes or no, and making choices that feel true to you.

Ongoing text support between sessions

Ask questions, share wins, and get guidance as you put what we explore into practice.

PAY-IN-FULL BONUS — $111 VALUE

An additional 45-minute Quantum Healing + Ancestral Pattern Release session, bringing your total to seven.

Your investment

PAY IN FULL

$777

Seven private sessions, including the bonus.

MONTHLY PAYMENTS

2 payments of $399

$798 total. Six private sessions.

Supplements are optional. Products discussed are separate from the program price.

The Mystery of You awaits.

If you're ready to meet yourself with more curiosity, give your truth a voice, and let joy have a say in what comes next, there's space for you here.