



# GROWTH MINDSET QUESTIONS



**TATF**  
THEY ARE THE FUTURE

## Encouraging Curiosity and Learning

What's something **new** you learned today, and how can you apply it **next time**?

Can you think of a **fun conversation** you had today that introduced you to **new ideas**?

What's a topic or **subject** you're **curious about** but haven't explored yet?



## Overcoming Challenges

What was **hard** today, but made you a **better learner** for trying?

When you think about the **worst** thing that happened today, what **positive change** can come from it?

Can you describe a **problem** you **solved** today, and how you approached it?

## Building Resilience

Can you share a **mistake** you made and what you **learned** from it?

How did stepping out of your **comfort zone** today help your **confidence**?

What's something that **didn't work out** as planned, and what would you **do differently** next time?



## Setting and Achieving Goals

What's a **small goal you set** for yourself today, and how did you **work towards** it?

How did you use **critical thinking** or **problem-solving** skills to **overcome an obstacle** today?

What's a larger **goal you're working towards**, and what are the **steps you're taking** to achieve it?

## Reflecting on Personal Growth

How do you think you've **changed** or **grown** in the last year?

What's a **skill** or **talent** you've **developed** recently, and how did you do it?



## Growing Empathy and Understanding

Can you think of a time when you **helped someone else overcome a challenge**? How did it make you feel?

How do you think **understanding others' perspectives** helps us develop?



## Cultivating Creativity and Innovation

What's a **creative solution** you came up with for a **problem** or **challenge** recently?

How can looking at a situation from **different angles** lead to **new solutions**?