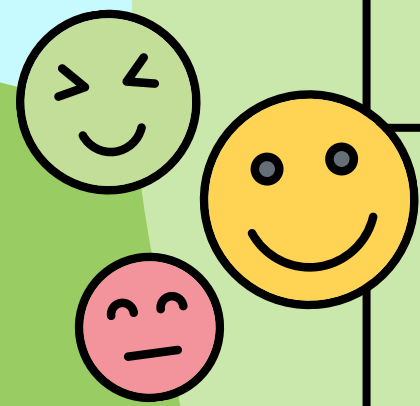
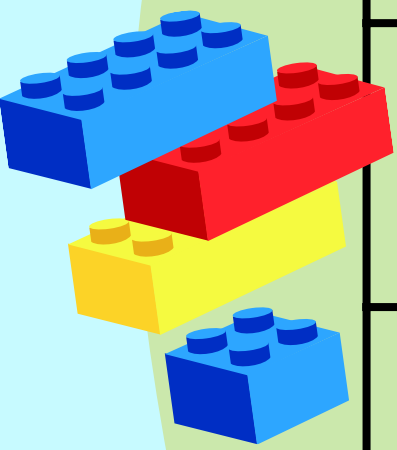


Friendship Skills Checklist!

3-6

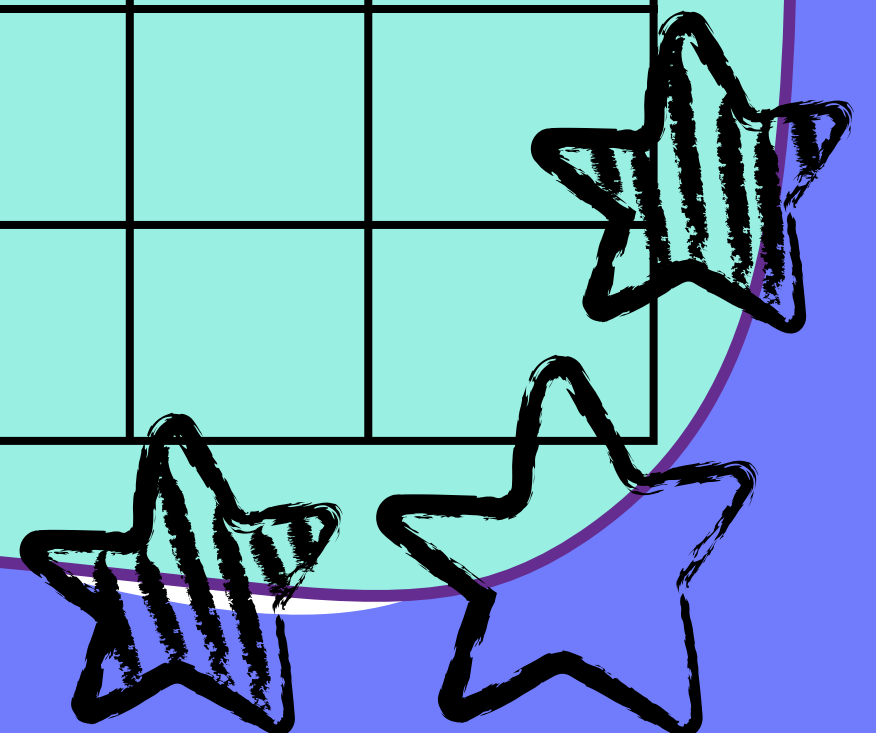
Skill	Can do confidently	Can't do yet	Priority to work on
Share toys and take turns Willingly give a toy to another child and wait for their turn to play again			
Express feelings using words Use simple language to describe emotions like happy, sad or angry			
Show empathy to upset friends Offer comfort or help to a peer who is crying or distressed			
Initiate play with peers Approach other children to start a game or activity			
Follow simple social rules understand basic rules like waiting in line or saying 'please' and thank you'			
Recognise others' emotions Identify basic emotions in others, like happiness or sadness, through facial expressions			
Apologise and forgive in conflicts Say sorry when wrong and accept others' apologies			
Participate in group activities join and contribute to activities involving multiple children			
Ask for help when needed Seek assistance from adults or peers when facing a difficulty			
Show interest in peers activities Ask questions or make comments about what others are doing			
Respect others' belongings Avoid taking or damaging things that belong to others			
Understand basic manners Play collaboratively, following the rules of the game			
Listen when others speak Pay attention and not talk over whne someone else is talking			
Respond to social queues Notice and react appropriately to others body language and expressions			



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FRIENDSHIP SKILLS CHECKLIST!

Skill	Can do confidently	Can't do yet	Priority to work on
Engage in two way conversations Listen and respond in discussions, showing interest in others' thoughts			
Cooperate in Group tasks Work together with peers to achieve a common goal			
Respect personal boundaries Understand and honours others' need for personal space			
Understand and follow social norms Recognize and adhere to unwritten rules of social behaviour			
Resolve minor disputes independently handle small conflicts with peers without adult intervention			
Show empathy and offer help Understand others' feelings and offer assistance or comfort			
Recognise and respect differences Accept and value diverse perspectives and backgrounds			
Maintain friendships over time Keep and nurture relationships with peers			
Express thoughts and feelings appropriately Communicate emotions and ideas in a respectful manner			
Listen actively to others Pay full attention and show interest in what others are saying			
Understand non-verbal cues Interpret bodylanguage and facial expressions to gauge others feelings			
Participate in team activities Engage in activities that require teamwork and collaboration			
Respect others' opinions Acknowledge and value different viewpoint			
Seek common interests with peers Find and engage in shared activities or hobbies			
Navigate social situations with less adult intervention Handle social interactions and resolve conflicts with minimal help from adults			



12-17

Friendship Skills Checklist



Skill	Can do confidently	Can't do yet	Priority to work on
Resolve Conflicts Through Discussion Use communication to find solutions to disagreements			
Recognise and respond to social cues Understand subtle social signals and react in a socially appropriate way			
Support friends emotionally Offer empathy and understanding during friends' difficult times			
Respect diverse viewpoints Acknowledge and appreciate different perspectives and cultures			
Maintain healthy boundaries Set and respect limits in relationships			
Show empathy in complex situations Understand and respond to more nuanced emotional states of others			
Navigate peer pressure effectively make independent decisions despite group influences			
Build and sustain deeper friendships Develop and maintain close and meaningful relationships			
Communicate effectively in various social settings Adapt communication style to different groups and contexts			
Understand and respect others' privacy recognise and honour the privacy needs of peers			
Seek and offer constructive feedback Give and receive feedback in a helpful and respectful manner			
Balance personal needs with those of friends manage personal interests while considering friends' needs			
Demonstrate reliability and trustworthiness Be dependable and honest in interactions			
Adapt to changing social dynamics Adjust to new social environments and group changes			
Develop a sense of social responsibility Show awareness and concern for broader social issues			

