

28 Brilliant Exam Confidence Motivational Quotes for Students

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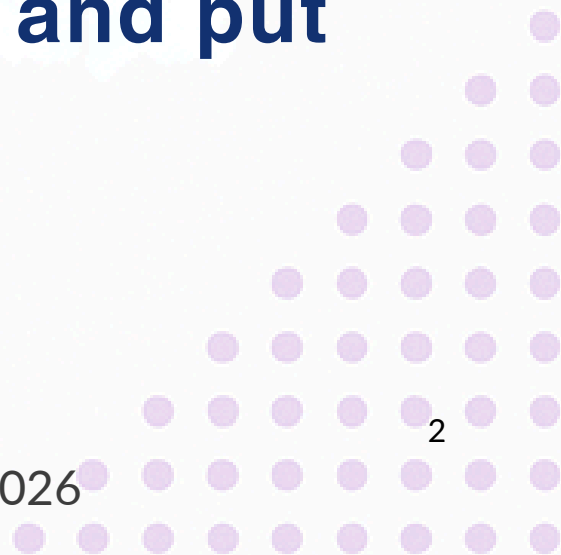
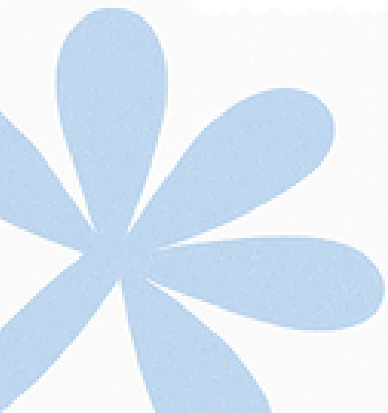


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These inspirational quotes will help students of all ages with upcoming exams and tests, from teenage students to young children taking their first tests.

Share them with your child or family member. Cut out your/their favourites and put them on the wall!



“Exam Results Don’t Define You”

Quotes to Help Students Keep Perspective

Education is an important route to success, but let’s not forget that the education system is imperfect. It doesn’t suit everyone’s learning style, which can be frustrating and demoralising at times.

So if you or your child have struggled through education, do remember that exams don’t define you. Also remember that sometimes you have absorbed a lot more than you think.

It is a miracle that curiosity survives formal education.

Albert Einstein

Trust yourself; you know more than you think you do.

Benjamin Spock

Keep your eyes on the stars, and your feet on the ground.

Theodore Roosevelt

One Test, One Step – Motivational Exam Quotes About the Bigger Picture

Sometimes we become hyper-focused on the result.
It can feel as though nothing else matters.

Please remember, this feeling will pass, given enough time.
The only thing that's important in the grander scheme of
things is living a meaningful and fulfilled life. The exam
is just a stepping stone. Also, think about all the non-academic
skills learned in school, college and university.
Those vital life skills and social skills.

Your success
and happiness
lie in you.

Helen Keller

Always bear in mind
that your own
resolution to succeed,
is more important
than any other one
thing.

Abraham Lincoln

Nothing can stop the man
with the right mental
attitude from achieving
his goal, nothing on earth
can help the man with
the wrong mental
attitude.

Thomas Jefferson

Education not just
preparation for life,
but part of life itself –
a continuous art.

Henry Ford



“Stay Present, Stay Calm–

Encouraging Words for Students Before a Test

The best way to get good results is to prepare. If you or your child don't know how to do this, make sure you find study skills support.

Getting started on a task can be the hardest part.

So, if you haven't got started yet, just start. Take that first tiny step.

Focus on that step and not all the other tasks to be done.

You may have regrets about not doing more study, but regret isn't helpful.

Put the past and future worries aside and focus on what you can actually do in the present.

**Before anything else,
preparation is the key
to success.**

• Alexander Graham Bell

**My advice is to never do
tomorrow what you can
do today. Procrastination
is the thief of time.**

- Charles Dickens

**The world of the future
is in our making.
Tomorrow is now
- Eleanor Roosevelt**

**There are two days in the
year that we can not do
anything, yesterday
and tomorrow.**

- Mahatma Gandhi

Push Through, Don't Give Up – Inspirational Quotes for Testing and Tough Moments

It's natural for humans to avoid hard things and follow the easiest path. But sometimes, to achieve something great, we have to work hard and push through.

You may face tough times along the way. But keep your eye on what you could achieve in the future if you do well in this test or exam!

“

The roots of education
are bitter, but the
fruit is sweet.

ARISTOTLE

“

Genius is one percent
inspiration and ninety-
nine percent perspiration.

ALEXANDER GRAHAM BELL

“

No gains without
pains.

BENJAMIN FRANKLIN

The only difference
between success and
failure is the ability to
take action.

ALEXANDER GRAHAM BELL

Nothing will work
unless you do.

MAYA ANGELOU

You cannot swim for
new horizons until you
have courage to lose
sight of the shore.

WILLIAM FAULKNER



‘Exams Aren’t Everything –

Encouragement for Students
Who Struggle With Tests

Exams are not a true measure of your abilities or what you (or your child) can offer as a person. But they can act as a gateway to the life you want.

Exams can sometimes give you the straightest, clearest path to your goal.

But there are always other ways to succeed in your plans for a bright future, even if the exams don't go your way.

If my future were determined just by my performance on a standardized test, I wouldn't be here. I guarantee you that.

Michelle Obama






Stay Focused, Stay Strong

FINAL EXAM MOTIVATION QUOTES FOR STUDENTS

Sometimes we can succeed through perseverance (not giving up) and razor-sharp focus on our longer-term goals.

You'll have good days and bad days, but it's the total of all this persistence that is going to get you where you want to go.



There will be times when you feel like giving up. You may question whether your goal is worth all the effort, or whether you really want it.

There is no point in giving up. You have come this far!

The successful warrior is the average man,
with laser-like focus. Bruce Lee

Success is the sum of small efforts,
repeated day in and day out. Robert Collier

Our greatest weakness lies in giving up.
The most certain way to succeed is always
to try just one more time. Thomas A. Edison

Education Opens Doors – Inspirational Quotes About Learning and Exams



Exams are a stepping stone on a journey which can lead to great things. It's easy to take our education for granted, and of course school can be really tough at times, but on the other hand there are many countries where not everyone gets to go to school.

A quality education has the power to transform societies in a single generation; provide children with the protection they need from the hazards of poverty, labor exploitation and disease; and give them the knowledge, skills and confidence to reach their full potential.



Audrey Hepburn



Failure Isn't the End

Encouraging Words for Students Who Feel Anxious About Exams

Sometimes it feels as though exams are everything. It may feel like those years of hard work are on a knife edge when it comes to your exams, and it could all come to nothing.

But this is not true.

There may be options to re-take or pivot. Even if not, you will have learned invaluable lessons from your studies. That knowledge and set of skills will never be wasted, and you may just be on a different and unexpected path, to an exciting and new destination.

Do not allow yourselves to be disheartened by any failure as long as you have done your best.

Mother Teresa

Success is not final, failure is not fatal, it is the courage to continue that counts.

Winston Churchill

Life is pretty simple:
You do some stuff:
Most fails. Some works.
You do more of what works.

Leonardo Da Vinci


However difficult life may seem, there is always something you can do, and succeed at. It matters that you don't just give up.

Stephen Hawking


When you sit down to take an exam, you are stepping into the arena. It's not about being perfect. It's about showing up, trying your best, and daring to care. The truth is, it takes courage to keep going when things feel hard — to face self-doubt and still give it your all.

It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat.

Theodore Roosevelt



I hope these exam quotes help you to keep going, not be afraid of making mistakes, and to know that trying hard is just as important as getting good grades.



These quotes remind us that the road to doing well isn't always easy or straight. There might be bumps and wrong turns, but it's the determination to keep going, the excitement to try, and the passion for what you're doing that can lead to success in the end.





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They Are The Future is a website run by me, clinical child psychologist Dr Lucy Russell, and my fantastic team of mental health professionals.

We help families with 5-17 year-olds to have the best possible wellbeing and mental health.



Have a look at our support articles, courses and other resources at [TheyAreTheFuture.Co.Uk!](https://www.TheyAreTheFuture.Co.Uk)



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