

A graphic consisting of a central purple rectangle with the text "ACTS OF KINDNESS" in white. The rectangle is set against a background of six colored squares: yellow, pink, teal, light green, light blue, and yellow-green.


ACTS OF KINDNESS

CARDS



Explore our website for more resources!


www.theyarethefuture.co.uk




**HOLD A
DOOR
OPEN FOR
SOMEONE**



**DONATE A TOY OR ITEM OF
CLOTHING YOU NO LONGER
USE TO A CHARITY**



**COMPLIMENT
SOMEONE ON
SOMETHING
THEY DID
WELL**



**SHARE YOUR
FAVOURITE TOY OR
SNACK WITH A FRIEND**



**WRITE A THANK
YOU NOTE TO
SOMEONE WHO
HAS HELPED
YOU**

**HELP MAKE DINNER OR
DESSERT FOR YOUR FAMILY**



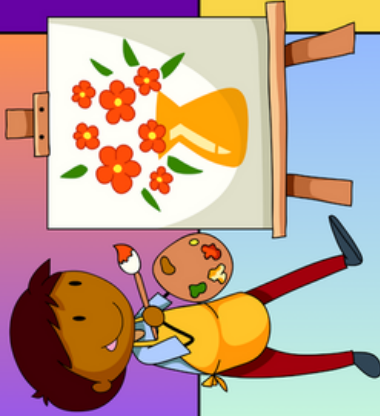
**HELP SET THE
TABLE FOR
DINNER**



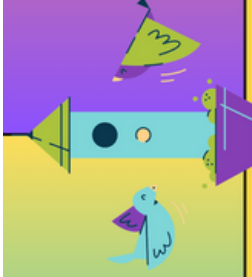
**HELP SOMEONE WITH
THEIR HOMEWORK**



**DRAW OR
PAINT A
PICTURE FOR
SOMEONE
YOU CARE
ABOUT**



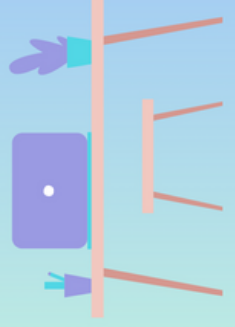
**MAKE A BIRDHOUSE OR FEEDER
FOR YOUR GARDEN OR TO HANG
FROM A WINDOW**



**PICK UP SOME LITTER
IN A PUBLIC SPACE
LIKE A PARK OR BEACH**



**WRITE A POSITIVE NOTE OR DRAW
A PICTURE AND LEAVE IT ON
SOMEONE'S DESK OR DOORSTEP**



**READ A STORY TO A
YOUNGER SIBLING,
COUSIN, FRIEND OR
PET**



**MAKE A CARD FOR A RELATIVE
OR FRIEND WHO LIVES FAR AWAY**



**HELP SOMEONE WITH A CHORE: FOR
EXAMPLE AN ELDERLY NEIGHBOUR
OR GRANDPARENT WHO NEEDS HELP
IN THEIR GARDEN**

**SEND A CARE
PACKAGE TO A
FRIEND OR FAMILY
MEMBER WHO LIVES
FAR AWAY**



**COLLECT AND DONATE SOME
FOODS FOR A FOOD BANK**

**BAKE COOKIES
OR CUPCAKES
FOR YOUR CLASS
OR SPORTS TEAM**



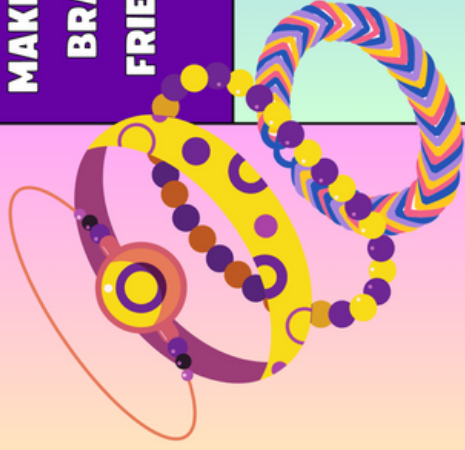
**SEND A
THANK YOU
NOTE TO A
TEACHER OR
COACH**



**CREATE A SCAVENGER HUNT OR
OBSTACLE COURSE FOR YOUNGER
SIBLINGS OR FRIENDS**



**MAKE A FRIENDSHIP
BRACELET FOR A
FRIEND OR FAMILY
MEMBER**



**PAINTE KINDNESS ROCKS AND
LEAVE THEM IN PUBLIC SPACES**



**OFFER TO HELP A SIBLING OR
FRIEND WITH THEIR CHORES**



**MAKE AND DONATE
BLANKETS TO A
HOMELESS SHELTER OR
ANIMAL RESCUE**

