



Stylish



Travel



Guide

3 DAYS IN THE FRENCH RIVIERA

Unique experiences, stunning natural beauty,
and world-class dining on France's glamorous coast.

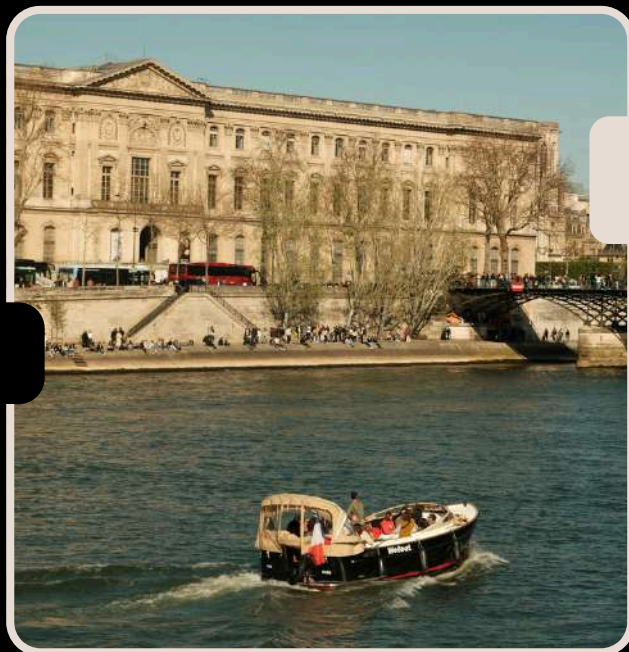


WELCOME TO THE RIVIERA

The French Riviera is where the Alps meet the Mediterranean: a coastline of turquoise water, pastel towns, and timeless glamour. In just 3 days, you can taste Provençal flavors, explore medieval villages, dip into the sea, and dine at some of the world's best restaurants.

This guide blends natural beauty, unique experiences, and curated dining picks to help you live your own Riviera story.





HOW TO USE THIS GUIDE

- **Flexible Itinerary:** Each day includes a mix of culture, food, and relaxation. Swap or skip based on your pace.

- **Symbols:**

- 🌴 Overview
- 🏰 Morning Experience
- 🍴 Lunch Recommendation
- 🌄 Afternoon Adventure
- 🍷 Evening Dining
- 📷 Photo Spot
- 🎉 Pro Tip



- **Navigation:** All main spots are accessible by TER trains, buses, or short drives.

TRAVEL ESSENTIALS

- **Transport:** TER trains connect Nice, Monaco, Antibes, Cannes, Menton. Buses go to Èze & Saint-Paul. Ferries link Nice/Cannes to Saint-Tropez.
- **Apps:** SNCF Connect (trains), Lignes d'Azur (buses), Google Maps.
- **Etiquette:** Greet with “Bonjour” before ordering, dress modestly in churches, tip lightly (service included).



Transport



Apps



Etiquette

WHAT TO PACK

- **Clothing:** Linen, light dresses, sandals, a hat, swimwear, and a light jacket.



- **Essentials:** Sunscreen, sunglasses, refillable water bottle, power bank.



- **Extras:** Stylish outfit for Monaco, walking shoes for villages.



WHEN TO VISIT

- **Best Months: May–June (flowers, fewer crowds), September–October (warm sea, golden light).**



- **High Season: July–August = hot, busy, and pricey.**



- **Winter: Quieter, still mild, but some spots close.**



DAY 1 –

Nice: Riviera Gateway

Overview

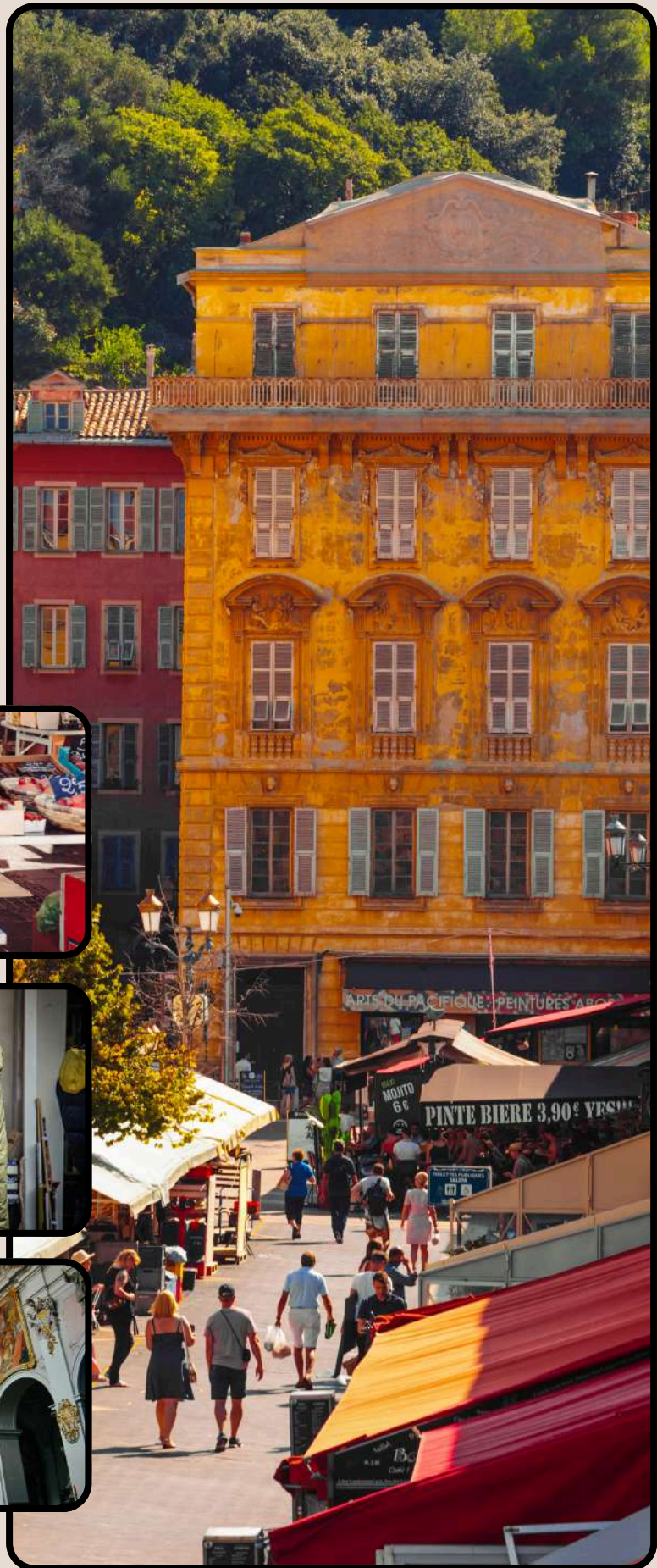
Nice is the Riviera's beating heart: colorful markets, seaside promenades, and sweeping views.



MORNING EXPERIENCE

🏰 Stroll through Vieux Nice (Old Town).

Browse Cours Saleya's flower & food market, then wander pastel streets with baroque churches.



LUNCH RECOMMENDATION

🍴 La

Rossettisserie

(4.6★) – Famous for roasted meats and Provençal plates in a vaulted stone cellar. Cozy and authentic.



AFTERNOON ADVENTURE

C Walk the Promenade des Anglais, then climb Castle Hill (Colline du Château). Panoramic views of Nice's bay with waterfalls and shady gardens



EVENING DINING & EXPERIENCE

🍷 Les Distilleries Idéales – Stylish wine bar with a huge selection of French wines. Perfect for a casual Riviera evening.



PHOTO SPOT & PRO TIP

📷 **Rue Rossetti:** narrow pastel alleys with a cathedral dome.

🎉 **Pro Tip:** Go to Castle Hill 1 hr before sunset to catch golden light and glowing sea.



DAY 2 – Monaco & Èze

Overview

From Monaco's glitz to Èze's medieval charm, this day balances glamour and breathtaking natural beauty.



MORNING EXPERIENCE

🚂 Take the train to Monaco. Visit Casino Square, the harbor, and Prince's Palace. Stroll through Japanese Gardens for calm vibes.



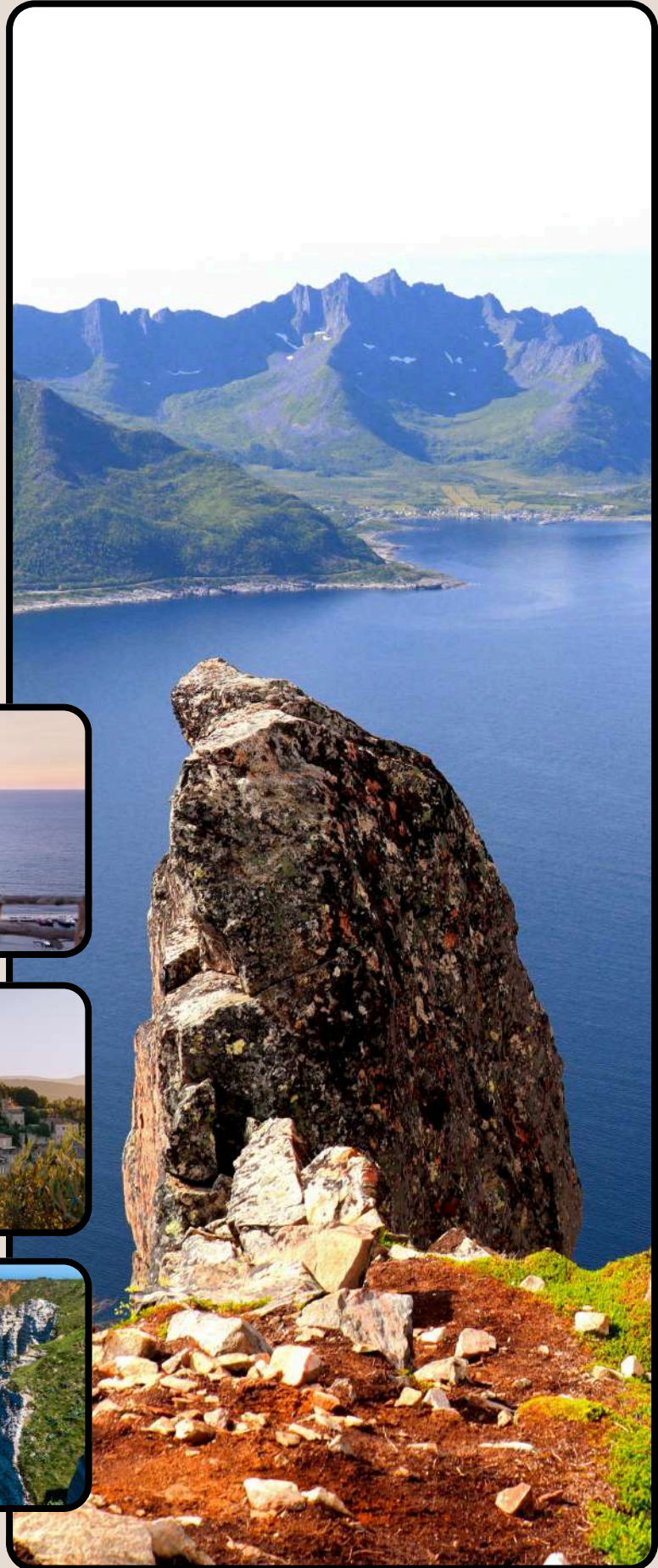
LUNCH RECOMMENDATION

🍴 Mada One
(4.6★) – Chic
bistro by chef
Marcel Ravin.
Known for
creative, artful
plates and light
Riviera flavors.



AFTERNOON ADVENTURE

Bus up to Èze Village. Explore its cobblestone lanes and the Exotic Garden perched on cliffs with panoramic sea views.



EVENING DINING & EXPERIENCE

🍷 Château Eza (4.7★) – Romantic fine dining on a cliff terrace with unrivaled Mediterranean views.

Unique Experience: Visit the Fragonard Perfume Factory in Èze for a guided scent-making tour.



PHOTO SPOT & PRO TIP

📍 Exotic Garden terrace in Èze overlooking the Riviera.

🎉 Pro Tip: Visit Monaco in the morning; Èze is best mid-afternoon when the sea glows deep blue.



DAY 3 –

Cannes & Antibes

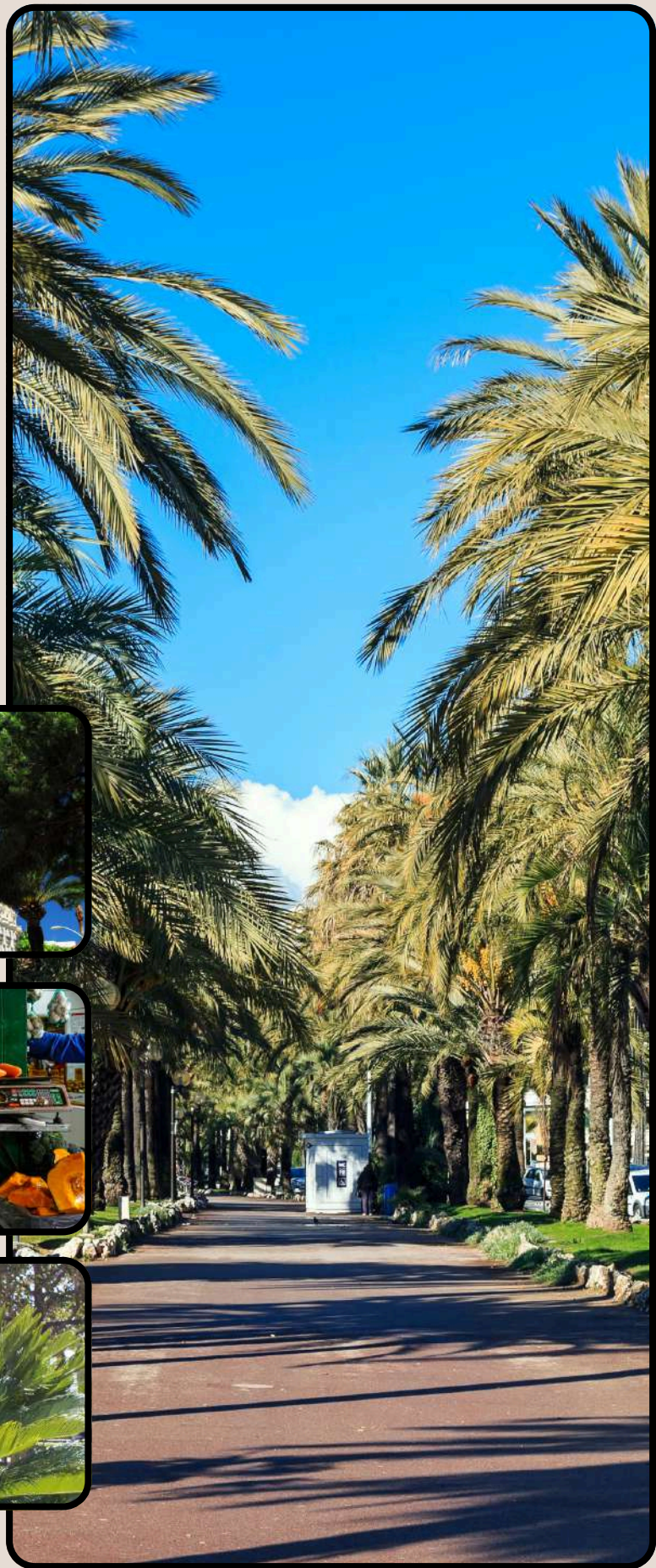
Overview

Cannes blends Hollywood glamour with Riviera beaches; Antibes offers art, history, and seaside charm.



MORNING EXPERIENCE

🏰 Cannes: Stroll La Croisette, the luxury shopping street. Visit Marché Forville for Provençal produce.



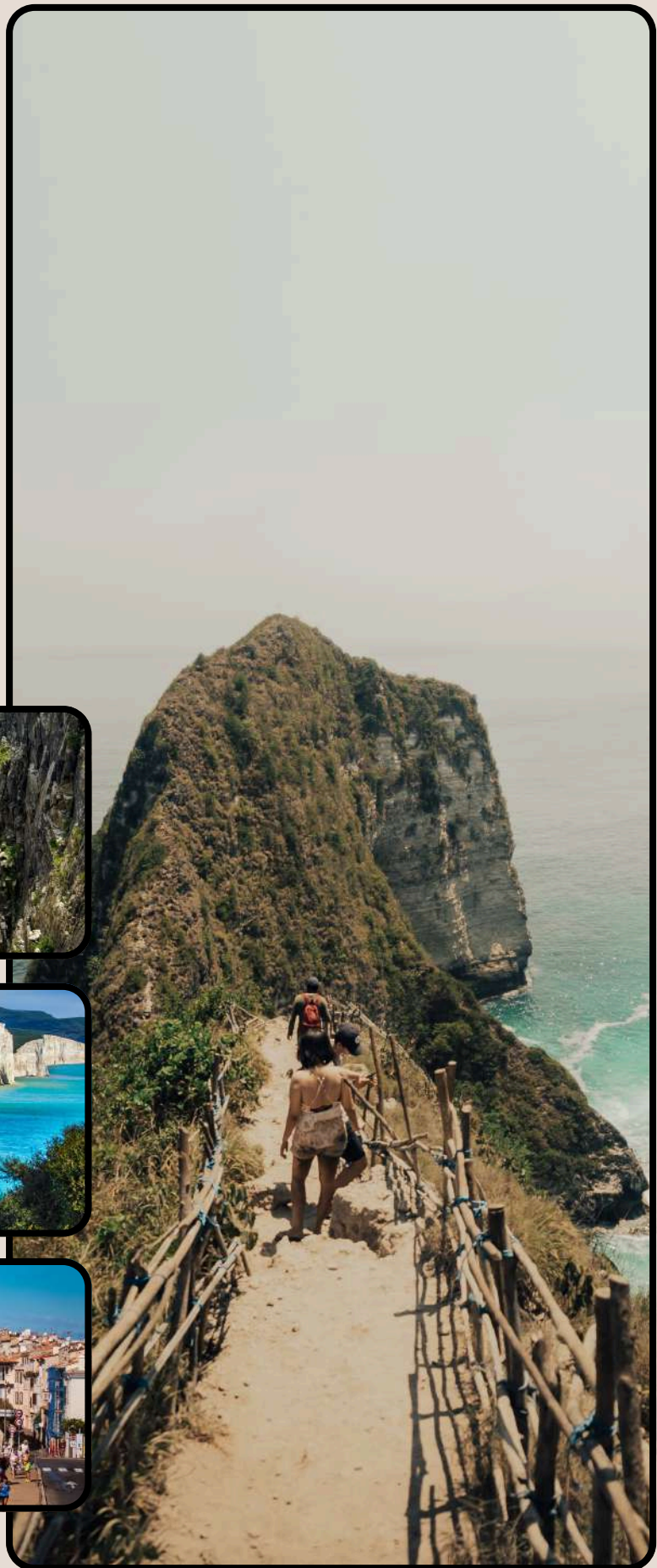
LUNCH RECOMMENDATION

🍴 Bobo Bistro
(4.6★) – Stylish
and colorful,
serving farm-to-
table
Mediterranean
dishes with flair.



AFTERNOON ADVENTURE

Head to Antibes.
Visit the Picasso
Museum, then
walk the Cap
d'Antibes coastal
trail for dramatic
cliffs and
turquoise coves.



EVENING DINING & EXPERIENCE

🍸 Le Figuiier de Saint-Esprit (4.7 ★, Michelin-star) – Elegant Provençal cuisine in a romantic courtyard.



PHOTO SPOT & PRO TIP

📍 Fort Carré of Antibes, with yachts and sea in the background.

🎉 Pro Tip: Cannes mornings are calmer; Antibes sunsets are unbeatable.



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