

The 12 Days of Christmas

Day Ten



Music & Movement



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At the North Pole, the best way to spread Christmas joy is to move it around. Elves dance while they decorate, reindeer warm up before big flights, and Santa hums carols everywhere he goes.

Today is all about music, rhythm, and letting your Christmas spirit move through you. Sing along, shake your jingle bells, and create a dance that would make even Rudolph tap his hooves.

What's Inside Today:

- **Carol Lyric Booklet** – Sing your favorite Christmas songs with the whole family.
- **DIY Jingle Bell Instrument** – Make your own bell band with this simple, festive craft.
- **Create Your Own Christmas Dance** – Follow the prompts to choreograph your very own North Pole dance.
- **No-Bake Jingle Bell Marshmallow Bars** – A quick treat to make before you start the music.
- **Music & Movement Jokes + Fun Facts** – Because the best dances start with a smile.





No-Bake Jingle Bell Marshmallow Bars

Soft, sweet, and perfect for snack breaks between dance moves.

Ingredients:

- 3 cups crispy rice cereal
- 2 cups mini marshmallows
- 2 tbsp butter
- ¼ cup red and green candies
- Crushed candy cane (optional)

Instructions:

1. Melt butter and marshmallows together until smooth.
2. Stir in cereal and candies.
3. Press into a pan and sprinkle crushed candy canes.
4. Let cool, then cut into squares.

Magic Candy Cane Tip:

Leave one square beside your Magic Candy Cane tonight. Santa says they're his favorite marching-band snack.



Music & Movement Fun Facts

Movement is a big part of life at the North Pole. Elves dance as they work, reindeer stretch before flight practice, and even Santa has a warm-up routine before he hops in the sleigh. Use these fun facts to learn how everyone at the North Pole stays active, joyful, and full of Christmas energy!

Did You Know?

At the North Pole, the reindeer start every morning with a “Flight Stretch” routine — Rudolph leads it, and Dasher always tries to race through it.

Did You Know?

Santa has a favorite warm-up song before his big Christmas Eve trip. It’s called “Ho, Ho, Hold the Beat!” and the elves clap along as he practices.

Did You Know?

The elves have a workshop dance they do when a toy is finished. It’s called the “Jingle-Jump” — one hop, two claps, and a spin so fast their hats fly off.

Did You Know?

Mrs. Claus says the sleigh flies smoother when Santa hums Christmas carols. The louder he sings, the faster the reindeer seem to go!

Did You Know?

The elves have a nightly “Snowflake Shuffle” parade where they march, twirl, and jingle through the workshop to keep everyone’s spirits high.

Magic Candy Cane Tip

Keep your jingle bell or dance page near your Magic Candy Cane tonight. Santa says he can feel the joy of every hop, spin, and stomp all the way from the North Pole.



Christmas Dance Designer

Use the prompts below to choreograph your own North Pole–style dance! Pick your moves, put them in order, and then perform your dance for your family.

Choose Your Starting Move:

- Snowflake Spin
- Reindeer Stomp
- Candy Cane Twist
- Elf Wiggle



Add a Middle Move:

- Sleigh-Hop
- Present Shuffle
- Bell-Jingle Shake
- Gingerbread Slide

Finish with a Grand Finale:

- Santa Pose
- Star Stretch
- Rudolph Nose Tap
- Festive Freeze

Magic Candy Cane Tip:

Perform your dance next to your Magic Candy Cane. Santa loves holiday moves with heart.



DIY Jingle Bell Instrument

Use string, ribbon, or pipe cleaners to make your own jingle bell shaker.
Add as many bells as you want, the louder the jingle, the closer it sounds to Santa's sleigh!



Magic Candy Cane Tip:

Hang your bell next to your Magic Candy Cane tonight, if it jingles on its own, a reindeer might be nearby.



Sing It Your Way!

Warm up your voice just like the elves do before caroling through the North Pole! Try each silly sound and see how many ways you can make your voice dance, jingle, and sparkle.

Try These Vocal Warm-Ups:

Ho-Ho-Ho Warm-Up

Say “Ho Ho Ho” in a low voice... then medium... then as high and squeaky as you can!

Jingle Bell Voice

Jingle your voice like a bell — short and bright! Try fast jingles... then slow ones... then see if you can sound like Santa’s sleigh bells.

Elf Switch-Up

Sing a line of your favorite Christmas song like a sleepy elf... then like a wide-awake elf ready for toy duty!

Snowflake Drift

Let your voice “float” down like a gentle snowflake...then rise back up like it’s drifting into the winter sky.

Present Surprise

Say “Merry Christmas!” like you’re opening a surprise gift, quiet at first, then excited, then big and joyful!

Magic Candy Cane Tip:

Sing your warmups near your Magic Candy Cane tonight — if it shimmers afterward, the elves loved your performance.



Holiday Music Maker

After singing, dancing, and jingling your way through today's activities, your family can award you this ribbon, proof that Christmas joy is something you create from the heart.



Things to Remember

Today you:

- Filled your home with music — singing carols, humming melodies, and letting Christmas cheer float through the air.
- Made your own jingle bell instrument and learned how powerful one tiny bell can be when it rings with joy.
- Created a Christmas dance that was completely your own — full of laughter, silly moves, and pure imagination.
- Took a break together to share a sweet treat and soak in the moment.

Take a Moment:

Think about how it felt to move and make music today — light, joyful, maybe even a little silly. Those feelings are what the elves treasure most at the North Pole. When families dance, laugh, and sing together, it makes Christmas magic strong enough to reach Santa's workshop.

Magic Candy Cane Tip:

Leave your jingle bell or dance card beside your Magic Candy Cane tonight — Santa listens for the joyful sounds families make, and he always smiles when he hears yours.

