

unlock your
inner POWER
now!

How to BECOME A GODDESS



*Start your journey
with goddess rituals &
discover how to work
with divine archetypes
in your everyday life*



Galactic Gem

About This Guide

I created this guide because I have been inspired to develop tools that combine **mythology + astrology + everyday life**.

Stepping into your goddess energy matters because it helps you embrace your divine femininity, **know your worth**, and celebrate the unique, majestic being that you are.

I hope you **enjoy this guide** and find it useful on your goddess journey. This free guide will help you begin to embody goddess energy — and if you'd like to continue, I've created a set of full **2026 astrology calendars** that take you even deeper.



What Does It Mean to Be a Goddess?

Being a goddess is not about perfection, it is about **empowerment, connection, and alignment**. It means that you radiate wisdom, serenity, and grace while embodying raw power that magically attracts all you desire.

What a goddess IS

Confident - a goddess radiates confidence, owning her style, and glowing from within.

Strong and resilient - a goddess recognises her own inner strength and knows she can get through anything life throws at her.

Positive and peaceful - goddesses never make their peace or happiness about anyone or anything outside of them - they know it comes from within.

Goddesses in astrology

The main goddesses in astrology are the planet **Venus** and major asteroids **Ceres, Vesta, Juno, and Pallas**. Everyone has these in their chart, showing how to use the energy. For example, Ceres is a nurturing vibe, often used to **describe motherhood** or this stage of life. Pallas is energy of **planning and strategising**, while Vesta shows **your purpose**. There are lots of goddesses to work with, such as Aphrodite for your beauty, or Hecate for your magic.

What a goddess IS NOT

Selfless - a goddess is not selfless to the point she neglects herself. Sure, she cares about others but SHE is her first priority.

Bound by convention - a goddess marches to the beat of her own drum. Her moral code is strong, and it's *hers*.

Frivolous - a goddess is deeply committed to her passions and her purpose. She doesn't sweat the small stuff.

The Goddess Within

Now, more than ever, **goddess archetypes are crucial** to helping us embody our divine feminine energy to attract abundance. Goddess archetypes give us a reference point, a story, and a framework for how we experience life as an empowered female in a society that often feels patriarchal, oppressive, and overly masculine.

Previously, women utilized their own masculine energy to get ahead in their lives and find ways to succeed. However, this is changing, with more and more modern women **seeking expression of their femininity** and acknowledgment of her power.

The mythological roots of goddess archetypes stem from ancient stories and beliefs, providing symbolic models of universal feminine energies. These archetypes, like the Greek goddesses Demeter, Artemis, and Hekate, represent fundamental aspects of the feminine psyche—**such as the mother, maiden, and crone**—that are expressed in human behavior, dreams, chapters of life, and myths that span across cultures.

These ancient goddesses can teach us, inspire us, and reassure us that our story isn't over. By identifying with their struggles, their triumphs, and their conquests, we can tap into our strength and resilience and **recognize our own goddess qualities**.

Reflection: Circle or count which goddess qualities you naturally embody:

Compassion Wisdom Courage Resilience Intuition Devotion Self-Love Empathy

Patience Authenticity Creativity Nurturing Skills Protector Warrior Leader Guide

Independence Passionate Strong and Fearless Respectful Balanced Gracious Kind

Calculate Your Score

1 - 5 qualities - *You are well on your way to unlocking your divine feminine energy.*

6 - 10 qualities - *Your feminine energy is strong so stepping into your goddess energy is the next step.*

10 or more qualities - *Wow, you are practically a goddess already!*

3 Examples of Practical Rituals

- 1. New / Full Moon Ritual:** a simple practice for aligning with lunar energy. Manifest at New Moon and use Full Moon to release. Our astrology calendars show you the dates.
- 2. Goddess Affirmation:** Say a powerful mantra for daily empowerment. Try '*I am powerful, protected, and abundant and I naturally attract all I desire*'.
- 3. Sacred Self-Care:** Create a goddess-inspired ritual (like a luxurious bath with herbs and candles, a meditation, dancing in the moonlight or journaling under candlelight).

Living as a Goddess

It is important to bring your **goddess energy into your everyday choices**, including:

- **How you speak to yourself**
 - A goddess never speaks badly to or about herself. She extends the same compassion, forgiveness, and empathy she shows to others to herself. **She knows she makes mistakes**, and she takes accountability, learns from it, and lets it go.
- **How you honor cycles (moon, seasons, life stages)**
 - A goddess recognizes and flows with the cycles of life, moving with adaptability, flexibility, and non-attachment. She also knows and understands that **trying to control outcomes is futile**.
- **How you connect to your intuition**
 - A goddess is deeply connected to her intuition. She stays tuned in and receives guidance from her dreams, her spiritual team, and **nature all around her**. She knows how to trust her gut instinct.

Embrace your power as a goddess

A goddess sets boundaries, trusts her judgment, and voices her opinions. **She stands in her truth**. She cultivates a **life of abundance** by fostering healthy relationships. She connects with nature. A goddess is **authentic** - she ignores societal expectations, gender stereotypes, and **limitations**. Living as a goddess is being comfortable with **saying NO** to anything that isn't in your best interest. To be a true goddess means sharing your wisdom with others, but **never in a forceful way**.

Your Goddess Journey Continues

Thank you for downloading this free guide to becoming a goddess.

If you want to learn more about the goddesses, and find out how to **embody their energy using astrology**, take a look at these guides by Galactic Gem:

- **Goddess Guide to 2026:** Exploring goddess archetypes in depth, including how to use their energy in your birth chart and tracking their journey through the cosmos in 2026. You'll meet a new goddess each month, learn her story, and discover how she moves in 2026 through her asteroid.
- **Guide to the Gods 2026:** The companion guide exploring the gods in 2026.
- **Astrology Calendar 2026:** A simple, yet practical astrology calendar — track the planets, major aspects, main events, and all key dates at a glance.



Start Your Journey

Want more goddess tips and advice? Follow us on our [socials](#), or join our Galactic Goddess [community](#) for rituals, astrology dates, and archetype wisdom delivered to your inbox.