

Module 4 Lesson 0

Introduction

KEY IDEA

Every marriage needs redemption. Because two imperfect people come together, hurt is inevitable—but Jesus makes healing, forgiveness, and restoration possible.

KEY SCRIPTURES

- Romans 8:28–29 – God uses all things to conform us into the image of Christ.
- Philippians 2 – Christlike humility as the way of redemption.
- James 4:1–3 – “What causes fights and quarrels among you? Don’t they come from your desires that battle within you?”

LESSON & NOTES

Redeemed - *“buy back”*

Conflicts are _____ to embrace, not situations to _____.

Horizontally -

Vertically -

Internally -

KEY POINTS

- All couples experience wounds, disappointments, and sinful patterns
- Redemption is God’s work—He restores what sin has damaged
- Healing begins when we look at our own hearts before addressing our spouse’s
- Conflicts are opportunities for growth
- A redeemed marriage reflects the gospel to each other and to the world

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HeartWork

Since becoming a believer, what old patterns / habits in marriage have been paid for by Christ on the cross, and what new patterns have emerged?

What did you observe about conflict from your past? How did your parents (or those who raised you) handle conflict?

Based on these observations, what have you learned about conflict? How did your past observations effect your approach to conflict now?

Would you say that you are fearful of conflict? If so, what are you most fearful of?

What do you think needs to change inside to view conflicts as opportunities to personally grow and to grow as a couple?

James states that conflicts come from within (James 4:1-3). Conflicts don't always begin when someone says or does something, they start when we desire or want something inside and don't get it. Think about a recent conflict you had with your spouse. **What was inside that you truly wanted or desired from them? Did you discuss this desire with them?**

James also shares that "we do not have because we do not ask God." **What conflicts have you had in your marriage that have occurred because you did not ask God, or consider Him in your desires? What patterns in conflict do you wish to break, and what new patterns do you wish to see in its place? Discuss this with your spouse.**