

Module 3 Lesson 3

MindSet

KEY IDEA

A Christlike mindset opens the door to connection; a self-centered mindset creates disconnection.

KEY SCRIPTURES

- Philippians 2:3-8 — “...In your relationships with one another, have the same mindset as Christ Jesus...”
- James 3:16 - “For where you have envy and selfish ambition, there you find disorder and every evil practice.”

LESSON & NOTES

1. “Our communication can stem from either _____ or _____.”
2. Pride says.... (ambition/conceit)
3. Humility says...
4. “Valuing others, considering them _____ ourselves, will change our marriages.”

KEY POINTS

- Becoming like Jesus includes having the same mindset as Christ - the mindset of humility
- Our mindset determines how we listen, how we respond, and whether we connect or disconnect
- Jesus did not use his equality with God to have power & control over his bride, but served her instead - even in death
- A renewed, Christlike mindset leads to patience, curiosity, humility, and understanding

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HeartWork

How does selfish ambition or vain conceit show itself in your marriage?

What do you think your marriage would look like if you valued another above yourself, and they valued you above them? What would conversations be like? How about your sexual relationship?

What fears might be present if you were to value them above yourself alone (without reciprocity)?

The humility of Christ is a great example of how we are to be with one another in marriage. Jesus, who is in the “very nature God” and therefore equal with God, did not ever take advantage of who he was. He never had the “I deserve” or “I demand” attitude but submitted himself to the Father. He became a servant to both the Father and his bride. He was obedient to the Father, and at the same time, he came to serve us until death, even dying on the cross. He who deserved much, served much.

Likewise, we are to value others above ourselves and become humble servants. This does not mean that we are unequal to our spouses, but like Christ, that we are to consider ourselves servants to our spouses, like Christ did for his bride. Having the humble mindset as Christ, where we value God above all, and others above ourselves, will be foundational for finding connection with our spouses.