

Module 2 Lesson 5

Spiritual Styles

KEY IDEA

Just as we reflect different aspects of God in marriage, we also connect with God differently. Understanding your spiritual style—Standard or Relational—helps you grow in intimacy with God and support one another's faith journeys.

KEY SCRIPTURES

- Romans 12:6–8 — Spiritual gifts differ according to God's grace.
- 1 Corinthians 12:4–11 — The Spirit gives different gifts for the same purpose.
- John 4:24 — "Worship in spirit and in truth."

LESSON & NOTES

My Spiritual Style is

SCRIPTURE STUDY

Standard Processor (SP) -

Relational Processor (RP) -

PRAYING

SP -

RP -

WORSHIPPING

SP -

RP -

SERVING

SP -

RP -

KEY POINTS

- Your processor type influences how you study, pray, worship, and serve
- Spiritual styles are not right or wrong—just different
- Couples grow when they appreciate and support each other's style
- Both grace and truth are needed to form Christlike maturity

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HeartWork

When do you feel most connected to God, and what does that experience feel like for you?

Which spiritual practices come naturally to you, and which ones feel more challenging?

How do you best experience God's grace or God's truth, and how can I join you in that?

In what ways do you see your spiritual style enriching our marriage?

How would you like to be encouraged by your spouse in growing spiritually?