

A SOUL-CENTERED JOURNEY FOR MUSLIM WOMEN TO LEARN, LIVE, AND LEAD WITH DIVINE LOVE, PURPOSE, AND RESILIENCE



**A guide to level up
your faith, leadership,
and legacy.**

www.ihsanedu.com

Welcome to Ihsan Education

What if the leadership principles we need to guide our most pressing needs are provided for us in our faith – cultivating authentic and effective leaders for over a millennium?

Muslim women have opportunities to lead in different capacities—with hearts, minds, institutions, and communities.

At Ihsan Education, we are grateful and excited to share our dream with you to:

Cultivate a God-centered community of Muslim women who learn, live, and lead with Divine Love, purpose and resilience so they can RISE with Ihsan (moral beauty and excellence). Together, we seek to empower you to:

- **Experience holistic well-being,**
- **Embody compassion and spiritual resilience, and**
- **Develop faith-based leadership that builds lasting legacies within your families, organizations, and communities.**



Women's Legacy

Muslim women in our history have led with knowledge, compassion, and faith. At Ihsan Education, we are working on a return to that legacy, reviving a tradition of strength and purposeful leadership rooted in Divine Love. This is not something new, it's a sacred inheritance waiting to be lived.

Copyright Ihsan Education, 2025.

Concept and vision developed by Dr. Raghad Ebied

PDF Guide Developed and Designed by Sara Al-Ajrami



Index

1. Muslim Women leaders
2. Why Women's Leadership Matters in Islam
3. Reflective Questions
4. Join our exciting journey!

Register for our free upcoming webinar to learn about your leadership and legacy journey today at www.ihsanedu.com.



Women's leadership in Islam is not a modern invention, it is a revival of a deeply rooted legacy. From the earliest generations of Muslims, women have been central to scholarship, decision-making, community building, and ethical leadership. Names like Aisha bint Abi Bakr (RA) and Fatima al-Fihri are not exceptions, but are reminders of what has always been possible.

(Dr. Alwani, 2015; Associate Professor of Islamic Studies, Howard University; first female jurist to serve on the Fiqh Council of North America, current Vice-Chair)



إحسان



Ihsan Education

Muslim Women Leaders

◆ **Aisha RA: Scholar, Jurist, Leader**

Aisha (RA), one of the Prophet Muhammad's ﷺ wives, was not only a beloved companion but also a revered scholar. She transmitted over 2,000 Hadith, taught students of both genders, and issued legal rulings that continue to shape Islamic jurisprudence. Her knowledge of Qur'an, Sunnah, and fiqh made her a pillar in the intellectual life of the early Muslim community. (Dr. Alwani, 2015)

◆ **Fatima al-Fihri: Builder of Knowledge**

Moreover, Fatima al-Fihri, a visionary North African woman, established the world's first degree-granting university, al-Qarawiyyin in 859 CE. Her contributions demonstrate that leadership is not limited to the political realm. It includes building institutions, nurturing knowledge, and investing in the future of the Ummah. (Dr. Alwani, 2015)

◆ **Nana Asma'u bint Uthman: Scholar, Poet and Educator**

Nana Asma'u bint Uthman was a pioneering Islamic scholar, poet, and educator in 19th-century West Africa, whose work shaped religious education and cultural preservation within the Sokoto Caliphate. Daughter of Uthman, she used multilingual poetry to convey Islamic teachings and integrate newly converted women into the faith, while founding the Yan Taru, a network of female teachers who advanced religious knowledge among women. Through her scholarship and correspondence with intellectuals across West Africa, Asma'u not only reinforced the region's Islamic scholarly traditions but also left a lasting legacy of female leadership. (Knight, 2023)



Why Women's Leadership Matters in Islam

◆ Misconceptions vs. Qur'anic Reality

Despite this rich history, many today still do not embrace the opportunity for Muslim women to lead with faith. This misconception stems not from the Qur'an or Sunnah, but from misinterpretations that have sidelined women's voices. The Qur'an, however, presents a very different picture:

وَالْمُؤْمِنُونَ وَالْمُؤْمِنَاتُ بَعْضُهُمْ أَوْلِيَاءُ بَعْضٍ يَأْمُرُونَ بِالْمَعْرُوفِ وَيَنْهَوْنَ عَنِ الْمُنْكَرِ
وَيُقِيمُونَ الصَّلَاةَ وَيُؤْتُونَ الزَّكَاةَ وَيُطِيعُونَ اللَّهَ وَرَسُولَهُ أُولَئِكَ سَيَرْحَمُهُمُ اللَّهُ إِنَّ اللَّهَ عَزِيزٌ
حَكِيمٌ ٧١

"The believers, both men and women, are guardians of one another. They advocate virtue and discourage immoral acts, establish prayer and pay alms-tax, and obey Allah and His Messenger. It is they who will be shown Allah's mercy. Surely Allah is Almighty, All-Wise" (Quran 9:71)



Dr. Alwani writes:

"The Qur'an and Sunnah present women as active agents of moral, intellectual, and spiritual authority."

These women were not the exception, they were part of an Islamic legacy that's been overlooked. We're not starting something new. We're reviving what already exists.

Register for our free upcoming webinar to learn about your leadership and legacy journey today at www.ihsanedu.com.

◆ The Prophetic Model of Trust and Inclusion

The Prophet ﷺ himself regularly consulted women, respected their opinions, and appointed them to public roles of influence. Al-Shifa bint Abdullah, for example, was tasked with supervising the marketplace under Caliph Umar (RA), a role of significant authority and public trust. (Dr. Alwani, 2015)

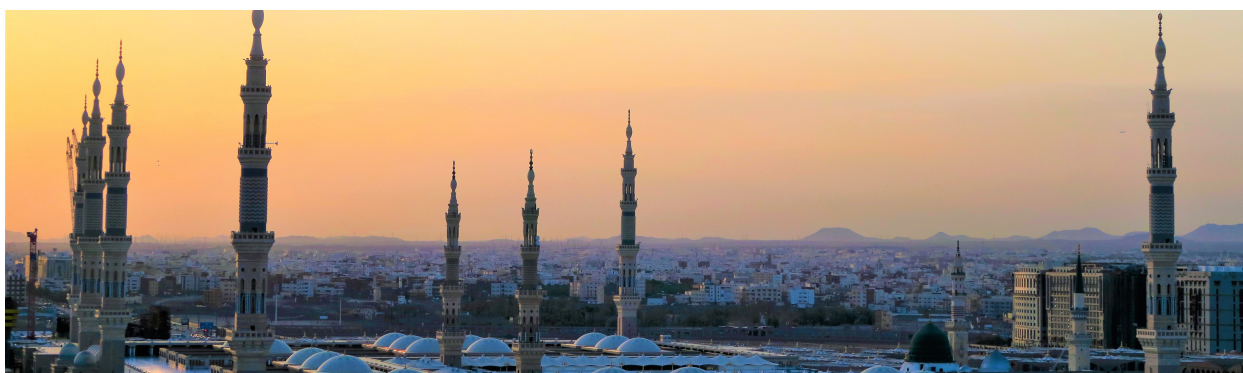
◆ Leadership as Amanah (Sacred Trust)

In Islam, leadership is amanah- a sacred trust, not a pursuit of power. It is a responsibility to serve with justice, compassion, and humility. When women are excluded from leadership, we lose essential perspectives that contribute to the ethical balance of our communities. (Dr. Alwani, 2015)

◆ The Call to Revival

Today, Muslim women continue to lead as scholars, chaplains, lawyers, educators, mothers, mentors, and advocates. Their leadership strengthens families, builds resilient communities, and brings us closer to the holistic vision of justice and mercy found in the Qur'an. (Dr. Alwani, 2015)

Now more than ever, we are called to revive the leadership of Muslim women, not as something new, but as something deeply authentic, long overdue, and divinely inspired.



Reflective Questions



Pause, Reflect, and Return to Intention

What does leadership mean to me—really?

- When have I felt most aligned with Allah in my daily life?

- Where do I lead already—in visible or invisible ways?

- What do I fear about stepping into leadership roles?

- What kind of legacy do I want to leave behind?

- Which female figures in my life have shown me strength?

- What would leadership look like if it were rooted in divine love, purpose and resilience?

Register for our free upcoming webinar to learn about your leadership and legacy journey today at www.ihsanedu.com.

Call to Action

RISE with Ihsan: Muslim Women Leading with Divine Love, Purpose and Resilience is a live group coaching experience to grow with a God-centered community of Muslim women who learn, live, and lead with Divine Love, purpose and resilience so they can RISE with Ihsan (moral beauty and excellence). The outcome is for you to experience holistic well-being, embody compassion and spiritual resilience, and develop faith-based leadership that builds lasting legacies within your families, organizations, and communities.

Join our upcoming free webinar to explore this journey this Fall 2025 at www.ihsanedu.com with Dr. Raghad Ebied, Founder and Director of Ihsan Education, author, and women's S.O.U.L Leadership Coach: Empowering Women to Lead with **Spirituality**, embrace **Open-Heartedness**, **Uplift** others, and create a lasting **Legacy**.



Dr. Raghad Ebied is a grateful mother and has completed her PhD in critical policy, leadership and equity at the Faculty of Education with a focus on compassionate and resilience based approaches to support diverse and Muslim students' & communities' holistic well-being, equity, and belonging. She is an ongoing student of Quran and classical Islamic education with Muslim scholars and teachers, many of whom are female. As a certified teacher by training, and current education and training consultant, she brings together her 15 years of experience in leadership education, development, teaching, training, research and scholarship as well as personal, spiritual and community development, women's mentorship and coaching in Muslim communities to this transformative work.

Join us on this exciting journey today!

www.ihsanedu.com

@ihsaneducation on Facebook & Instagram



Ihsan Education

Thank you!