



YOUR SCORE:

0-5:

Way to go! High Five! You are the type of person who has a place for just about everything and takes the time to put things away when you're finished. You also intentionally let go of things when they have outlived their usefulness, or they just don't dazzle you anymore! You might need a little nudge now and then to get motivated...but you see the benefit of creating a space without extra clutter.

6-10:

A little laserfocus could give you huge results! Pick just one area: closet, kitchen pantry, or linen closet, set aside 2 hours, start the timer and GO! You are probably a busy person, juggling life with lots going on. Your challenge is to pick an area and focus on it, not to get distracted. Be intentional, turn off the electronics, make a date with yourself and stick to it!

11-15:

You might consider some support! Get a buddy to trade a "basement session" or a "closet session". You need accountability and someone to remind you of your vision for your space and your goals. You've let your home get away from you and it's constantly stressing you out. You will feel so much better when you have made some progress!

16-20:

You are very close to a HUGE shift! ALL of your spaces need some attention. You may be scared of letting go and all the emotions that are mixed up with your "stuff". You may also have "no clue" about where to start or how good you could feel once you have invested in your transformation!

**Contact me (No matter what your score)
to begin YOUR TRANSFORMATION:**



Call: 6082359023



Email: jane.antonovich@gmail.com



Web: www.janeantonovich.com



Facebook: Jane Antonovich

