

CLUTTER QUIZ

Keep score, How many of the statements below are TRUE for you?

- I have clothes in my closet that don't fit me and that I NEVER choose.
- I have clothes in my closet that don't belong to me.
- My pantry has food items in the back that (might) have expired.
- I have kitchen gadgets that I NEVER use.
- I have bags or boxes of stuff to go to a donation center but I never take them.
- I have containers for leftovers in my kitchen that do not have lids, or lids that don't have matching containers.
- I have sporting equipment in the basement from the ghost of seasons past...WAY past.
- My yard tools are in a tangle in the garage.
- My basement or attic has boxes and I don't know the contents.
- My mail piles up past one week.
- I have unmatched socks on my dryer or in my dresser drawer.
- I have boots, scarves, mittens, gloves or coats in the hall closet that I NEVER choose.
- I have many family photos that need editing, there are too many to enjoy, they feel like a burden.
- I have items passed to me from ancestors that give me an ICK feeling.
- I can't keep up with my home office, the papers are winning!
- I pile papers and have no filing system.
- I don't know where my most important documents are.
- I pay rent on a storage locker.
- My computer files are a mess, including desktop, documents and photos.
- I'm scared to tackle the clutter!



SEE NEXT PAGE TO
IDENTIFY YOUR SCORE!

