



BASEMENT/ATTIC/STORAGE

Consider your basement/attic/storage as you do this exercise...5-10 minutes.
Don't think too hard about the answers, let them flow!

<p>What I like about the basement/attic/storage is:</p>	
<p>The problem with the basement/attic/storage is:</p>	
<p>This is how I feel when I am in (or even think about) the basement/attic/storage:</p>	
<p>This is how I want to feel:</p>	
<p>What is one action I could take right now to create the space I want?</p>	