



PAINTING FOR CHI

Color is fabulous!

Your color selection is a highly individualized process and it is the fastest way for you to experience a wonderful shift in your environment and yourself. Your colors have been selected according to your personal chi to create a portal from where you are to where you truly want to be.

The intention when selecting colors is to provide a calm, yet vibrant sanctuary that can cause an emotional and mental shift.

Your house (place of business) is a body; it is an extension of your self. When you paint the walls and ceilings, you are touching surfaces that have not been touched since the last time you painted. This literally stirs up the stagnant chi and refreshes it. It is the equivalent of receiving a much needed massage.

The best advice I can give my clients who are bringing chi into their lives through paint colors that we have selected for them personally is... Hold ALL comments, judgments and concerns until the ENTIRE painting process is finished. Your premature judgments could be stressful to you. The value of a single color cannot be seen on a partially painted white wall, and a single color cannot be evaluated until it is seen in relationship to all of the other colors. Every color will reflect the surrounding colors.

Within your spaces there are many strategic points. These are your viewpoints and your pathways. A viewpoint is a point from which you view a larger area whenever you sit down. A pathway is a path you frequently walk through your space. On a pathway and from a viewpoint your body will face a given area long enough for you to absorb the color frequencies as they relate to you. All of the colors are interdependent with each other and with your flooring, furnishings, wall art and smaller objects. The paint colors will not feel right until the entire space has been finished and your things have been thoughtfully placed. Remember that each color changes the other colors. Your golden patience now may save hours of worry and instead make the painting process delightful.

Enjoy!

PS: Don't ask your friends what they think--they will tell you!!! And they are not looking for the same desired outcome as we are. We are lifting your personal chi AND gently raising the vibration of your home and your life!

