

The Ultimate Champion's Guide™

21 Smart Questions to Ensure You are Prepared for Health Emergencies, or the Inevitable

What if the Worst-Day-Ever, comes to your doorstep today - **are you ready?**

Ultimate checklist: Goal is everything you needed put in 1 place: **ICE File**
documents, passwords, decisions about social media accounts after your celestial discharge?!
Or your partners?

So, your worst day ever - is not even "worse" for your loved ones.

The end of a journey always seems so far away. We plan for children, education, vacation, marriage weddings, divorce - but what if you become sick and can't get well someday?

Today is the best day for planning in case of an emergency.

Have you chosen someone to speak for you? [**"Choose your Champion!"**](#)© [They can speak for you, if you cannot speak for yourself. \(MPOA\)](#)

What resources would your Champion need access to for you?

SPECIFIC CHECKLIST FOR FINANCIAL, LEGAL AND OTHER ASSETS		
Y	N	1. Are there security locks on computer? Or Files? Hidden list of passwords , located...? Digital assets?
Y	N	2. Accounts controlled? Joint benefit?
Y	N	3. Do you have social media accounts?
Y	N	4 a. Current bills on auto-pay? & renew? Amazon with auto-subscriptions currently? Water or Utilities?
Y	N	4 b. Current bills NOT on auto-pay? & renew?

SPECIFIC CHECKLIST FOR FINANCIAL, LEGAL AND OTHER ASSETS		
Y	N	1. Are there security locks on computer? Or Files? Hidden list of passwords , located...? Digital assets?
Y	N	2. Accounts controlled? Joint benefit?
Y	N	5. Safe Deposit box? Or Trust Account?
Y	N	6. Who is your Health Insurance Carrier? Have a Rep Payee? Or MPOA on file?
Y	N	7. Medical Power of attorney? (MPOA) Choose your Champion!
Y	N	8. Durable, Statutory Power of Attorney?
Y	N	9. Advance Directive?
Y	N	10. Signed up for Organ donation? Want to be an organ donor ? Other donation decisions you have made:
Y	N	11. Are family members aware of your wishes following your death?
Y	N	12. Considered having a Living Trust?
Y	N	13. Have a last will & testament?

SPECIFIC CHECKLIST FOR FINANCIAL, LEGAL AND OTHER ASSETS		
Y	N	1. Are there security locks on computer? Or Files? Hidden list of passwords , located...? Digital assets?
Y	N	2. Accounts controlled? Joint benefit?
Total # needed: # _____ # _____ # _____ # _____ # _____ # _____ # _____ _____ Total		14. How many copies of a death certificate will you need for assets? Some local companies may accept a copy. Typically, these entities will require a certified death certificate : Bank Accounts: _____ Trust Accounts: _____ Estate Attorney: _____ Life Insurance Policies: _____ Health Insurance Policies: _____ Social Security: _____ Pension: _____ IRA accounts: _____ Credit Cards: _____ Real Estate: _____ Tax Documents: _____ Student Loans: _____ _____ Utilities & Subscriptions: _____ Current car title? _____
Y	N	Copy of Your birth certificate ? Copy of Marriage License ? Divorce decree?
Y	N	Current car paid off?

Notification and Final Resting Place		
Y	N	15. Do you want a death notice or obituary published?

Y	N	Have you written your own obituary?
Y	N	16. Funeral or What?
		If funeral, name of funeral home: Phone #: Family Visitation hours?
Y	N	If funeral, has this been pre-arranged and paid in full?
Y	N	Graveside service?
Y	N	In lieu of a service, want a family hike to a favorite mount top? Or...?
Y	N	Do you have preferences regarding your celebration of life?
Y	N	First gathering at the Graveside?
Y	N	Last gathering Graveside?
Y	N	17. Burial? If so location?
Y	N	Biodegradable burial materials?
Y	N	Clothes to wear?
Y	N	18. Cremation? If cremation, name of crematorium_____
Y	N	If cremation, has this been pre-arranged and paid in full?
Y	N	19. To Urn? Or not to Urn? Scattering ashes? Location?
Y	N	20. Do you have songs you want to incorporate in your service

Y	N	21. Wake? Who is invited?
Y	N	What else?
Y	N	
Y	N	
Y	N	

Remember this checklist this must be updated regularly to remain effective.

Any major life events could necessitate an update to info.

EXAMPLES OF ORDER OF SERVICES:

Family Visitation:

Friday, October 22 from 5-8 pm
Lucas Funeral Home
518 S.W. Johnson Ave.
Burleson, 76028

Graveside:

Saturday, October 23 at 10:30 am (Family Only)
Greenwood Cemetery
3100 White Settlement Rd
Ft Worth, 76107

Service:

Saturday, October 23 at 11:30 am
Crestmont Baptist Church
640 NW Tarrant Ave
Burleson, 76028