

BONUS



## Decode the Frequencies – *Your Angelic Audio Map*

Welcome, lovely.

*The frequencies layered into your \*How to Attract Love on Steroids\* recording aren't just sounds — they're portals. Each one vibrates with angelic energy, healing intention, and divine intelligence.*

*Below is your personal frequency key. Use it to deepen your experience — and to call in even more guidance, love, and alignment.*



# Angel Frequency Guide

Frequency	Meaning	Angel Connection	Where It Appears in the Audio
111 Hz	Awakening, intuition, divine alignment	Archangel Uriel	Optional intro chime or daily use
222 Hz	Relationships, harmony, divine timing	Archangel Chamuel	Subliminal track for emotional balance
333 Hz	Guidance from Ascended Masters	St. Germain, Quan Yin, Jesus	Soulmate alignment & higher self whispers
444 Hz	Protection, strength, grounding	Archangel Michael	During sleep close and reorientation
555 Hz	Transformation, release, soul upgrades	Archangel Metatron	Transition points (optional)
639 Hz	Heart chakra healing, connection	Universal Heart Frequency	Soulmate blueprint & love signal
777 Hz	Miracles, divine flow, spiritual gifts	Archangel Zadkiel	During spiral beacon and manifestation
888 Hz	Infinite abundance, magnetism	Archangel Ariel	Background of affirmations (optional)
999 Hz	Completion, purpose, soul-level clarity	Archangel Azrael	End of spiral journey / integration
528 Hz	Cellular healing, DNA repair, pure love	The Love Frequency	Main frequency throughout

## How to Use These Frequencies

### *In your practice:*

★ Play 528 Hz or 639 Hz during self-love journaling or meditative reflection.

★ Use 222 Hz while visualizing soulmate connection or soothing emotions.

★ Try 444 Hz when creating energetic boundaries or seeking angelic protection.

### *In your space:*

★ Set an intention, then loop a frequency in the background while you work or rest.

### *In your rituals:*

★ Choose a frequency intuitively, press play, and ask: “What does this sound want to awaken in me today?”

## A Note from Cherie & Seraphina...

You now have the codes lovely...

Keep this map close. Use it to open portals, rewrite patterns, and call love home. It's time to relax and let the Spiral do its work.

