

Faithful & Fearless: Apologetics for Kids



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Dear Parents,

As a Jesus-following mama, I know how important it is for our children to be rooted in truth. They will face tough questions, some from curious friends, others from skeptical voices in the world. My heart behind this book is to equip kids with answers so they aren't caught off guard but can respond with confidence, love, and grace.

Faith isn't just something we tell our children to believe, it's something they must own for themselves. The Bible tells us to "always be prepared to give an answer" (1 Peter 3:15), and I want to make sure my kids (and yours!) are ready when that moment comes.

This printable is designed to be simple yet powerful, addressing the most common questions kids have about God, Jesus, the Bible, and faith. Each lesson is built on Scripture, not opinion, so our children can stand firm on God's Word.

My prayer is that this printable helps your child grow in faith, feel confident in what they believe, and share truth with others in a way that reflects Jesus' love and humility. Let's raise up a generation that knows the truth and walks in it!

With love and blessings,

One Joyful Mama

Question Topics

1. How Do We Know God Is Real?
2. Who Made God?
3. What is TRUTH
4. If God Is Good, Why Is There Evil and Suffering?
5. Why Should I Believe the Bible?
6. Is Jesus Really the Only Way to God?
7. Did Jesus Really Rise from the Dead?
8. Can I Be Good Enough to Go to Heaven?
9. When Did I Become a Person?
10. Why Did God Create Me?
11. Did God Make a Mistake When He Made Me?
12. What Happens When We Die?
13. What Should I Say When Someone Doesn't Believe in God?
14. Can Boys Be Girls and Girls Be Boys?
15. What Does the Bible Say About Marriage?

Lesson 1: How Do We Know God Is Real?

The Bible tells us that creation itself points to God. We can't see air, but we know it's real because we feel it. In the same way, we can't see God, but we see His work in creation, in our hearts, and in His Word.

Key Verses:

- 📖 Romans 1:20 – “For since the creation of the world His invisible attributes are clearly seen, being understood by the things that are made, even His eternal power and Godhead, so that they are without excuse.”
- 📖 Psalm 19:1 – “The heavens declare the glory of God; and the firmament shows His handiwork.”
- 📖 Hebrews 11:1 – “Now faith is the substance of things hoped for, the evidence of things not seen.”

Discussion:

- What are some things in nature that show God's power and design?
- Have you ever felt God answer a prayer or guide you?

Prayer:

"Heavenly Father, thank You for showing us who You are through Your creation. Your Word says that the heavens declare Your glory (Psalm 19:1) and that we can see Your power in everything You have made (Romans 1:20). Help me to trust You, even when I cannot see You, because faith is the evidence of things not seen (Hebrews 11:1). Strengthen my faith so I can share Your truth with others. In Jesus' name, Amen."

Lesson 2: Who Made God?

No one made God. He has always existed. Everything that begins to exist has a cause, but God never had a beginning. He is eternal.

Key Verses:

📖 Psalm 90:2 – “Before the mountains were brought forth, or ever You had formed the earth and the world, even from everlasting to everlasting, You are God.”

📖 Revelation 1:8 – “I am the Alpha and the Omega, the Beginning and the End,” says the Lord, “who is and who was and who is to come, the Almighty.”

📖 John 1:1-3 – “In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things were made through Him, and without Him nothing was made that was made.”

Discussion:

- Can we think of anything else that has always existed? (No—only God!)
- Why is it important that God is eternal and unchanging?

Prayer:

"Lord, You are the Alpha and Omega, the Beginning and the End (Revelation 1:8). You have always existed, and You will never change. Before the world was made, You were there (Psalm 90:2). Thank You for being a God I can trust forever. Help me to remember that everything was created by You and for You (John 1:3), and let my life bring You glory. In Jesus' name, Amen."

Lesson 3: What is Truth?

Truth is what God says. It never changes, no matter what people think or feel. Jesus is the truth, and His Word is the standard for what is right and real. The real truth, God's truth, doesn't chain you down, it sets you free.

Key Verses:

- 📖 John 14:6 – Jesus said to him, "I am the way, the truth, and the life. No one comes to the Father except through Me."
- 📖 Psalm 119:160 – "The entirety of Your word is truth, and every one of Your righteous judgments endures forever."
- 📖 John 8:32 – "And you shall know the truth, and the truth shall make you free."

Discussion:

- How can we know if something is true or false?
- Why is it important to base our beliefs on God's Word and not just what people say?

Prayer:

"Lord, thank You that Your Word is truth (Psalm 119:160). Help me follow Jesus, who is the way, the truth, and the life (John 14:6). Teach me to know Your truth so I can be free from lies (John 8:32). Keep my heart and mind fixed on You knowing that what You say is real. In Jesus' name, Amen."

Lesson 4: If God Is Good, Why Is There Evil and Suffering?

God didn't create evil; He created people with the ability to choose. Sin entered the world because Adam and Eve disobeyed God. But God promises to use everything, even suffering, for good for those who love Him, and one day He will make all things new.

Key Verses:

- 📖 Genesis 3:16-19 – (God explains the consequences of sin entering the world after Adam and Eve disobeyed.)
- 📖 Romans 8:28 – “And we know that all things work together for good to those who love God, to those who are the called according to His purpose.”
- 📖 Revelation 21:4 – “And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away.”

Discussion:

- Have you ever seen God bring something good out of a hard situation?
- How does Jesus give us hope in suffering?

Prayer:

"Father, even when I see pain and suffering, I trust that You are working all things together for good (Romans 8:28). I know that sin brought brokenness into the world (Genesis 3:16-19), but You have promised to make all things new (Revelation 21:4). Help me to trust You in hard times and to show Your love to those who are hurting. In Jesus' name, Amen."

Lesson 5: Why Should I Believe the Bible?

The Bible is God's Word, not just a regular book. It was written over 1,500 years by 40 different people, yet it tells one clear story, God's plan to save us through Jesus. Prophecies have come true, and history confirms its accuracy.

Key Verses:

📖 2 Timothy 3:16 – "All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness."

📖 2 Peter 1:20-21 – "Knowing this first, that no prophecy of Scripture is of any private interpretation, for prophecy never came by the will of man, but holy men of God spoke as they were moved by the Holy Spirit."

📖 Matthew 24:35 – "Heaven and earth will pass away, but My words will by no means pass away."

Discussion:

- How do we know the Bible is different from other books?
- What is your favorite Bible story, and why?

Prayer:

"Father, thank You for giving us Your Word, which never changes (Matthew 24:35). I believe that all Scripture is inspired by You (2 Timothy 3:16) and that it teaches me what is true. Help me to love Your Word, read it daily, and share its truth with others. In Jesus' name, Amen."

Lesson 6: Is Jesus Really the Only Way to God?

Jesus is the only way to God because only He paid for our sins. Other religions teach that we must work our way to God, but Jesus came to bring us to God through His perfect sacrifice.

Key Verses:

- 📖 John 14:6 – “Jesus said to him, ‘I am the way, the truth, and the life. No one comes to the Father except through Me.’”
- 📖 Acts 4:12 – “Nor is there salvation in any other, for there is no other name under heaven given among men by which we must be saved.”
- 📖 1 Timothy 2:5 – “For there is one God and one Mediator between God and men, the Man Christ Jesus.”

Discussion:

- Why do you think Jesus is the only one who could save us?
- How can we share this truth with kindness and love?

Prayer:

"Jesus, You said that You are the way, the truth, and the life, and that no one comes to the Father except through You (John 14:6). Thank You for making a way for me to be saved. There is no other name by which I can be saved (Acts 4:12). Help me to share this truth with kindness and love. In Your name, Amen."

Lesson 7: Did Jesus Really Rise from the Dead?

Jesus appeared to many people after His resurrection, over 500 witnesses saw Him alive! The empty tomb and changed lives of His disciples prove He rose from the dead.

Key Verses:

- 📖 1 Corinthians 15:3-6 – (Paul affirms the resurrection and eyewitnesses who saw Jesus alive.)
- 📖 Luke 24:6-7 – “He is not here, but is risen! Remember how He spoke to you when He was still in Galilee, saying, ‘The Son of Man must be delivered into the hands of sinful men, and be crucified, and the third day rise again.’”
- 📖 Acts 1:3 – “To whom He also presented Himself alive after His suffering by many infallible proofs, being seen by them during forty days and speaking of the things pertaining to the kingdom of God.”

Discussion:

- Why do you think the disciples were so brave after Jesus’ resurrection?
- How does knowing Jesus is alive change our lives?

Prayer:

"Lord Jesus, thank You for Your victory over sin and death. Your Word says that You rose from the dead and appeared to many people (1 Corinthians 15:3-6). Because You live, I have hope (Luke 24:6-7). Help me to always remember that You are alive and that I can trust in You. In Your powerful name, Amen."

Lesson 8: Can I Be Good Enough to Go to Heaven?

No one is good enough to earn heaven on their own. That's why Jesus came! Salvation is a gift, we can only be saved by faith in Jesus, not by being "good enough."

Key Verses:

- 📖 Romans 3:23 – "For all have sinned and fall short of the glory of God."
- 📖 Ephesians 2:8-9 – "For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast."
- 📖 Titus 3:5 – "Not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit."

Discussion:

- What would happen if we had to be perfect to go to heaven?
- How does the gift of salvation help us trust God more?

Prayer:

"God, I know that I have sinned and that I cannot be good enough on my own (Romans 3:23). But thank You for saving me by grace through faith, not by my works (Ephesians 2:8-9). I accept Your gift of salvation through Jesus. Help me to follow You every day. In Jesus' name, Amen."

Lesson 9: When Did I Become a Person?

We become a person at the moment of conception, when life begins inside the womb. God knows us, loves us, and has a plan for us before we are even born. Every life is precious from the very start.

Key Verses:

- 📖 Psalm 139:13–14 – “For You formed my inward parts; You covered me in my mother’s womb. I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, And that my soul knows very well.”
- 📖 Jeremiah 1:5a – “Before I formed you in the womb I knew you; before you were born I sanctified you...”
- 📖 Isaiah 44:24 – “Thus says the Lord, your Redeemer, and He who formed you from the womb: ‘I am the Lord, who makes all things, Who stretches out the heavens all alone, Who spread abroad the earth myself.’”

Discussion:

- What does the Bible say about when life begins?
- How should knowing God made you before you were born change the way you see yourself and others?

Prayer:

“Lord, thank You for making me in a wonderful way (Psalm 139:13–14). You knew me before I was born and had a plan for my life (Jeremiah 1:5). Help me value every person as Your creation, formed by Your hands (Isaiah 44:24). In Jesus’ name, Amen.”

Lesson 10: Why Did God Create Me?

God made each of us on purpose and for a purpose, to know Him, love Him, and bring Him glory! He has special plans for each of us.

Key Verses:

- 📖 Genesis 1:27 – “So God created man in His own image; in the image of God He created him; male and female He created them.”
- 📖 Isaiah 43:7 – “Everyone who is called by My name, whom I have created for My glory; I have formed him, yes, I have made him.”
- 📖 Ephesians 2:10 – “For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.”

Discussion:

- What gifts has God given you to serve Him and others?
- How can we glorify God in everyday life?

Prayer:

"Father, You made me in Your image and for Your glory (Genesis 1:27, Isaiah 43:7). You have a purpose for my life (Ephesians 2:10). Help me to live in a way that honors You and to trust that You made me just the way You wanted. In Jesus' name, Amen."

Lesson II: Did God Make a Mistake When He Made Me?

God never makes mistakes. The Bible tells us that He created each of us on purpose and with love. He made us male and female, and He formed us in our mother's womb. Even when we feel confused or when the world tells us something different, we can trust that God's design is good and right.

Key Verses:

📖 Genesis 1:27 – “So God created man in His own image; in the image of God He created him; male and female He created them.”

📖 Psalm 139:13-14 – “For You formed my inward parts; You covered me in my mother's womb. I will praise You, for I am fearfully and wonderfully made; marvelous are Your works, and that my soul knows very well.”

📖 Jeremiah 1:5 – “Before I formed you in the womb I knew you; before you were born I sanctified you; I ordained you a prophet to the nations.”

Discussion:

- What does it mean that we are fearfully and wonderfully made?
- How does knowing God made you on purpose help you trust Him?

Prayer:

"Heavenly Father, I praise You because I am fearfully and wonderfully made (Psalm 139:14). You do not make mistakes. Help me to trust in Your perfect design and to encourage others to do the same. In Jesus' name, Amen."

Lesson 12: What Happens When We Die?

When believers in Jesus die, they go to be with Him in heaven. One day, Jesus will return and make a new heaven and earth, where there will be no more pain, tears, or death!

Key Verses:

- 📖 John 11:25-26 – “Jesus said to her, ‘I am the resurrection and the life. He who believes in Me, though he may die, he shall live. And whoever lives and believes in Me shall never die. Do you believe this?’”
- 📖 Philippians 1:21 – “For to me, to live is Christ, and to die is gain.”
- 📖 Revelation 21:1-4 – (Describes the new heaven and earth where there will be no more death, pain, or sorrow.)

Discussion:

- Why is it comforting to know that heaven is real?
- How does knowing about heaven change how we live today?

Prayer:

"Lord, thank You for the promise of eternal life through Jesus (John 11:25-26). I know that to live is Christ and to die is gain (Philippians 1:21). I look forward to the day when You will wipe away every tear and make all things new (Revelation 21:4). Help me to live each day for You. In Jesus' name, Amen."

Lesson 13: What Should I Say When Someone Doesn't Believe in God?

We can't argue someone into believing in God, but we can lovingly share truth and let our lives show His love. It's God who changes hearts.

Key Verses:

- 📖 1 Peter 3:15 – “But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear.”
- 📖 Colossians 4:6 – “Let your speech always be with grace, seasoned with salt, that you may know how you ought to answer each one.”
- 📖 Matthew 5:16 – “Let your light so shine before men, that they may see your good works and glorify your Father in heaven.”

Discussion:

- How can we show love to someone who doesn't believe in God?
- Why is it important to share truth with kindness and gentleness?

Prayer:

"Lord, Your Word says that I should always be ready to give an answer for my faith with gentleness and respect (1 Peter 3:15). Help me to speak with grace and wisdom (Colossians 4:6) and to shine my light so others may see You in me (Matthew 5:16).

Give me boldness to stand for Your truth. In Jesus' name,
Amen."

Lesson 14: Can Boys Be Girls and Girls Be Boys?

God created only two genders: male and female. The world may say that someone can change from a boy to a girl or a girl to a boy, but the Bible tells us that our “gender” is part of God’s perfect design. Our feelings do not change the truth of who we are. Instead of following feelings, we should follow God’s Word, which never changes.

Key Verses:

- 📖 Genesis 1:27 – “So God created man in His own image; in the image of God He created him; male and female He created them.”
- 📖 Deuteronomy 22:5 – “A woman shall not wear anything that pertains to a man, nor shall a man put on a woman’s garment, for all who do so are an abomination to the Lord your God.”
- 📖 Mark 10:6 – “But from the beginning of the creation, God ‘made them male and female.’”

Discussion:

- Why is it important to trust what God says over what the world says?
- How can we be kind to people who are confused about this while still standing on truth?

Prayer:

"Lord, Your Word says that You made us male and female (Genesis 1:27). The world is confused, but I trust in Your perfect design. Help me to love others while standing firm in Your truth. In Jesus’ name, Amen."

Lesson 15: What Does the Bible Say About Marriage?

The Bible teaches that marriage is a special gift from God between one man and one woman. This was God's plan from the very beginning with Adam and Eve. Even though the world may say that two men or two women can marry, God's design has never changed. Marriage is meant to reflect Jesus' love for His Church, and that's why His plan is best.

Key Verses:

- 📖 Genesis 2:24 – “Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh.”
- 📖 Matthew 19:4-6 – “And He answered and said to them, ‘Have you not read that He who made them at the beginning “made them male and female,” and said, “For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh”? So then, they are no longer two but one flesh. Therefore what God has joined together, let not man separate.’”
- 📖 Ephesians 5:31 – “For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh.”

Discussion:

- Why do you think God's plan for marriage is so special?
- How can we love people well, even when they aren't walking in God's ways?

Prayer:

"Father, You created marriage as a gift between one man and one woman (Genesis 2:24). Help me to honor Your plan and to speak about marriage with truth and love. In Jesus' name, Amen."

Leaving you with this encouragement....

God's Word never changes, even when the world does. As Christians, we are called to stand firm on truth, love others well, and trust that God's design is best. You don't have to have all the answers, but you can always go back to the Bible, pray for wisdom, and trust that God is with you!

Statements of Truth:

(Have the kids look up these verses, teaching them how to dig into God's Word)

- **God's Word Never Changes, Even When the World Does**

 Key Verses:

Isaiah 40:8, Hebrews 13:8, Matthew 24:35

- **As Christians, We Are Called to Stand Firm on Truth**

 Key Verses:

Ephesians 6:13–14, 1 Corinthians 16:13, John 17:17

- **We Are Called to Love Others Well**

 Key Verses:

John 13:34–35, 1 Corinthians 13:4–7, Colossians 4:6

- **Trust That God's Design Is Best**

 Key Verses:

Genesis 1:31, Jeremiah 29:11, Romans 12:2

- **You Don't Have to Have All the Answers—Go Back to the Bible**

 Key Verses:

2 Timothy 3:16–17, Psalm 119:105, Proverbs 3:5–6

- **Pray for Wisdom and Trust That God Is With You**

 Key Verses:

James 1:5, Matthew 28:20, Philippians 4:6–7

Thank You for Using Faithful and Fearless!

I'm so glad you chose to spend this time digging into truth and courage with your kids. If you enjoyed this resource, you'll love what we've created for you next!

You can find more free devotionals and prayer cards for moms, educational and biblical printables for kids, and our books and apparel available on Amazon by scanning the QR code below.

👉 Scan below to visit the Mama Hub and explore our full library of faith-filled resources for your family.

