

LIVINGVIBES, LLC

THE CLARITY MAP

FIND YOUR FOOTING
WHEN SOMETHING FEELS OFF



A GENTLE RESET FOR THOSE IN THE MIDDLE OF BECOMING

COACHINGWITHNATALIERENE.COM

HI THERE,
I'M GLAD YOU
LANDED HERE.

Natalie Renee

Holistic Life Coach



YOU'RE NOT BROKEN. YOU'RE BECOMING

If you've been feeling restless, stretched thin, quietly dissatisfied, or unsure what's next...
nothing is wrong with you.

You may simply be outgrowing something.

The Clarity Map isn't a performance review.
It's a pause.

A moment to step out of the swirl and gently ask:
What actually feels off?

There are no right scores here.
No gold stars.
No shame.
Just information.
And information creates clarity.

Take a breath before you begin.
This is awareness — not judgment.

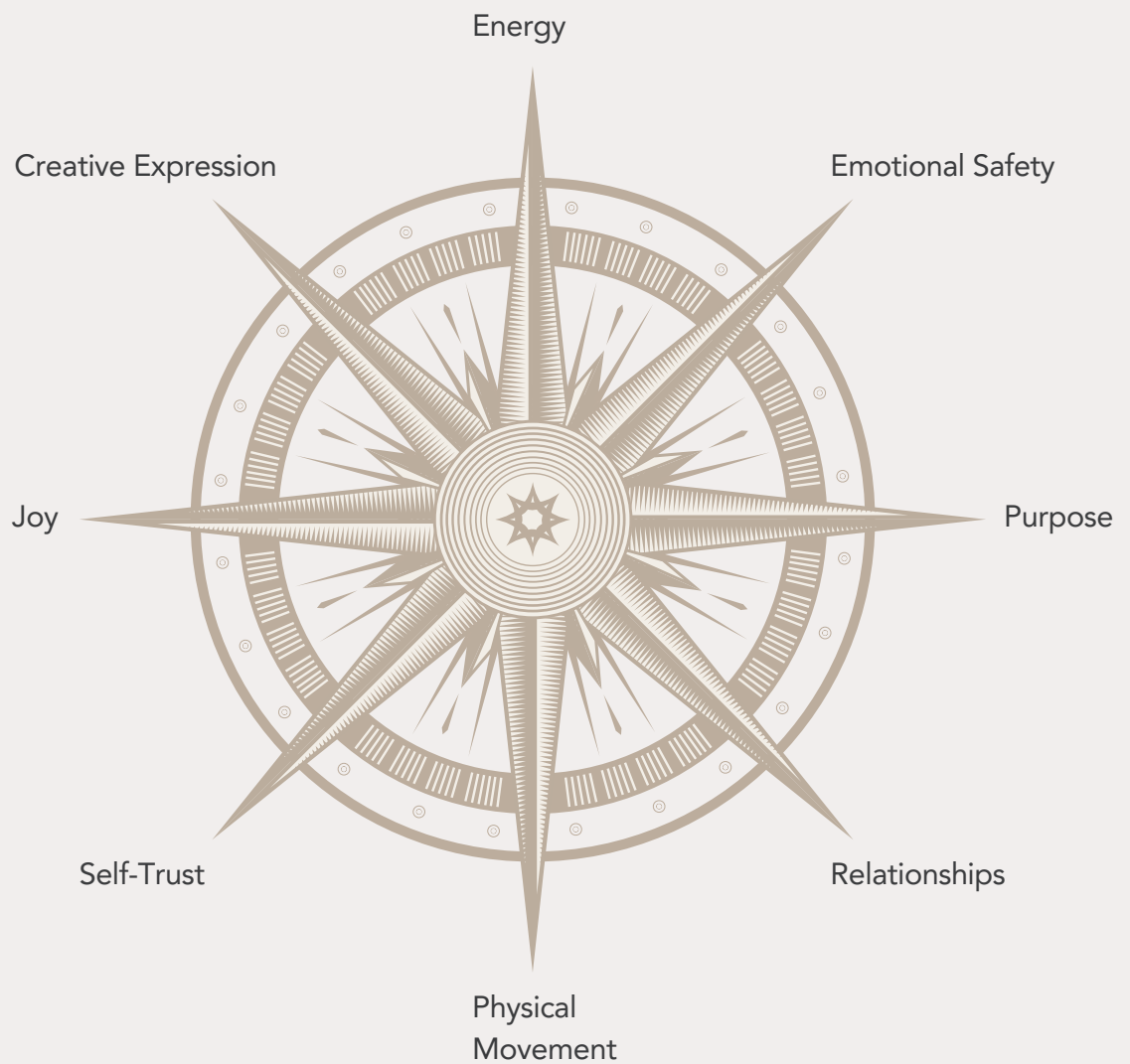
SECTION 1

WHERE AM I NOW?

Instructions:

Rate each area from 1–10.

(1 = deeply depleted or misaligned, 10 = deeply aligned and nourished)



Uneven doesn't mean failing.
It simply means something wants your attention.

