



Leap To Your Success

Vision

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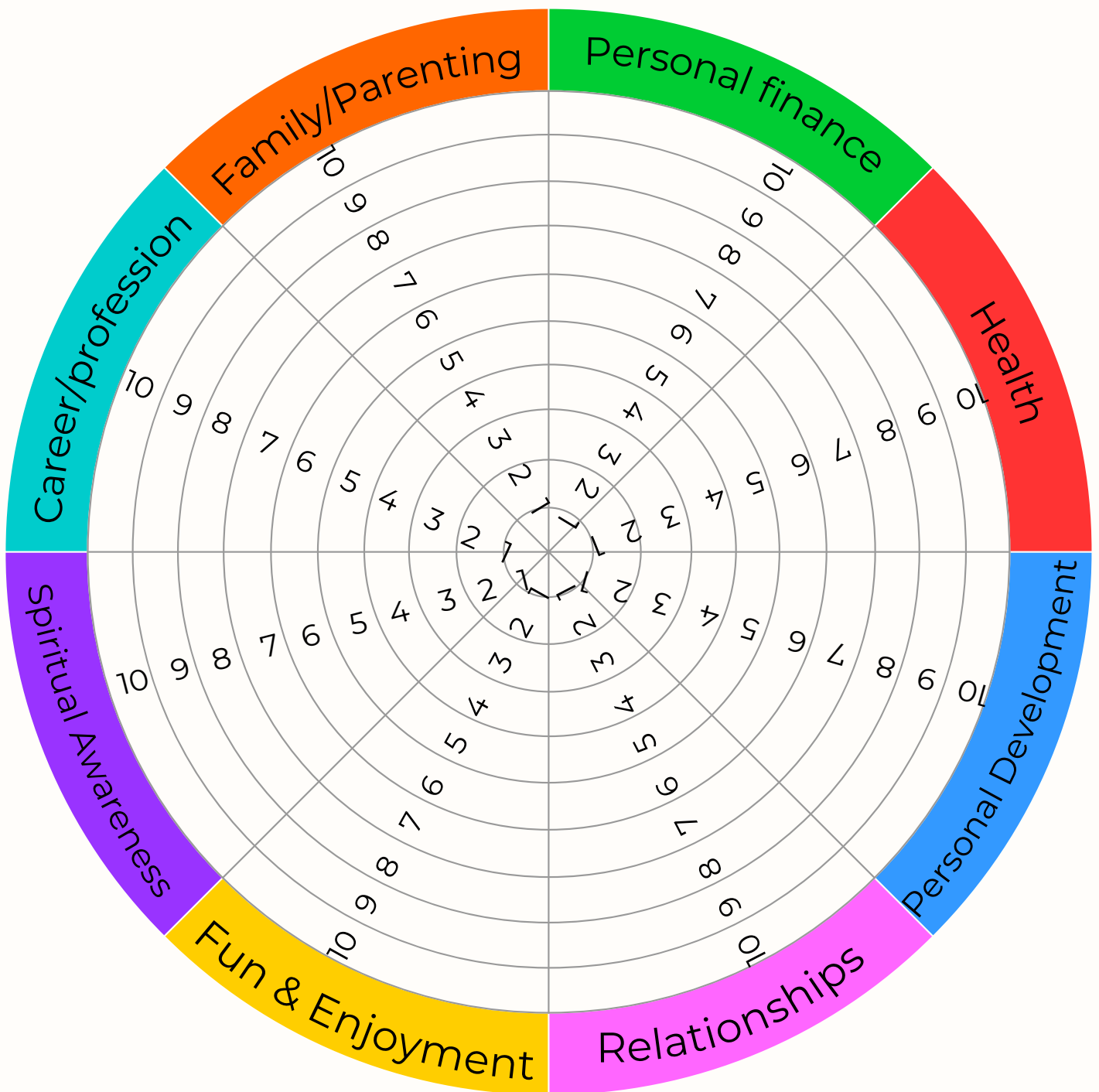
Leverage Your Strengths

Unstoppable Vision

- Dream List: Define what excites you – things you want to achieve, experience and bestow
- Values list: Identify your core values to serve your achievement code, your compass
- Circle of Life Exercise – score each on a scale of 1 to 10, with 10 being the best .

The eight sections in the wheel represent the eight major areas of your life. Seeing the center of the wheel as 0 and the outer edge as 10, rank your level of satisfaction with each area of your life by drawing a circle on the # that represents your satisfaction. 1 being the least satisfied, 10 being completely satisfied.

CIRCLE OF LIFE





Energize Your Vision

- Vision Board: Schedule time to write out or graphically represent your dreams
- Clarify Intentions: Identify 2 personal and 2 professional intentions to focus on for the year
- Connect: Align each intention to the why that fuels your passion and creativity

Clarify Questions

Questions to Identify Personal Intentions

- What excites you about your life right now, and how would you like to expand on that?
- What personal qualities or characteristics do you want to develop or strengthen (e.g., confidence, patience, joy)?
- What specific changes would you like to see in your relationships, health, or personal growth over the next year?
- If you had unlimited time and resources, what would you pursue for personal fulfillment or joy?
- What would bring you the greatest sense of balance and peace in your daily life?

Questions to Identify Professional Intentions

- What specific goals or milestones do you want to achieve in your career or business this year?
- What professional skills or knowledge would you like to enhance to reach your next level of success?
- What legacy or impact do you want to leave through your work in the next year?
- What challenges in your professional life are you ready to tackle, and what would success look like?
- What relationships or collaborations could significantly elevate your professional growth?

Action

Action Plan is about breaking down the intentions into specific, measurable steps within your control. Steps that align and are right for you!

What steps do you want to take?

What worked in the past?

What did not work?

What did you start to

What does your daily, weekly monthly schedule look like?

How is your schedule supporting your vision?



Plan for Purpose

Weekly Focus:

Daily Focus:

Write Out Your Affirmation:



Performance

01

Measure

Create a daily and weekly self-check. What worked, what needs adjusting.

02

Monitor

Schedule time to monitor your actions and revisit your values to stay in alignment

03

Adjust

What needs adjusting?
What do you want to test?

04

Celebrate

Celebrate the wins. Track milestones, embrace growth and find the joy in the process



Next Steps

Define intentions

List Values

Set Action Check ins

Book A Strategy Call With Jaclyn

