



HealProof

Resource Guide

thehealingcrestcounseling.com

Hello There!

My name is LaMora, and I'm a Licensed Clinical Social Worker, Relationship Therapist, and Founder/CEO of The Healing Crest Counseling Services, a counseling practice in Hollywood, FL, where we help clients identify the root contributor to their relationship challenges to build a healthier relationship with themselves and their partner.

Masterful at bringing love back to life, we specialize in counseling "Couples on the Verge" of calling it quits. And, while working with us, couples develop the tools to effectively communicate, recommit and rebuild a relationship rooted in trust, understanding, and affection.

From their family dynamics to relational traumas, we help clients work through any unresolved issues from their past that may be preventing them from living a fulfilled life. Additionally, we emphasize communication skills and healthy boundaries within relationships so that they can move forward in life with more confidence and self-empowerment.

When I am not supporting clients in one on one sessions, I enjoy participating in fresh, new collaborations and partnerships, Beyond the Couch, and Coaching overworked and underpaid Health Care Professionals build a business they desire while earning an income they deserve.



xoxo

LaMora 



How Can We Serve You?

As a Licensed Clinical Social Worker and a Relationship Therapist, I specialize in mental health and relationship counseling, and the Healing Crest is ready to support you with:

Healing Your Heart

Restoration of Your Mind

Building a Healthier Relationship With
Yourself and Your Partner

Book your FREE 15 minute consultation using the link below, and let's see if we're a good fit to work together.

[CLICK TO BOOK YOUR FREE CONSULTATION](#)



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Client Testimonials

We don't want to brag, but our clients do.

To: Mrs. LaMora D Pace >

Thank You

Good morning!!!!

I wouldn't be true to myself if I didn't message you to say Thank you. You changed my life even though it's been months since we spoke. You changed it with one question "what do you stand to lose ". We were talking about my marriage. I explored that and only came up with things i would gain if I moved on. But then I started applying that question to evrything in my life. And I kid you not I finally feel like i am who I was mean to be as a person. You helped me figure out why I make the choices I do by identifying the moments in my childhood that would have shaped me. It made me forgive my family. And take back my control. Left my marriage...started a non profit organization to redirect the people pleasing character embedded in me. Yes i did selfwork after you and I spoke with reading and keeping positivity around me but it was all because of that question on day 1 with you. You're a savior. You chose the profession that is perfect for who you are. As a black woman i am so proud of you Because I feel like this is a win for all of us having you. You're amazing. Continue to do what you're doing. You're a super Hero. Once I change back my insurance I will start coming to see you again. Take care of yourself and your family. ❤️

Client Testimonials

We don't want to brag, but our clients do.



[Redacted Name]

1 review



★★★★★ a year ago

When I first went into Lamora's office I was skeptical because I had tried therapy before and it was not helpful. However , I am walking into my fifth month of service and I can see the changes in my mental health , my well being, and my outlook on life . She has helped me by being personable and extremely knowledgeable. I even began using her couples counseling to help fix my marriage because of the changes I saw in my personal life .I will recommend her to anyone!



[Redacted Name]

4 reviews · 8 photos



★★★★★ 4 weeks ago

LaMora has such a calming presence. Her advice for becoming the best version of you is straightforward and nonjudgmental. If you've been looking for a therapist who is going to guide you to a place of self understanding and reassurance, Healing Hearts is the place for you.



[Redacted Name]

Local Guide · 60 reviews · 80 photos



★★★★★ a year ago

A therapist who is professional, intelligent, and extremely gifted with insights on the situation. Her background and web site got me to contact but what compelled me to choose her out of many is who she is and the wisdom / insight gained just by meeting once. I look forward to continuing to work with her.



Reply



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HEALING CREST

The Restoration of the *Mind*, is the Art of *Healing Hearts*

Want Similar Results?

In the HealProof Resource Guide, you'll find a complete list of free worksheets, guides, and low cost e-books, journals, and courses to help strengthen the relationship with yourself and your partner.



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The Restoration of the *Mind*, is the Art of *Healing Hearts*

Join "The Healing Headliner" for a
**FREE "Evaluation of Your Overall
Well-Being" E-Book**

[CLICK HERE](#)



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FREE RESOURCES

Saying "No" Is Not Selfish

[CLICK HERE](#)

Developing and Maintaining a
Positive Self-Image

[CLICK HERE](#)

HealProof Methods for Building a
Healthy Relationship

[CLICK HERE](#)

Journey to Self-Love Assessment

[CLICK HERE](#)

Discovering Your Strengths Will Increase
Your Self-Esteem

[CLICK HERE](#)

The Healing Gauge
(Communication Exercise)

[CLICK HERE](#)

FREE RESOURCES

Couples Communication
Word Search

[CLICK HERE](#)

Communicating to Strengthen Your
Relationship (Relationship Checklist)

[CLICK HERE](#)

Evaluation Of Your Overall
Well-Being

[CLICK HERE](#)

Mindset Tool: Set Healthy, Self-
Caring Boundaries

[CLICK HERE](#)

Relationship Quiz

[CLICK HERE](#)

E-BOOKS & JOURNALS

The Ultimate Self-Care E-Book

[CLICK HERE](#)

HealProof Gratitude Journal

[CLICK HERE](#)

Communication is Key

[CLICK HERE](#)

Get Out of Your Head:
Changing Your Life Story

[CLICK HERE](#)



COURSES



From Selfishness to Selflessness
Challenge

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Relationship Intimacy

[CLICK HERE](#)

The Journey to Self Love

[CLICK HERE](#)



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HEALING CREST

Ready to Work Together?

Phone Number

754-777-6871

Email

info@thehealingcrestcounseling.com

Address

2500 Hollywood Blvd Suite 103
Hollywood, FL 33020

Schedule a 15-minute FREE
Consultation Call

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