



DR. SONYA C. THOMAS

EXECUTIVE LEADERSHIP & CLARITY STRATEGIST.

Hi, I'm Dr. Sonya, and I help women leaders break through confusion, doubt, and overwhelm so they can rise with clarity, conviction, and purpose. My work centers around identity alignment, powerful leadership development, and confidence activation—equipping women to lead boldly, make confident decisions, and walk in the highest version of who they are called to be.



CONTENT FOCUS

Content Focus

Professional, Warm, Executive-Level

Content Focus

Clarity-Focused, Strategic, Empowering

Content Focus

Leadership Development, Identity

AUDIENCE DEMOGRAPHICS

Location	Target Audience	Age Group
Detroit, MI	High-achieving women in leadership, emerging leaders, professionals navigating transition, and purpose-driven entrepreneurs.	25-80 years old

Facebook

LinkedIn

Instagram

SOCIAL STATS



team@yourgtgs.com

www.yourgtgs.com

WHY PARTNER WITH ME?

As an Executive Leadership & Clarity Strategist, I help high-performing women gain direction, confidence, and strategic clarity so they can lead with purpose and elevate their impact. Brands and organizations partner with me because my voice is trusted, my message is transformational, and my content blends professional excellence with deep personal development. Whether speaking, consulting, or creating thought-leadership content, I bring insight, inspiration, and actionable strategy to every collaboration.

SERVICES OFFERED

Leadership Workshops & Trainings

Customized sessions for organizations, teams, or women's leadership groups.

Keynote Speaking & Panels

Purpose, confidence, identity, clarity, leadership, and overcoming self-doubt.



Executive Coaching Collaborations

High-touch coaching partnerships with companies or leadership programs.

Corporate Consulting

Insight into culture, communication, and leadership alignment.

Brand Partnerships

Content and collaborations with brands aligned with leadership, women's empowerment, personal development, and professional growth.



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LET'S CREATE TOGETHER

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Media Kit



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WWW.YOURGTGS.COM

**MEDIA
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