

# Transformation Truths

## Eliminate the Obstacles to Your Relationship with God and Others

Romans 12:2, NKJV: “And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.”

Transformation aligns your soul with the Holy Spirit by shifting your mind, will, and emotions from a worldly to a Kingdom perspective, guided by the Holy Spirit. This fosters healthy relationships with God and others.

John 16:13, NKJV: “However, when He, the Spirit of truth, has come, He will guide you into all truth; for He will not speak on His own authority, but whatever He hears He will speak; and He will tell you things to come.”

The Word of God frees you to walk in repentance – the goal of Transformation. With the Holy Spirit's help, your thoughts align with God's, bringing peace as you make the right choices. You'll be healthier, more peaceful, and joyful in your relationships.

Matthew 6:14-15, NKJV: “For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.”

**Truth 1 Forgiveness:** When you forgive those who have harmed you, ask God to heal your wounds and offenses. Because you've been forgiven and have forgiven others, you can receive His healing and build trusting relationships.

Ecclesiastes 4:9-12, NKJV: “Two are better than one, because they have a good reward for their labor. For if they fall, one will lift up his companion. But woe to him who is alone when he falls, for he has no one to help him up.”

**Truth 2 Soul Ties:** Your soul, distinct from your spirit, encompasses your mind, will, and emotions. Soul ties form when people connect, intertwining their minds, wills, and emotions, and can be either beneficial or harmful. Negative soul ties need to be broken.

Isaiah 53:5, NKJV: “But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement of our peace was upon Him, and by His stripes we are healed.”

**Truth 3 Iniquity:** Freedom comes when you realize that the behaviors you find hard to change are inherited from your ancestors. Breaking iniquities is like repentance; you're turning away from the old self and becoming a new person.

2 Corinthians 10:5, NKJV: “casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,”

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**Truth 4 Learned Behaviors:** We will focus on eliminating harmful learned behaviors during the Transformation process. These behaviors prevent you from experiencing the relationship God desires for you to have with Him and others.

Matthew 12:36-37, NKJV: "But I say to you that for every idle word men may speak, they will give account of it in the Day of Judgment. For by your words you will be justified, and by your words you will be condemned."

**Truth 5 Curses:** Words can bring blessings or curses, whether spoken, written, or internal. Blessings from God or humans produce positive effects, while curses from Satan or humans cause harm.

Luke 6:37 NKJV: "Judge not, and you shall not be judged. Condemn not, and you shall not be condemned. Forgive, and you will be forgiven..."

**Truth 6 Unrighteous Judgments:** Perhaps the biggest obstacles to your growth in Christ are judgments such as fault-finding, critical comparison, and false perceptions of others. Judging others is neither approved by God nor has it ever been.

Galatians 5:16, NKJV: "Walk in the Spirit, and you shall not fulfill the lust of the flesh."

**Truth 7 Deliverance:** Deliverance, or "casting out," for a believer means breaking strongholds, habits, bonds, religious ties, traditions, and doctrines that keep you from stepping into what God has for you.

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**Rebuilding Trust:** Trusting the Holy Spirit to guide you requires you to be willing not only to listen to Him but also, once things are brought to remembrance, to seek forgiveness, break soul ties, curses, or iniquities, and avoid unrighteous judgments and learned behaviors.

Proverbs 3:5-6, NKJV: "Trust in the Lord with all your heart And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths."

**The Journey:** During this journey, you learn to align your thoughts, mind, will, and emotions with the Holy Spirit. This transforms a knowledge-based mind into a wise one, a self-focused will into one of repentance, and emotions of fear and bitterness into love.

TRANSFORMATION MINISTRY  
P.O. BOX 54176, LUBBOCK, TX 79453

806-701-5390  
[garydelayministries.com](http://garydelayministries.com)