



JUST
40 BALLS.



15
MINUTES.



FIVE SIMPLE
DRILLS.

THE 15-MINUTE PRACTICE SESSION

The simple range routine I come back to whenever my swing starts to feel off.



DRILL

1

TOWEL UNDER ARMS

REBUILD CONNECTION



GOAL

Improve connection between your arms and body throughout the swing.



HOW

Place a towel under both armpits and make smooth swings without letting it fall.



PRACTICE 8 BALLS



THIS DRILL OFTEN EXPOSES...

Poor body-arm connection and an overactive arm swing.



DRILL

2

FEET TOGETHER

FIND YOUR BALANCE



GOAL

Improve balance and centered movement throughout the swing.



HOW

Hit shots with your feet together, focusing on staying balanced from start to finish.



PRACTICE 6 BALLS



THIS DRILL OFTEN EXPOSES...

Excessive sway or poor balance that makes consistent contact difficult.



DRILL

3

ROLL THE BALL BACK

RESET YOUR TEMPO



GOAL

Develop a smoother, more controlled swing rhythm.



HOW

Roll the ball gently away with your trail foot as you start the backswing, encouraging a slower, more natural tempo.



PRACTICE 8 BALLS



THIS DRILL OFTEN EXPOSES...

A rushed takeaway or swing that's too quick from start to finish.



DRILL

4

PAUSE AT THE TOP

CONTROL THE TRANSITION



GOAL

Improve sequencing and transition into the downswing.



HOW

Pause briefly at the top of your backswing before swinging through to the finish.



PRACTICE 8 BALLS



THIS DRILL OFTEN EXPOSES...

Poor sequencing and an over-aggressive transition from backswing to downswing.



DRILL

5

9 TO 3 DRILL

REBUILD STRIKE



GOAL

Improve strike quality and ball-first contact.



HOW

Make short, controlled swings from 9 o'clock to 3 o'clock, focusing on crisp contact and a balanced finish.



PRACTICE 10 BALLS



THIS DRILL OFTEN EXPOSES...

Inconsistent low-point control and poor strike quality.



9 O'CLOCK



9 TO 3 = SHORT SWING

Club parallel to the ground at both 9 o'clock and 3 o'clock.



3 O'CLOCK

BEFORE YOU GO...

This routine is my go-to reset whenever my swing starts to feel off.

But if you have an underlying issue that's costing you shots, a general practice session will only take you so far.

That's why I created **The Range Fix**.

It helps you identify your biggest weakness, then gives you ready-to-use practice sessions designed to fix it.

No guesswork.

No information overload.

Just a clear plan to help you strike the ball better and play better golf.

STOP GUESSING. START FIXING.



CLICK HERE TO LEARN MORE

