



Facilitation Tools Shared

How the brain really works



6 brain science principles → presentation confidence *Rachelle Williams*

<p>ocean waves</p> <p>images over words</p> 	<p>talking over listening</p> <p>process 3 times</p> <ul style="list-style-type: none"> - think - speak - listen <p>The 4 Cs</p> <ul style="list-style-type: none"> Connections Concepts Concrete practice Conclusions 	<p>different over the same</p> <p>- change a small thing</p> 
<p>short over long</p> <p>Content 10 → Activity</p> <p>10 min rule - brain stops paying attention</p>	<p>movement over sitting</p> <p>brain needs oxygen</p> <p>Keep moving</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg);">stretch</p>	<p>Writing over reading</p> <p>focus - have to think about what you are writing</p>

QUICK DRAW	PAIR SHARE	SHOUT OUT
STANDING SURVEY	QUICK STRETCH	QUICK WRITE

Takeaway → Try a pair share

10 minute limit

FACILITATION TOOL 25

Quick Draw



Sketch a concept to show understanding visually

C1 C2 C3 **C4** M T S D I W

QUICK DRAW

Learners spend a few quiet minutes writing about what they've learned and how it contrasts with prior knowledge. They check off the agenda and revisit earlier activities. Deepens retention and personal meaning-making.

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FACILITATION TOOL 9

Pair Share



Discuss with a partner, then share with the group

C1 C2 C3 C4 M **T** S D I W

PAIR SHARE

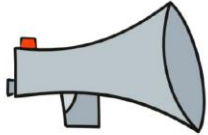
Learners discuss a question or idea with a partner, helping them process information through conversation before sharing with the larger group.

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FACILITATION TOOL

30

Shout Out



Learners call out what they already know about the topic

C1 C2 C3 C4 M T S D I W

SHOUT OUT

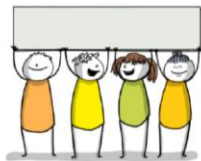
The class verbally brainstorms facts, ideas, or answers they already know about the topic. Learners call out responses while the trainer captures them. A fast, energising way to connect prior knowledge with new content and get everyone talking.

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FACILITATION TOOL

8

Standing Survey



Form standing pairs from other tables to share & discuss

C1 C2 C3 C4 M T S D I W

STANDING SURVEY

Learners form standing pairs or triads with people from other tables. They share their responses to a topic-related question, then return to their table groups to report back. Adds movement, connection, and peer learning.

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FACILITATION TOOL

23

Stand / Sit – Stretch & Speak



Move and briefly share ideas or answers

C1 C2 C3 C4 M T S D I W

STAND / SIT – STRETCH & SPEAK

Learners stand or sit, stretch, and briefly share ideas or answers, adding movement while reinforcing discussion and learning.

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FACILITATION TOOL

10

Quick Write




Write thoughts before sharing with the group


C1 C2 C3 C4 M T S D I W

QUICK WRITE

Learners spend a short time writing their thoughts or responses to a question, helping them reflect and organise their ideas before sharing.

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FACILITATION TOOL 22	MYTH OR FACT GAME
<p style="text-align: center;">Myth or Fact Game</p> <div style="text-align: center;">  </div> <p style="text-align: center;">Decide if statements are myths or facts</p> <div style="display: flex; justify-content: space-between; font-size: 8px; margin-top: 10px;"> C1 C2 C3 C4 M T S D I W </div>	<p>Learners decide if a statement is a myth or a fact, then stand and hear a short explanation. Makes slides interactive and introduces content in a surprising way. Great for challenging assumptions and sparking discussion.</p> <div style="display: flex; justify-content: space-between; font-size: 8px; margin-top: 10px;"> TBR Community UNFORGETTABLE FACILITATION Rachelle Williams Furnell Projects </div>

FACILITATION TOOL 13	TOP TAKEAWAY
<p style="text-align: center;">Top Takeaway</p> <div style="text-align: center;">  </div> <p style="text-align: center;">Identify the most important outcome for you</p> <div style="display: flex; justify-content: space-between; font-size: 8px; margin-top: 10px;"> C1 C2 C3 C4 M T S D I W </div>	<p>Learners identify the most important ideas or outcomes they want from the training, helping focus attention and connect to the learning goals.</p> <div style="display: flex; justify-content: space-between; font-size: 8px; margin-top: 10px;"> TBR Community UNFORGETTABLE FACILITATION Rachelle Williams Furnell Projects </div>

If you'd like to learn more about:

- These tools plus 30+ more
- A 4C's instructional design method
- 6 brain science principles to make it stick
- And 2 days of high energy collaboration, taking your facilitation skills to the next level

Then sign up [here](#) to attend my upcoming Training from the BACK of the room course June 11th – 12th 2026, or contact rachelle@furnellprojects.co.uk for a no pressure chat

These cards are a prototype of a product I'm currently developing to support Training from the back of the room. If you're interested to join the waiting list, [sign up here](#)