

Faith in the Fog

A 3-Day Gentle
Reflection to
Reconnect with God
When the Path Feels
Unclear

FAITHFULLY
EQUIPPED 

Welcome

You're not faithless. You're just in the fog.”

If you've felt spiritually dry, distant from God, or unsure what to pray anymore this is for you.

These 3 days are not a challenge or a to-do list. They're an invitation back to stillness.

Take your time. Let God meet you where you are.

The Daily Reflections

Day 2: When You're Tired but Still Trying

Scripture: Read Galations 6:9

(Read it softly the first time and then out loud the second time.)

Prompt: “Lord Jesus, show me where am I still showing up, even if it doesn't feel like enough?”

Prayer: “Lord, I ask for the Grace to remind me that seeds grow even in silence.”

Write down what comes to mind...

The Daily Reflections

Day 3: When You Need Light for the Next Step

Scripture: Read Psalm 119:105

(Read it softly the first time and then out loud the second time.)

Prompt: “What is one faithful step I can take this week?”

Prayer: “Lord, You are the Light and the Way, help me see the next step with clarity...”

Write down what comes to mind...

These 3 days were a soft beginning but you weren't meant to stay stuck in the fog.

If you're ready to build a rhythm that keeps you rooted even when life feels heavy

I made something for you.

👉 ROOTED: Your 15-Minute Rhythm to Reconnect With God

No guilt. No pressure. Just one faithful step at a time.