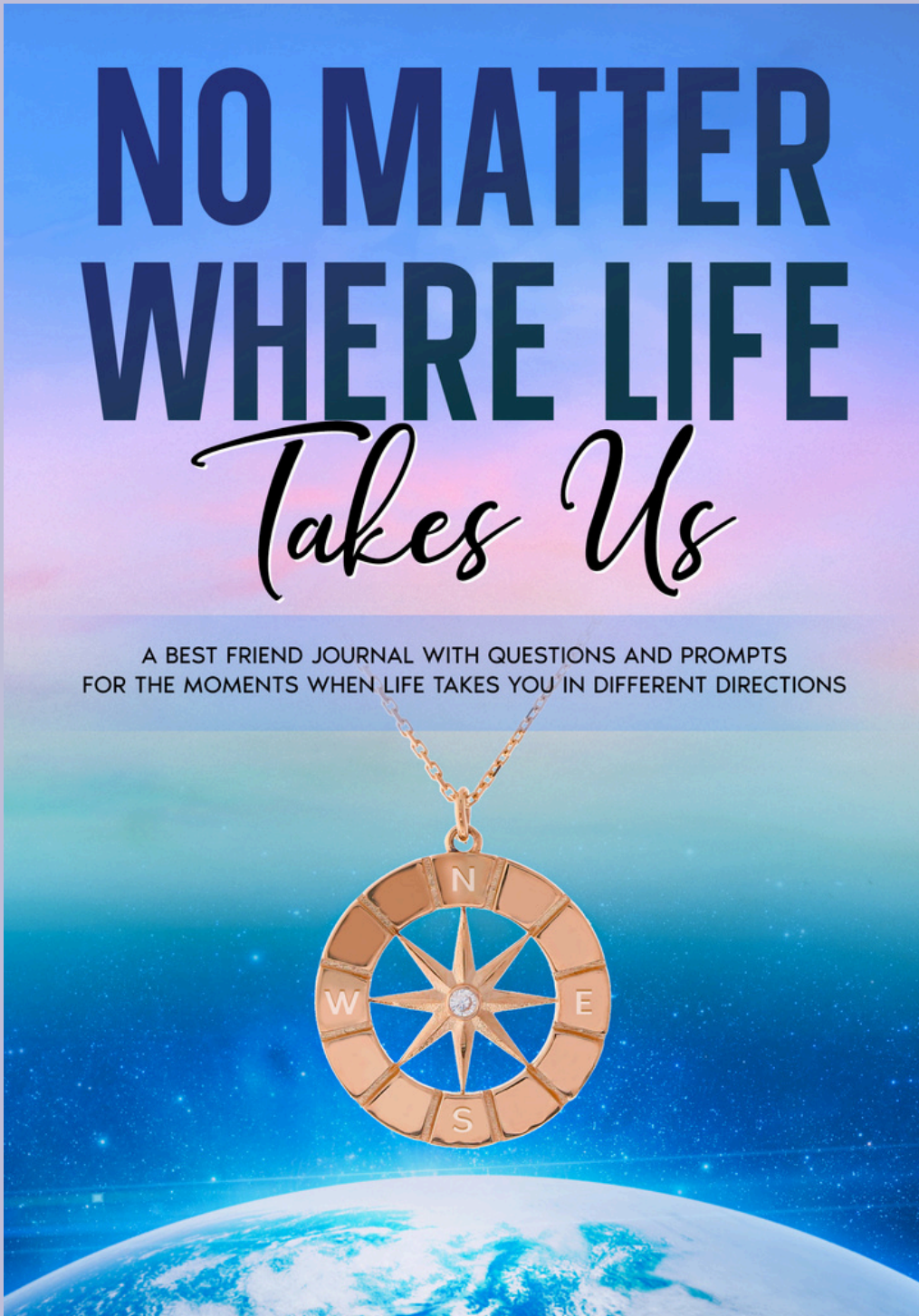


# How-to-Guide

## NO MATTER WHERE LIFE *Takes Us*

A BEST FRIEND JOURNAL WITH QUESTIONS AND PROMPTS  
FOR THE MOMENTS WHEN LIFE TAKES YOU IN DIFFERENT DIRECTIONS



# Instructions

We want you to have fun with this book because that's what friendship is all about!

Even when life takes us in different directions, the memories we've shared stay with us. This journal is a place to capture those moments and celebrate the friendship you carry with you.

## Here's what you'll need:

- Your favorite colored pens (markers might bleed through, so we recommend colored pencils or pens).
- A few favorite photos in a standard 6×4-inch size (verticals fit perfectly; horizontal ones may need a little trim — about half an inch).
- A glue stick to secure your memories.

Before you dive in, read a few of the example responses below to get your creative juices flowing. (Although, come on, it's your best friend we're talking about!) There are no right or wrong answers, only the ones that come from your heart.

Whether your answers are short and sweet or long and detailed, your best friend will treasure them just the same.

If there's a question you're not feeling, or if one of the 10 bonus ones below speaks to you, feel free to swap it out. Just cross out the original question and write in the new one above or below.

Think of this as your personal keepsake. Decorate it, make it messy or neat, add stickers, photos, or anything that makes it feel like you.

# Sample Answers to Questions

## Part 1 – The Friendship I Take With Me

### **1. One thing about our friendship I'll carry with me wherever I go is...**

The way we can talk about absolutely anything and still end up laughing.

The feeling that no matter where we are, we're always on the same team.

### **2. When I think about everything we've been through, the moment that stands out most is...**

That long conversation when we stayed up way too late talking about life and dreams.

The day we supported each other when everything felt uncertain.

### **3. If someone asked me what makes our friendship special, I would say...**

We can be completely ourselves with each other.

We always show up for each other, no matter what life looks like.

### **4. A lesson our friendship has taught me is...**

That the best friendships are built on honesty and laughter.

That having one person who truly understands you changes everything.

### **5. The way you've shaped the person I am today is...**

You've helped me believe in myself more than I ever thought I could.

You've shown me how important kindness and loyalty really are.

### **6. If I had to describe our friendship in three words, they would be...**

Loyal, joyful, unforgettable.

Real, supportive, and full of laughter.

# Sample Answers to Questions

## Part 2 – Moments I'll Carry Forever

### **7. A memory of us that I'll replay in my head for years is...**

That day we laughed so hard we couldn't breathe.

Our spontaneous adventure that turned into one of the best days ever.

### **8. One moment with you that changed me is...**

When you believed in me during a time I doubted myself.

That conversation that gave me the courage to move forward.

### **9. The place that will always remind me of us is...**

Our favorite coffee spot where we solved half of life's problems.

That park where we talked for hours without noticing the time.

### **10. One adventure I'm so grateful we had together is...**

That trip where nothing went as planned, but everything felt perfect.

Our last-minute outing that turned into a memory I'll never forget.

### **11. Something we did that I'll never stop laughing about is...**

The time we tried to be serious and completely failed.

That inside joke that still makes us laugh every time.

### **12. The story behind this photo is...**

This was the day everything felt simple and happy, and we couldn't stop smiling.

This picture reminds me of how much fun we always have together.

# Sample Answers to Questions

## Part 3 – Things I Want You to Remember

### **13. One thing I hope you always remember about yourself is...**

You are stronger and more capable than you sometimes believe.  
You bring light into every room just by being yourself.

### **14. A strength you have that you might not even realize is...**

Your ability to make people feel seen and understood.  
The way you stay calm and kind even during difficult moments.

### **15. Something about you that makes people feel safe is...**

The way you listen without judgment.  
Your warmth and the way you truly care about others.

### **16. A moment when I was incredibly proud of you was...**

When you kept going even when things were hard.  
The day you chose courage over fear and trusted yourself.

### **17. One thing I hope you never doubt about yourself is...**

How much you matter to the people around you.  
That your kindness makes a bigger difference than you realize.

### **18. The way you make the world better is...**

By lifting people up when they need it most.  
By bringing laughter, honesty, and heart into every friendship.

# Sample Answers to Questions

## Part 4 – When Life Gets Busy

### **19. One thing I'm going to miss about seeing you often is...**

Our spontaneous talks and laughing over the smallest things.  
How easy it is to turn an ordinary day into something fun together.

### **20. Something small we do together that I'll miss is...**

Our random voice notes and long catch-up conversations.  
Sharing little updates about our day like they're big news.

### **21. When life gets busy, I hope we always remember...**

How much our friendship has meant through every stage of life.  
That even distance can't change the bond we've built.

### **22. A tradition I hope we never lose is...**

Checking in with each other no matter how busy life gets.  
Finding time for our catch-ups and laughter.

### **23. If we ever drift apart for a while, I want you to remember...**

That you can always reach out and it will feel just like old times.  
That our friendship is stronger than any distance.

### **24. A promise I want us to keep is...**

To always make time for each other when it matters most.  
To keep supporting each other through every new chapter.

# Sample Answers to Questions

## Part 5 – No Matter the Distance

### **25. The first place I want to visit you is...**

Your new favorite coffee shop so we can catch up for hours.  
Wherever you feel most at home in your new city.

### **26. A future memory I hope we create together is...**

A trip where we explore somewhere new and laugh the entire time.  
A weekend where we reconnect like no time has passed.

### **27. In 10 years, I picture us...**

Still laughing about the same old stories.  
Meeting up somewhere special and remembering how far we've come.

### **28. A trip I dream we'll take together is...**

A beach getaway with long talks and sunsets.  
A spontaneous trip where we make new memories.

### **29. Something I know will never change between us is...**

The way we understand each other without needing many words.  
Our ability to laugh together no matter what life brings.

### **30. If we open this book again years from now, I hope we'll remember...**

How lucky we were to have this friendship in our lives.  
That even when life changed, our connection never did.

### **31. One thing I want you to always know is...**

You will always have someone cheering you on, no matter where life takes us.  
Our friendship has been one of the greatest gifts in my life, and that will never change.

## 10 Extra Questions for you to use (if you want to exchange for one in the book)

Sometimes life takes friends in different directions. If one of these prompts feels closer to your heart, feel free to swap it with a question in the journal and make the book your own.

- 1. One thing about you that I know will never change, no matter where life takes us, is...**
- 2. A place we shared that I will always think about when I miss you is...**
- 3. One small thing we used to do together that I'll miss the most is...**
- 4. A memory of us that I will carry with me wherever I go is...**
- 5. If we could spend one more perfect day together right now, we would...**
- 6. A message I want future-you to remember years from now is...**
- 7. Something about you that always made me feel at home is...**
- 8. One promise I hope we always keep in our friendship is...**
- 9. If life gets busy and we don't talk for a while, I want you to remember...**
- 10. The next time we see each other again, the first thing we should do is...**

If this journal has added a little more love and laughter to your life, I'd be so grateful if you posted your honest review or rating. Your words help other friends discover it, too.