

PRIVACY NOTICE

We are committed to maintaining the trust and confidence of our visitors to our website. Here you'll find information on how we treat data that we collect from visitors to our website.

When someone visits www.stopdrinking-startliving.com we use a third party service, Systeme.io, to collect standard internet log information and details of visitor behaviour patterns. We do this to find out things such as the number of visitors to the various parts of the site. This information is only processed in a way which does not identify anyone. We do not make, and do not allow Systeme.io to make, any attempt to find out the identities of those visiting our website.

Newsletter subscription form:

As part of the subscription process for the newsletter request form, we ask your name and email address as the only personal information. We use that information to reply to you via email because you have requested a newsletter. We won't send you any external marketing emails and we don't rent, sell or trade email lists with other organisations and businesses. We use a Systeme.io based website form. This is their Privacy notice. All communications have an 'unsubscribe' link in order that you may opt out of such newsletter emails. Alternatively send us an email at beckmancontact@gmail.com with 'Unsubscribe' in the subject line.

Links to other websites:

This privacy notice does not cover the links within this site linking to other websites, such as the payment link to Paypal or Stripe. Those sites are not governed by this Privacy Policy, and if you have questions about how a site uses your information, you'll need to check that site's privacy statement.

Access to your personal information:

As per GDPR regulations, you are entitled to access the personal information that we hold, which is just the information you provided if you subscribed to the newsletter option on the website. Email your request to beckmancontact@gmail.com

Changes to this Privacy Notice:

We keep our privacy notice under regular review. This privacy notice was last updated in 2025.

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