

**Ages  
2-3**



# 15-MINUTE **Montessori**

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**MONTHLY TRACKER**

# MONTHLY TRACKER – DID WE DO MONTESSORI TODAY?

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## *How to use your Montessori monthly tracker*

Build rhythm, not pressure – one day at a time. This visual tracker helps you gently build a Montessori rhythm at home, without judgment. Every evening, take a moment to reflect with your child (or on your own) and color the box with the color that best matches your day.

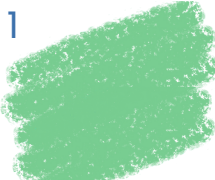
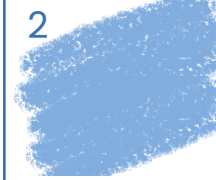


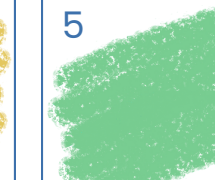

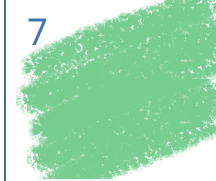


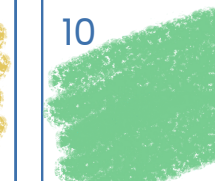




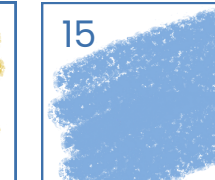
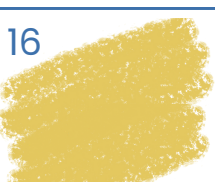


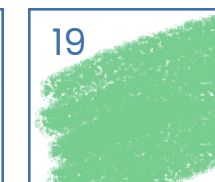
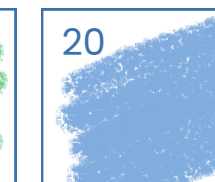




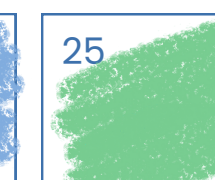




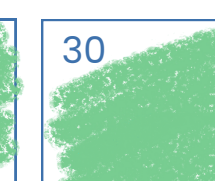
- Green – Yes, we did Montessori today! You shared a purposeful activity – maybe pouring, matching, or exploring together.
- Yellow – We did a little bit. You may have read a book, observed something interesting, or done something calm and simple.
- Blue – It was a quiet day. No structured activity—and that’s perfectly okay. Rest is part of the rhythm, too.


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There’s no “*perfect month*.” The goal is not to fill every box, but to grow awareness, joy, and connection – together.

# MONTHLY TRACKER - EXAMPLE

<b>Month</b> July	<b>Did we do Montessori today?</b> <span style="color: green;">■</span> Yes, we did Montessori today! <span style="color: yellow;">■</span> We did a little bit <span style="color: blue;">■</span> It was a quiet day
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1 	2 	3 	4 	5 
6 	7 	8 	9 	10 
11 	12 	13 	14 	15 
16 	17 	18 	19 	20 
21 	22 	23 	24 	25 
26 	27 	28 	29 	30 

31 	<b>NOTES</b> Coloring the boxes each evening became our little ritual. Even on the slower days, Leo loved choosing a color.
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# MONTHLY TRACKER - EXAMPLE

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<b>Month</b> _____	<b>Did we do Montessori today?</b>  Yes, we did Montessori today!  We did a little bit  It was a quiet day
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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

31	<b>NOTES</b> _____ _____
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