



Recommended Art Supplies List

I like to say:

“This is not about creating art, it’s about connecting hearts – to Jesus!”

Even if you’ve never painted before, this will be a fun exploration into your Right Brain to experience heart-changing encounters with Jesus.

You will be creating your own, personal prophetic painting! Some attendees finish by the end of the workshop but many people continue working on it beyond our time together.

Do not stress about what to bring. Keep the entire experience fun and free.

Everything you need, from student to professional grade paints and brushes can be found at Michael’s or Hobby Lobby. Walmart and Target have good selections of basic, low-cost supplies.

Canvas

I recommend bringing a stretched canvas or canvas board of at least 16 x 20, or larger. This may feel way too big for you but we need room to explore, write, and release. Watercolor paper of the same size is fine if you're using watercolors.

Paints

Acrylic or watercolor paints are best. They can be inexpensive student quality, but you're welcome to use artist grade if you have it. Pick the colors that move your heart but be sure to have a selection of the primary colors in different values (red, blue, yellow), plus white and black.

Glitter and metallic paint are fun to use here.

Please DO NOT plan to use oil paints in this workshop simply because of the layering we will be doing. You are welcome to finish your painting with oils over the acrylic if you desire.

Pastels

Oil or chalk pastels will work for this if the entire piece is using this medium. If chalk pastel is added as a layer it needs to be sealed before painting over with water-based paint. Oil pastel work great when added as the final layer over acrylics.

Mark Making

You will be writing on your canvas. Pencils work great, of course, but so do Acrylic paint markers, sharpies, or acrylic paint with a thin brush.

Pastels and charcoal require a layer of protection first before layering water-based paint over them.

Sharing

Please plan to share your painting and discoveries within our Private Facebook Group: **Heart Healing Encounters with Jesus**