
OUR
MEMORY
BOOK
The Story of You

INTRODUCTION

Every pet has a story, and no two are alike. This book is a place to capture yours: the silly moments, the proud ones, and the times that changed someone's day. Fill it in a little at a time. There are no rules or wrong way to do this.

The first part belongs to your pet. Write it the way they would tell the story if they could talk to you. Don't worry about spelling or punctuation - just start writing and have fun seeing the world through their eyes.

The second part belongs to you - the owner and proud parent. These pages are for your reflections and personal experiences. Come back to these pages often and share your thoughts and most of all - photos to remember those days.

TIPS TO USE OUR MEMORY BOOK

- Print all pages and put them into a 3 ring binder.
- These pages are designed to be printed on 8.5" x 11" paper.
- Use 24 lb. or heavier paper.
- Copy extra pages as needed.
- Use plastic sleeves to protect special pages, drawings, photos or keepsakes.

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FIRST EDITION



DEDICATION

THIS BOOK IS DEDICATED TO:

DATE & WRITTEN BY :



CONTENTS

Section One

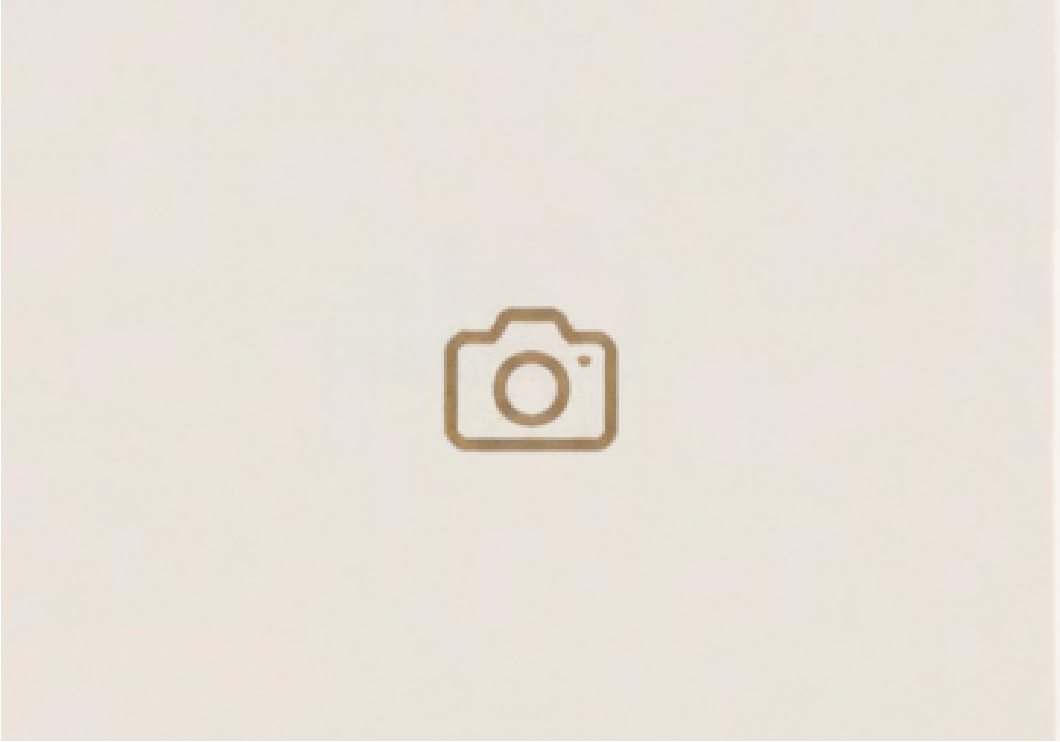
- All About Me
- The Good, the Goofy & the Oops
- Learning Together
- Out Making a Difference

Section Two

- Where We Began
- Along the Way
- Looking Back
- Our Legacy

SECTION ONE

ALL ABOUT ME



DATE: _____

ALL ABOUT ME

MY NAME IS _____

MY NICKNAME IS _____

I AM A _____

MY BIRTHDAY IS _____

I CAME HOME ON _____

TWO THINGS I LIKE

_____

_____

TWO THINGS I DON'T LIKE

_____

_____

MICROCHIP ID & CONTACT #

_____

_____

_____

THE STAR OF THE SHOW

MY PERSONALITY IN A NUTSHELL IS ...

THE FUNNIEST THINGS I DO ARE ...





I DON'T NEED TO BE PERFECT. I JUST NEED TO BE ME!

WHEN I MEET SOMEONE NEW, I USUALLY ...

WHEN THINGS GET NOISY OR BUSY, I ...



MY FAVORITE THINGS

MY FAVORITE GAMES ARE ...

MY FAVORITE TOYS ARE ...

THE TREATS THAT I WOULD DO ANYTHING FOR ARE ...



MORE FAVORITE THINGS

MY COZIEST NAP SPOT IS ...

THE WORDS THAT MAKE ME PERK UP ARE ...

WHERE I LOVE TO BE PETTED ...

MORE ABOUT ME

MY SNEAKIEST TRICKS FOR GETTING MY WAY ARE ...

OKAY, I ADMIT IT ... I CHEWED ON ...

MY MOST MISCHIEVOUS MOMENT WAS WHEN I ...

"The best therapy happens on both ends of the leash"



The Good, the Goofy & the Oops!

I MAKE YOU LAUGH WHEN I ...

SOMETHING I LOVE ABOUT YOU IS ...

I CAN'T RESIST HAMMING IT UP FOR THE CAMERA ...



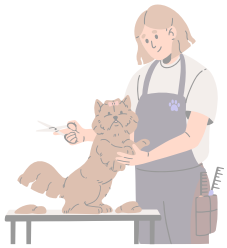
DATE: _____

SPA DAYS

I GET GROOMED AT:



WHAT I LIKE OR DISLIKE:



MY KEEPSAKES

a lock of hair - tape a clear bag here

Date taken: _____

MY PAW OR NOSE PRINT

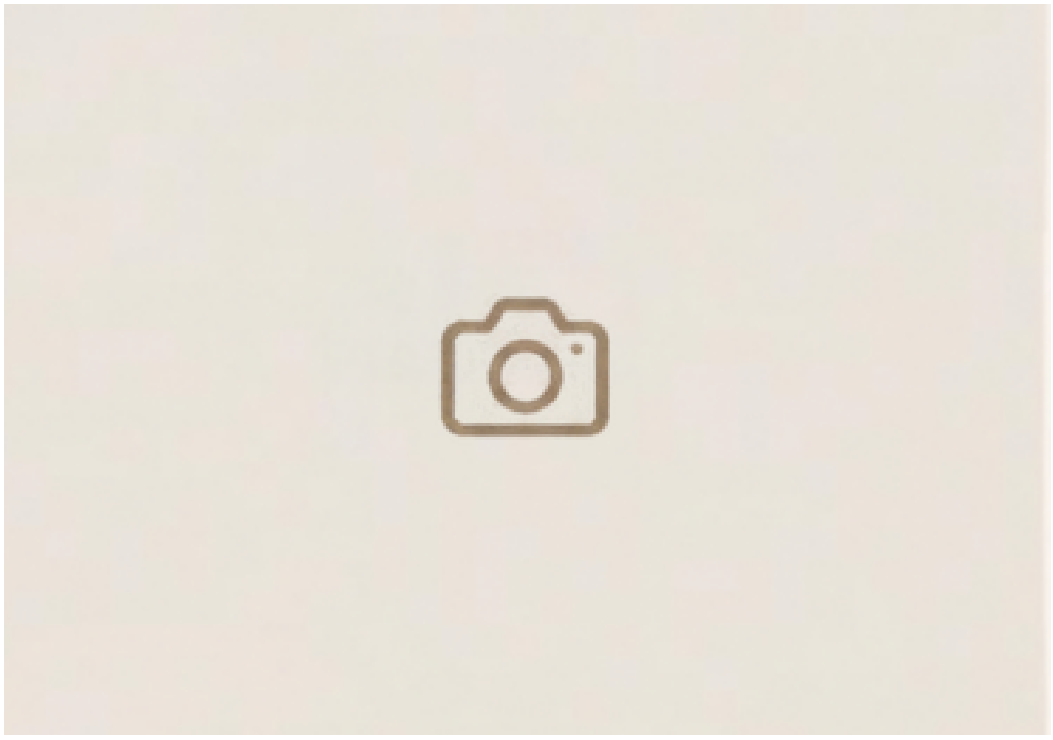


LEARNING TOGETHER

TRAINING CLASSES WE TOOK TOGETHER:

THE HARDEST THING I LEARNED WAS ...

GRADUATION DAY



DATE: _____

AWARDS & RIBBONS

AWARDS	DATES & PLACES



WHAT I THINK ABOUT ALL OF THIS ...

DATE: _____



MORE PHOTOS



DATE: _____



OUT MAKING A DIFFERENCE

DATES & PLACES WE'VE VISITED TOGETHER

"Where you go, I go - and we bring the sunshine"

MORE PLACES WE'VE VISITED TOGETHER

"Every hand I nuzzle is a heart I help"



THE VISITS I'LL ALWAYS REMEMBER

"I may be small, but my job is big"

MORE PHOTOS



DATE: _____



MAGICAL MOMENTS WHEN I KNEW I WAS REALLY HELPING SOMEONE ...

DATE: _____

"My tail knows who needs me before you do"

SPECIAL EVENTS WE'VE GONE TO ....

"Treats are nice. Being together is better"

A SPECIAL PHOTO



DATE: _____

MY TRADING CARD

FRONT

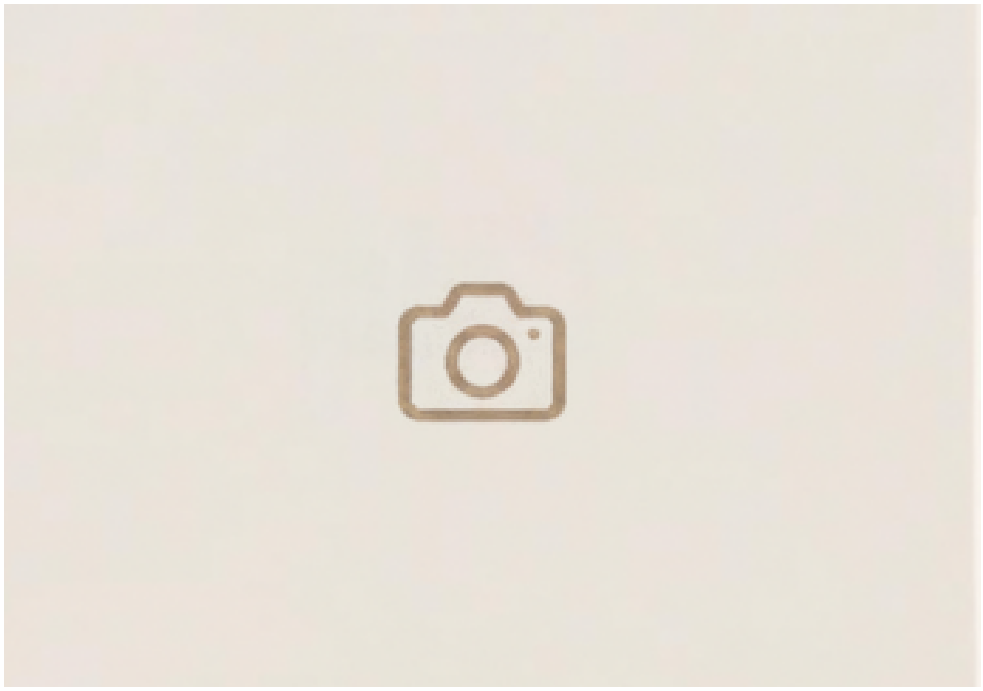
BACK

DATE: _____

TRADING CARD TEMPLATES CAN BE FOUND ON ETSY AND CUSTOMIZED USING YOUR PET'S PHOTO ON THE FRONT & INFO ON THE BACK.

SECTION TWO

WHERE WE BEGAN



DATE: _____



WHAT INSPIRED US TO START THIS JOURNEY ...

WHAT KIND OF PEOPLE WE WANT TO HELP ...

ALONG THE WAY

Next are repeatable pages to fill out monthly or after visits. **Copy** and use with the following prompts.

GROWTH PAGES

- What we've learned so far
- How we've grown together
- Our biggest win this month
- Our next goal is ...

GRATITUDE PAGES

- Today I'm grateful that ...
- My pet surprised me by ...
- I saw kindness when ...
- My favorite moment was ...



"My partner teaches me something new every day"



HOW WE'VE GROWN

WHAT WE'VE LEARNED SO FAR ...

HOW WE'VE GROWN TOGETHER ...



HOW WE'VE GROWN

OUR BIGGEST WIN THIS MONTH ...

OUR NEXT GOAL IS ...



GRATITUDE PAGES

TODAY I'M GRATEFUL THAT ...

MY PET SURPRISED ME BY ...



GRATITUDE PAGES

I SAW KINDNESS WHEN ...

MY FAVORITE MOMENT WAS ...



LOOKING BACK

Every journey has chapters, and every chapter matters. When the time comes to step back, these pages will help you to honor all that you and your partner gave, and all that you received in return.

I'LL NEVER FORGET THE TIME WHEN ...





WORDS OF WISDOM

IF I COULD GIVE A NEW PET THERAPY TEAM SOME GOOD ADVICE, I'D TELL THEM ...



TODAY'S PHOTO



DATE: _____

"We don't fix anything. We just show up, and that's the magic."



OUR LEGACY

WHAT I HOPE PEOPLE WILL REMEMBER US BY ...

"Together we're more than a team; we're a gift"



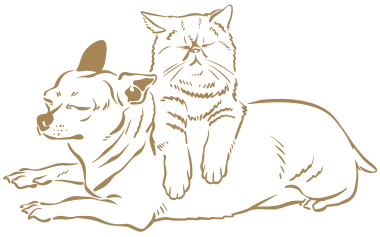
A LETTER TO MY PET

"Every visit plants a seed of comfort"

RETIREMENT

Some things to think about -

- **Our last visit was ...**
- **What I'll miss the most**
- **How my partner spends their days now**
- **What our work together taught me.**



"Well done, partner. You've earned every nap"



FINAL REMEMBRANCE NOTES

The visits may end, but the love you shared keeps going: in every smile you sparked, every hand that reached out, and every heart that felt a little lighter. Thank you for sharing. What you did together mattered.

These are the things that I want to remember ....

CONT'D

MEET THE AUTHOR

Hi! I'm Karen Simecka — retired surgical tech, pet therapy advocate, and proud mom to a great rescue dog named Tessa.

In 2025, I searched online to find a fun, easy-to-use journal to record all my experiences with Tessa and found nothing that related specifically to pet therapy.



With 35 years of experience and a love for teaching, I created this Memory Book to help you document your own journey of healing and joy — with your pet by your side. Find more resources at www.petluv.co

Leave us a photo and a quick review - email it to: karen@petluv.co and get your free gift today!

Are you thinking about pet therapy?



Whether your pet has paws, hooves, or hoppy little feet, you're in the right place.

- Are you confused by requirements?
- Are you overwhelmed by choices?
- Don't want to waste time searching for the right answers?

Unlock the Power of Pet Therapy & Learn How You Can Make a Difference Today!



Our Basics guide will fast-track you from pet lover into a confident new pet therapy team. Everything you need to succeed.

- Pet Assessment
- Research Guide
- Evaluation Prep
- Etiquette Guide
- Outreach Letters
- Stress & Body Language
- Key Questions to Ask
- Checklists & more

START YOUR PET THERAPY JOURNEY TODAY!

CLICK HERE → go.petluv.co/team

NOTES

NOTES



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The Story of You

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