

Writing Reset Snapshot

What's getting in the way and why?

A check-in for parents who want clarity about writing without labels, pressure, or guesswork.

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Part 1: What writing looks like right now

Let's start with what you notice day to day.

When your child writes, what do you notice most often?

- They struggle to get started
- They write much less than what they can say
- They rush and finish quickly
- It changes depending on the task or day

When your child has an idea, how easily does it make it onto the page?

- Easily
- With some effort
- With a lot of effort
- I'm not sure

How long does writing usually take compared to expectations?

- Much longer
- A little longer
- About as expected

What part of writing seems hardest right now?

- Getting ideas organized
- Writing complete sentences
- Spelling or mechanics
- Staying focused long enough to finish writing

Part 2: Effort, clarity, and confidence

This looks at how hard writing feels, not how capable your child is.

Is your child usually clearer when explaining ideas out loud than in writing?

- Yes
- Sometimes
- No
- I'm not sure

When writing feels hard, what does your child usually do?

- Avoid or delay starting
- Show frustration or become upset
- Ask for help
- Push through, but with difficulty

How does your child usually feel about writing most days?

- Calm or neutral
- Frustrated
- Avoidant
- Confident

After finishing a writing task, how does your child seem to feel?

- Relieved it's done
- Unsure if it's "right"
- Proud of their work
- Discouraged

Part 3: What this suggests

Based on what you've noticed, your child may be experiencing one or more of these patterns:

- Having ideas but struggling to organize or express them in writing
- Putting in a lot of effort without seeing writing feel easier over time
- Knowing what they want to say but getting stuck translating it onto the page
- Needing clearer structure and guidance, not more writing assignments

None of this points to laziness, lack of intelligence, or lack of effort.

It points to a mismatch between how writing is being asked of them and what their brain needs right now to organize and express ideas.

Next Steps

You don't need to change everything.

A helpful first step could be:

- Focusing on ideas before mechanics, when possible
- Breaking writing into smaller, clearer steps
- Noticing whether the struggle is with ideas, organization, or transcription
- Getting clarity before adding more writing practice

Support works best when it's targeted, steady, and respectful of where a child is right now.

If you'd like help applying this to your child, I offer guided support that helps you understand what's getting in the way and what to focus on next.

You can learn more when you're ready.

