

Reading Reset Snapshot

What's getting in the way and why?

A check-in for parents who want clarity about reading without labels, pressure, or guesswork.

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Part 1: What reading looks like right now

Let's start with what you notice day to day.

When your child reads, what do you notice most often?

- Rushing to finish
- Moving slowly or seeming unsure
- Reading smoothly but struggling to explain
- It changes day to day

After reading a short passage, can your child usually explain it in their own words?

- Yes, most of the time
- Sometimes
- Not really
- I'm not sure

How much effort does reading seem to take?

- A lot
- Some
- Not much

Reading mistakes usually look more like...

- Guessing or skipping
- Sounding out but losing the sentence
- Reading accurately but missing meaning
- A mix

Part 2: How reading connects to writing and feelings

This looks at how hard reading feels, not how capable your child is.

When your child writes about what they read, what happens most often?

- Ideas are hard to get onto the page
- Writing doesn't match what they understood aloud
- Writing takes longer than expected
- They avoid it

Is your child clearer when explaining ideas verbally than in writing?

- Yes
- Sometimes
- No
- I'm not sure

How does your child usually feel about reading on most days?

- Calm or neutral
- Frustrated
- Avoidant
- Confident

When reading feels hard, what do they tend to do?

- Shut down
- Push through upset
- Ask for help
- Guess and move on

Part 3: What this suggests

Based on what you've noticed, your child may be experiencing one or more of these patterns:

- Working very hard but not seeing results stick
- Understanding ideas better than they can show on paper
- Using guessing as a survival strategy
- Needing clearer structure, not more work

None of this points to laziness or lack of ability.

It points to a mismatch between how reading is being asked of them and what their brain needs right now.

Next Steps

You don't need to change everything.

A helpful first step could be:

- Slowing the pace
- Asking for meaning before accuracy
- Noticing whether the struggle is with words, memory, or organization of ideas
- Getting clarity before adding more practice

Support works best when it's targeted, steady, and respectful of where a child is right now.

If you'd like help applying this to your child, I offer guided support that helps you understand what's getting in the way and what to focus on next.

You can learn more when you're ready.

