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Guaranteed

A "HI"

WON'T HURT

HOW TO 10X YOUR DATING
VOL. 1

CHRISTOPHER PORTER

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CHAPTER 1

THE BEGINNING

START WHILE SCARED



CHRISTOPHER PORTER

The Beginning-Start While Scared

Hey!

Let's kick things off with a quote from the legendary Nelson Mandela: "I learned that courage was not the absence of fear, but the triumph over it." Wise words, right?

So, congrats on picking up this guide! The goal here is simple: to help you snag a date within the next 6 days. Why six, you ask? Well, because no matter when you start reading this, chances are you'll bump into a woman within that timeframe.

Now, before we dive in, let me make one thing clear: I'm not some fancy writer. Nope, I'm just a regular guy like you who's been through the wringer and figured out a few tricks along the way. This guide is all about showing you how to meet women without getting bogged down by spelling or grammar errors. After all, our aim here is to "meat" a woman, not to grade papers. (See what I did there? 😊)

Relationships can be tough, huh? We've all got our hurdles to overcome, but fear not! I'm here to keep things simple and straightforward.

So, get ready for some out-of-the-box sh*t! It's time to shake things up a bit and step out of your comfort zone. Think of this less as a traditional guide and more like a friendly stroll through some unconventional tactics that helped me change my perspective on the dating scene.

Now, let's talk about those pesky "Too Issues." You know, the ones we all love to moan about — Too Broke, Too Tall, Too Short, and so on. But here's the thing: most of these are just self-inflicted wounds. They're barriers we put up ourselves, often rooted in self-esteem issues. As the great Katt Williams once said, "Self Esteem is Esteem of your muthafu@\$in self!"

It's time to stop letting these "Toos" hold you back from finding the partner you deserve. Trust me, I've been there. My own hang-ups about my height and weight almost stopped me in my tracks. But then a friend hit me with a reality check: if I were 6'2" and perfectly toned, would I suddenly have the love life of my dreams? Probably not. The real issue was me.

So, forget about dwelling on your physical attributes. Instead, focus on honing your communication skills, sprucing up your wardrobe, and boosting your confidence. Remember, 100% of the women you don't approach won't go out with you! It's as simple as that.

And hey, here's a little stat to chew on: only 28% of women are actively seeking that "Tall Dark and Handsome Man." So, why stress about meeting some impossible standard? The majority of women are indifferent to all that. It's liberating, isn't it? Now, it's just about making that first move, which, believe it or not, is often as simple as saying hi.

Alright, enough pep talk. Let's get down to business and give you the tools you need to make things happen. Ready? Let's do this!



CHAPTER 2

ONE DAY OR DAY ONE

PHASE 1: A HI WON'T HURT.

CHRISTOPHER PORTER

If it's been a solid six months since your last date—or heck, if you can barely remember the last time you even had a date—then this phase is tailor-made for you. And hey, if you're still hung up on an ex who's long gone and moved on with their life, guess what? You're in the right place too.

Now, let's talk about your mindset when it comes to women. Are you putting them up on a pedestal, thinking they're some untouchable beings? Or maybe you're just scared to death of hearing that dreaded word: "no." Well, guess what? Women are just people, my friend. They're out there looking for the same things you are—love, connection, and a decent human being to share it all with.

So, repeat after me: they want a "good" guy. They want love. And you know what? You've got what it takes to be that guy. It's all about shifting your perspective and realizing that you're just as worthy as anyone else out there.

Ready to shake off those doubts and dive back into the dating pool? Let's do this!

Fear

If you're reading this book, chances are you're having a bit of trouble talking to women. No shame in admitting it - fear's usually the culprit. Maybe you're scared they won't give you the time of day, or maybe you're worried they'll actually talk back and you'll draw a blank.

Some men have a fear that if they talk to a woman, she is going to scream and yell RAPE, and pepper spray him, and as he falls to the ground other people will scream and yell PERVERT, and a random dog will run up and bite me on the arm, and a kid will yell at me while dumping a Slurpee on me and by that time the cops will have arrived and tased me and arrest me... This is an unrealistic fantasy that would run through my head when I saw a woman I wanted to talk to. Ridiculous right? If you're thinking that's ridiculous then you're almost there.

So, let's kick things off with what I like to call the "Hi won't Hurt Method." It's simple - there's zero chance of rejection. Imagine you're at BestBuy and you see a woman browsing laptops. You stroll up and casually ask,

"Excuse me..Sorry to bother you..Have you ever used an Apple Laptop...I was thinking about getting one for my nephew?" It would help if she's looking at Apple laptops. See, no pepper spray, no taser, no drama.

Just a casual chat. . Just a woman answering an innocent question and possibly engaging with a cool guy she wouldn't normally get to talk to. Habits make the man "You get what you repeat."
~Atomic Habits Just like anything you want to do, whether it's losing weight or saving money, you have to build up a habit. And the habit you're going to build in this case is Talking to women or affectionately known as "Opening" women. Remember I said "Open" means to engage, or talk to.

Now, here's a challenge: if it's daytime and you've got the chance, start practicing right away! Maybe you're out for lunch and spot a lady at the next table. Give her a friendly "Hi" with a smile, or a casual "How ya doing?" and keep it moving.

Consistency is key. Do it often enough, and in no time, it'll feel as natural as brushing your teeth in the morning. Trust me, after a while, not saying "hi" will feel weirder than skipping

a day at the gym. So, let's get that habit rolling!

Let's Ramp it up a Bit

Alright, let's step it up a notch with the Advanced "Hi won't Hurt" technique. If you're cool with just saying hi, we can add a little spice to it by throwing in an environmental or observational question. Some folks call these situational openers, and they're gold for sparking conversations.

If you are at a fast-food place you can ask about a menu item. If you are at BestBuy and both of y'all are looking at printer ink, then you can ask if they ever used the cheap printer ink?

If you find yourself at a fast food joint, you can say "Sorry to bother you, but I see you got the Chicken sandwich. Is it good... I was thinking about getting it next time I was here." But I'll go more into it in the next section.

The most important thing about this section is getting used to talking to women. They are just people, not some magical being with the power to let other women know you're trying to pick them up. There's no APB that's going to go out letting all women know that one woman doesn't want to talk to you. LOL.

I know a guy that made sure he talked to at

least 2 women a day for a year till he felt comfortable talking to just about any woman. This is not a destination, but a journey. Just like anything else that's good for you, you have to make it a habit.

As I'm writing this, I'm in a cafe, and I made a point to talk to 2 women about nothing. (Is that a Dell, do you like it? I was thinking about getting one.) The next one was a beautiful blonde and we were in line and I asked, "Have you ever had the Ham and Cheese from here...I was thinking about getting it?" You can do that over and over again. It would get old to you, but not to them. They don't know you asked 3 other women that same thing earlier today. Just talk to THEM!

Talk to the lady on the other side of the gas pump when you're getting gas. "Hi,,,Is that an Altima? How do you like it?" If you're at Starbucks waiting on your coffee and a lady is waiting next to you say "Hi, I don't mean to bother you, but have you tried the cold foam?...is it good?"

"Excuse me...that's a really nice necklace you have on..I bet someone must have thought you were special to give you that" (Later I will tell you what to say to keep the conversation going) For now your only objective is to talk to 10 women in the next 2 days.

CHAPTER 2 ONE DAY OR DAY ONE

If you don't have problems doing this you can skip this section. But I wouldn't recommend it.

Just do it! It will get easier.

Read to the end to get great bonus observations!



CHAPTER 3

CLEAN UP ON AISLE 5

FIND YOUR HUNTING GROUNDS
WHO TO TALK TO?
THE FORMULA
IMPROV
NO PRESSURE



CHRISTOPHER PORTER

Clean Up on Aisle 5

Ok, let's put it all together. An amazing method of meeting new women is called "Clean up on Aisle 5" which if you haven't guessed. It's meeting women at the grocery store. Now this is not just walking up to a random woman at the grocery store and saying "Hey Baby, nice melons". It's a lot more advanced and calculated than that.

Before we start, let's do some housekeeping.

Rule #1 Don't go to a grocery store you frequent a lot to pick up women. You are picking up women, you're not trying to get a good deal. Here in Texas, we have what's called "Whole Foods". Literally the most expensive grocery store around, but the women in there either have money or really care about themselves or both.

Also, you don't want 2 female friends saying they met a great guy, and very accurately describing you. Actually, you are going to pick 5 grocery stores in your area or further out. I've gone to more affluent areas and explored diverse neighborhoods to widen the chances of meeting someone new.

Rule #2 Don't go to the same store 2 days in a row. Oh did I mention that you will be meeting women on a daily basis? Anything practiced will be perfected. Ha! I just made that up! The more women you meet, the more comfortable you will become meeting women. Most people shop for the week. You will be shopping for the day until you get some practice under your belt. And then you can maybe do it every other day.

Rule #3 If you "Close" a girl or get a girl's phone number. The game is over. Finish your shopping and leave. You don't want to get caught talking to multiple women in the same location! It just looks bad.

Let's get to it!

Find your hunting grounds. Google maps is your friend.

Find yourself a series of 5 stores. Remember all stores are not created equal. Some stores are in poorer areas, which means girls there may not be the wealthiest. But if you want a hood chick then go for it!

So find a store that you are comfortable in Once you're at the store. Most stores have a natural flow to them. One secret is you're going to go against the natural flow of the store.

This allows you to be facing most women you come across. This also allows you to see if women do a double take. Double Take: to look at someone or something and then look again because you suddenly recognize them or it or notice something you like or admire. Which is a huge Indicator of interest or (IOI)

Who to talk to?

Looking for a woman to engage. This is the difficult part for some. Just like art, attraction is subjective. You should be true to yourself. Look for a woman you like, Look for a woman you could see getting to know and spending time with. You're not looking for perfection. You're just looking for someone who is interesting and attractive to you.

What to do once you spot someone you want to talk to?

First verify she is not on the feminine hygiene aisle. Because you don't want to both be grabbing at the same Maxi pads, with wings. What that means is there is nothing you can act like you're buying at the same time on that aisle. Next try to walk down the aisle where you're facing her. Women in general don't like strangers walking up behind them. Most people like to see you coming.

The Formula

Here's the formula. "Excuse me...Sorry to bother you, but do you know if this XXXX is any good? Or "Excuse me...Sorry to bother you, have you ever used this XXXX? Or "Sorry to bother you, you look smart, can you recommend a good XXXX? Or "Sorry to bother you, you look pretty smart, is this XXXX any good?"

If she's looking at corn, you be looking at something besides her like canned veggies. Grab a can of corn and look at it and then look at her and say "Excuse me...Sorry to bother you, but do you know if this Corn is any good? Or "Sorry to bother you, you look pretty smart, is this corn any good?"

At this point, you're looking for subtle cues of IOIs. (Indicators of Interest). 90% of women will answer the question. It's only polite. But certain women will show interest, not only in the conversation but also in you. If she just answers the question and moves on quickly, just say thank you and continue shopping. If she answers the question in detail, it may be ok to continue the conversation. If she answers the question in detail and makes a lot of eye contact. You can definitely continue the conversation!

At that point, you just have to use your powers of observation and say something about what she has in her basket or about what she's wearing.

So if she has on a ring, you could say "That is a really nice ring, someone must've really thought you were special to give you that?" At that point, she will let you know if someone thought she was special (a significant other) or if she says she bought it for herself, which is possibly a way for her to say "keep talking to me."

Improv

Sometimes, you have to be quick on your feet. For example, I was at the store the other day and myself and a pretty 30 something lady were on the alcohol aisle, and she looked at me with the slightest almost imperceptible smile and continued looking at some wine. I then said. I may need your help later... she paused with a little concern on her face and said "with what?" I said I may be too young to buy this wine and may need you to buy it for me. Of course, her concern turned to a laugh and she then said "I don't think you're too young to buy the wine, But I got you." Then she laughed. At this point I will introduce myself.

This is nothing fancy. You're not going to hit a homerun every time. All you're looking for is a base hit. A little chit-chat. This creates connections. Which creates an exchange of contact information. Which creates dinner, which creates the neighbors calling the cops for a noise complaint of the headboard hitting wall...im just saying ACTION!

No Pressure

Important side note.. Let go of the outcome, trust the process. Just learn, Just talk to women. Just be willing to observe what happens when you talk to women. No matter what happens, remember she is not rejecting you. Regardless of the result, remind yourself that her response is not a reflection of your worth or value as a man. She could be having a bad day. She could just be a sucky person. People's choices are often shaped by their own experiences, emotions, and circumstances, which may not always align with our expectations. Instead of dwelling on perceived rejection, go to the next beautiful soul. Give them the opportunity to know you. I guarantee there are a few out there that would kill to be with you!

Now it's one thing to chat with a beautiful woman, it's another thing to get her number or keep in contact with her. This is where "closing" comes into play.

CHAPTER 4

CLOSING

MASTER THE ART OF GETTING HER
NUMBER WITHOUT CREATING
PRESSURE

CHRISTOPHER PORTER

Closing with Confidence: Master the art of getting her number without creating pressure. Closing is a sales term; its short for “closing the deal”. If you do the first part right, she might close you. But more often than not you will have to close her. Which is fine. Here's how you do it.

Present the idea of exchanging contact information as a natural continuation of the conversation. Remember, she's used to “can I get your number?” she's used to saying no, or I have a boyfriend. So let's take that question out of the equation. Instead, we are going to use a subtle suggestion like, “I've really enjoyed talking to you...can you suggest a way we can talk again?”

Or A little more advanced: “Its been a while since I've had such a good conversation with someone...you dont meet too many people you connect with.” “Can you suggest a way we can connect again?”

Both ways are not asking her to say yes or no. Remember, You didn't ask her if you can have her number. Again nothing to say no to. You gave her an assignment. You're telling her to

suggest a way she can talk to you later. You're telling her to suggest a way she can get some more of this good conversation. LOL

Remember, these steps are designed to help you build connections naturally and confidently. If you did the meet and engage part correctly she is subconsciously waiting for you to ask her for her number. Feel free to adapt these techniques based on your own experiences and preferences!

In the meantime, let's look at self-care and personal development.



CHAPTER 5

**SELF-CARE AND STUFF:
THE STUFF THAT DOESN'T MATTER,
BUT MATTERS!**

APPEARANCE
STEP OUTSIDE YOUR
COMFORT ZONE
CELEBRATE YOUR PROGRESS

CHRISTOPHER PORTER

Self-care and Stuff: The Stuff that Doesn't Matter, but Matters!

Before we start, appearance matters but don't let it stop you from talking to a woman right now. There are a ton of women out there right now that will talk to you just the way you are. Just like you may have a dream car you love, but if it's dirty, needs to be vacuumed, and needs armor all, you can still see a ton of value in it just the way it is.

Appearance

Having on decent clothes just makes it easier to talk to women. It gives you a little bump of confidence. But if you know who you are, and are confident, the clothes, the haircut, the shoes, none of it matters.

If you're not confident yet, then spruce up your outer appearance. Get a nice haircut. Spend more than \$50.00 on your shoes.

Dressing well and grooming are essential aspects of presenting yourself confidently to the world. And let's face it, it makes you feel good when you look good.

Here are some practical tips to help you look and feel your best while engaging women:

Know Your Body Type: Understand your body shape and choose clothes that flatter it.

Clothes that fit well will always make you

look better than those that are too tight or too loose.

Invest in Quality Basics: Build a wardrobe with high-quality basics like well-fitting jeans, a versatile blazer, classic shirts, and comfortable shoes. These pieces can be mixed and matched to create various outfits for different occasions.

Find Your Style: Experiment with different styles until you find what makes you feel most comfortable and confident. Whether it's classic, casual, or trendy, embrace what resonates with your personality.

Pay Attention to Details: Details like properly ironed clothes, neat hair, trimmed nails, and polished shoes can make a significant difference in your overall appearance. These small efforts show that you take pride in your appearance.

Accessorize: you can dress an outfit up or down with accessories like belts, watches, scarves, or hats. Choose accessories that complement your outfit and add a personal touch to your style.

Develop a Grooming Routine: Regular grooming habits like shaving, trimming facial hair, moisturizing, and keeping good hygiene contribute to a polished appearance.

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Establish a grooming routine that works for you and stick to it.

Visualize Success: Use the power of visualization to imagine yourself succeeding in challenging situations. Picture yourself approaching a woman with ease, engaging in an enjoyable conversation, and building a meaningful connection. Visualizing success can help reduce anxiety and increase confidence when faced with similar real-life scenarios.

Step Outside Your Comfort Zone: Growth and confidence often occur outside of your comfort zone. Challenge yourself to try new experiences, meet new people, and take calculated risks. Embrace discomfort as an opportunity for growth and learning, and celebrate your courage and resilience along the way.

Celebrate Your Progress: Celebrate your progress and achievements, no matter how small. Acknowledge the steps you've taken toward building confidence and pursuing your goals, and celebrate your growth and development along the way. Recognize that confidence is a journey, not a destination,

and embrace the process of continuous learning and self-improvement.

CHAPTER 6

CONCLUSION

NOT THE END

CHRISTOPHER PORTER

Conclusion:

Congratulations! You've reached the end of "A "Hi" Wont Hurt: 10X Your Dating in the Next 6 Days."

You've embarked on a journey to transform your dating life by overcoming fears, building confidence, and mastering the art of engaging with women at the Grocery Store. Remember, dating success is not about conforming to unrealistic standards or magically transforming yourself overnight. It's about embracing who you are, enhancing your strengths, and continuously learning and growing.

By acknowledging and addressing your fears, such as the fear of rejection or inadequacy, you've taken the first step towards personal growth. As Nelson Mandela wisely said, "Courage is not the absence of fear, but the triumph over it." Every interaction, every "hi," every conversation is a triumph over fear, bringing you one step closer to your dating goals.

You've learned that approaching women is not about being flawless or conforming to societal ideals of perfection. It's about authenticity, genuine connection, and just chatting. You've discovered that rejection is not a reflection of your worth, but merely a part of the dating process. Every rejection is an opportunity to learn, grow, and refine your approach.

Through practical strategies like the "Hi won't hurt" method and the "Clean up on Aisle 5" technique, you've gained valuable insights into initiating conversations and creating meaningful connections. You've learned to let go of the outcome, trust the process, and embrace the journey of self-discovery and personal development.

As you continue your dating journey, remember to prioritize self-care and grooming, not as a means to conform to societal standards, but as a way to express your unique personality and feel confident in your own skin. Whether it's choosing clothes that flatter your body type or practicing good grooming habits, remember that confidence is the most attractive quality you can possess.

Ultimately, dating is not just about finding a partner, but about Discovering a new version of yourself. As well as building meaningful connections, and embracing life's adventures. So go forth with courage, authenticity, and an open heart. The possibilities are endless, and the journey is yours to embrace. Here's to a future filled with exciting encounters, genuine connections, and love in abundance.

Best of luck on your dating journey, and may you find joy, fulfillment, and companionship along the way. Remember, you're worthy of love, and your story is just beginning.

Happy Hunting!

BONUS

CHRISTOPHER PORTER

BONUS

When walking up to women, the following are good observations you can use to start conversations:

- I love your tattoo..That is very nice work, where did you get it?
- I like that Hat..where did you get it?
- That's a nice sweater. I can tell you have a great sense of style.
- I like those (something she's wearing that she picked out), you have an amazing sense of style.
- Sorry to bother you... but I just had to stop you and tell you that you have amazing energy!"

Most of these conversation starters may sound stupid to you because you're a guy. A woman's ear is tuned differently. She wants the compliments, she wants people to notice the necklace and the fashionable hat. When you're fishing with the right bait, it doesn't taste good to you, but to the fish, it does.