



DAILY GODDESS RITUALS BUNDLE

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— 02 Awaken The Feminine *Meditation*

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02 Ritual Space Initiation

ACCESS VIDEO VIA
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Create a small space in the northeast direction complete with objects you value or if they symbolise spirituality For example totems, crystals, idols etc.

- If you already have space dedicated to spirituality in alignment with your spiritual beliefs keep utilising that.
- Add a candle (the best one you can think of).
- Burn the candle at the start of the meditation session and blow it off at the end.
- A few inspirations are below.
- It can be as minimal, simple, and colourful as you want.
- But keep it clean and respect the space.



— 03

Goddess Body Ritual

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Abhyanga, an ancient Ayurvedic practice, transcends the mundane act of self-care to become a sacred ritual of self-love and inner beauty. In the realm of goddess rituals, Abhyanga is more than a physical practice; it is a journey of self-discovery and empowerment. Through this sacred ritual, one unlocks the hidden reservoirs of beauty that lie within, not just in appearance, but at the level of your soul.





Conclusion

I invite you to carry what you've learned and apply it to your daily life. Through these simple shifts you are inviting the sacred essence of divine femininity, miracles and magic in your life. You can be and have it all.
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To go on an in depth journey of unlocking mysterious realms of vedic goddesses and infuse divine frequency of grace, beauty and soul book your heart to heart chat with me [here](#)

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