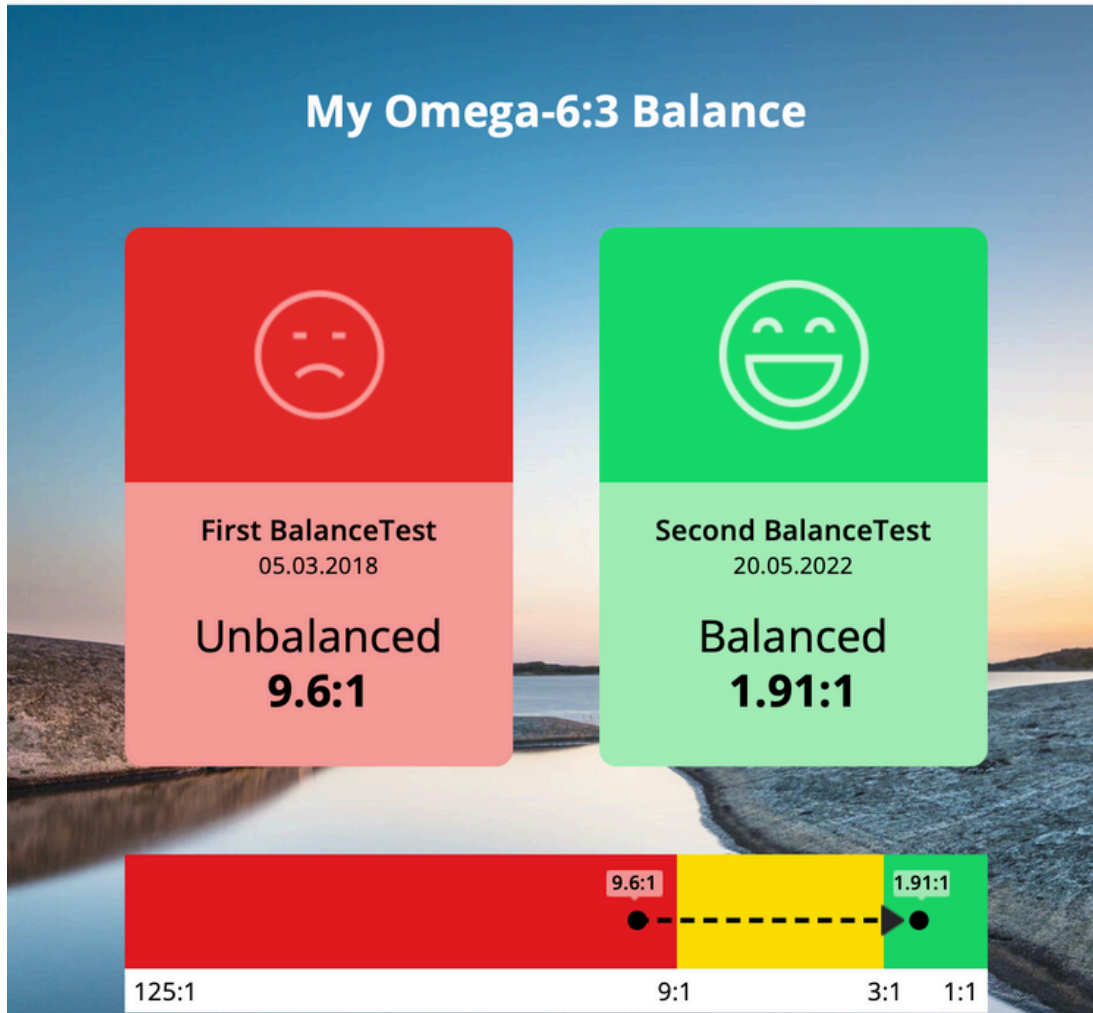


Discover Your Body's Inflammation Levels and Take Charge of Your Health

ZINZINO



BALANCE

INSPIRE
CHANGE
IN LIFE



Why Reducing Inflammation Matters

Inflammation is the body's natural response to injury or illness, but when it becomes chronic, it can contribute to a range of health issues, including fatigue, joint pain, weight gain, and even more serious conditions like heart disease and diabetes.

Understanding and managing your inflammation is key to long-term wellness.



What is Balance Test?

This test analyzes key biomarkers in your blood to provide a detailed picture of your overall health and wellness. By assessing these markers, we can uncover critical insights about your body:



- Inflammation Levels: Identify hidden inflammation and its potential impact on your health.
- Protection Over the Last 4 Months: See how your body has been managing stress and other health challenges.
- Nervous System Health: Understand factors affecting sleep, concentration, and stress resilience.
- Cardiovascular Health: Assess risks and take proactive steps to protect your heart.
- Cell Membrane Function: Discover your body's ability to eliminate toxins and efficiently absorb essential nutrients from food and supplements.





Gut Health Test

At-home finger-prick test that reveals what your gut bacteria are producing—and how its metabolic activity is impacting your hormones.

Order Your Test



The Gut-Hormone Connection

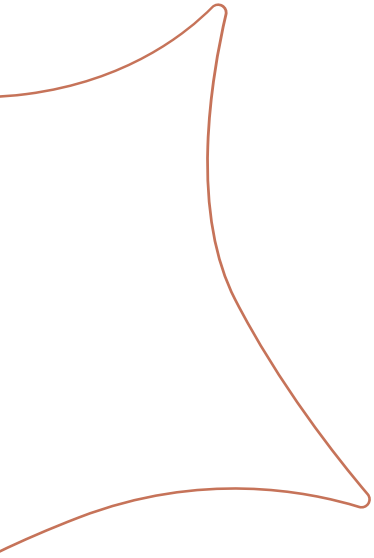
When your gut microbiome is off, it creates inflammation that disrupts estrogen metabolism, cortisol levels, and insulin sensitivity—all key players in PCOS and painful periods.

WHAT YOU GET: ACTIONABLE INSIGHTS

- Gut Health Index – an easy-to-understand summary of your gut-microbe immune metabolite balance.
- IPA levels – metabolite produced by beneficial gut bacteria
- Key metabolite ratios (TRP, KYN) – inflammation indicators
- Personalized recommendations – science-based guidance on diet and lifestyle to help improve or maintain your results over time.

Take the First Step

Toward Better Health Today!



Your Personalized Inflammation Solution

- **Step 1: Take the Balance Test**

Gain insights into your unique inflammation profile and understand your body's specific needs.

- **Step 2: Get Tailored Recommendations**

Work with Marcela, a wellness professional to interpret your results and create a personalised plan, including dietary adjustments, supplements, and lifestyle changes.

- **Step 3: Track Your Progress**

Monitor your inflammation levels and overall health over time to make continuous improvements.



Try Today

£ 1.78 a day



INSPIRE
CHANGE
IN LIFE

HEALTH

Which Omega 3 are you taking?

Balance shot

Brings your cells into balance

AQUA shot

great for children

VEGAN shot

Marine algae

Premium Balance shot

4x stronger with protection of blood lipids from oxidative damage

One of your 5 a day

Reaching a balance between Omega-6 and Omega-3 is the first step to feel good, stay fit and be healthy.



Reduce Inflammation Naturally

BALANCE SHOT

Having just one shot a day supports your brain, skin and internal organ function

The polyphenols bind to the Omega-3s and act as effective antioxidants, preventing the lipids from oxidating.

£1.20 a day



Lemon, Orange, Mint flavour

Balance shot

Great choice to start the journey

AQUA shot

great for children
faster absorption

VEGAN shot

Marine algae

Premium Balance shot & soft gels

4x stronger with protection of blood lipids from oxidative damage

Marcela Llerena

Feminine Flow

07910 888 251

www.zinzino.com/2017752495

£1.13 a day

AQUA SHOT

BalanceOil+ that contains Aquacelle, a unique natural emulsifier that dissolves BalanceOil+ in water or any cold liquid. Almost all of the taste and the texture from the oil disappears and in many cases the absorption of Omega-3 actually increases.

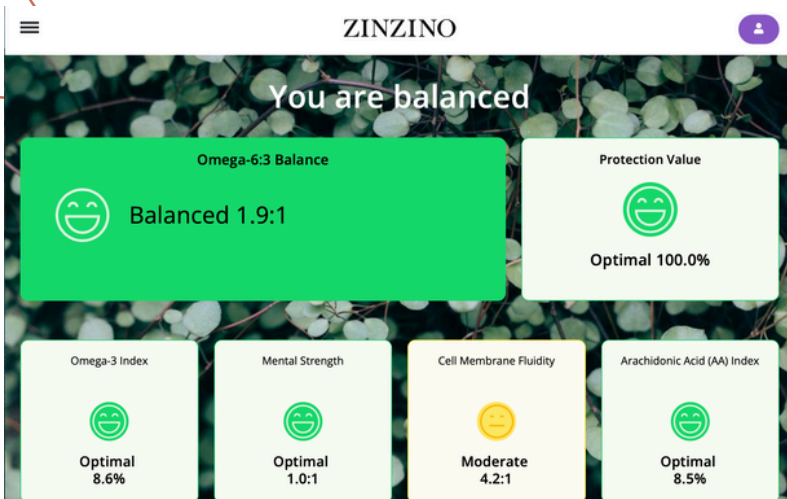


Vegan Shot

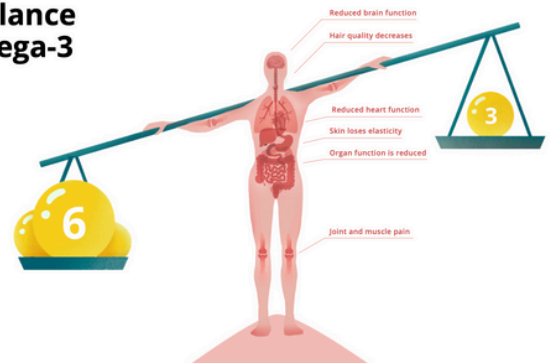
The polyphenols bind to the Omega-3s and act as effective antioxidants, preventing the lipids from oxidating.

The first bio-alternative on the market, certified by The Vegan Society. An all-natural blend of marine micro-algae oil, extra virgin pre-harvest olive oil, Ahiflower® seed oil and vegan vitamin D3.

£ 2.22 a day



In conclusion: we lack key nutrients and have an **imbalance of Omega-6 to Omega-3**



Marcela Llerena
www.zinzino.com/2017752495

Your gut will

thank you

Gut health is closely linked to inflammation. Prebiotics can improve gut function and reduce inflammatory markers.



Prebiotic drink

Nurture your gut health with ZinoBiotic+, a carefully crafted blend of **eight natural dietary fibers** designed to support the growth of beneficial gut bacteria. This unique formula promotes healthy bowel function, helps repair leaky gut, reduces blood sugar spikes after meals, and supports the maintenance of healthy cholesterol levels.

**Inspire
change
in life**