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Cameal Sinclair

***Align. Restore. Mobilize.***



**Cameal Sinclair** MScPT, HKin, MCPC

Whole-Person Leadership & Recovery Specialist  
| Minister | Speaker | Author

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## About Cameal

Coach Cameal has over 15 years of experience in teaching and mobilizing individuals and leaders, witnessing transformative journeys along the way. She authored "Mobilize to Freedom: 10 Transforming Concepts about the Kingdom of God" and, as a Whole-Person Leadership & Recovery Specialist, specializes in creating safe spaces for leaders to establish empowering beliefs, overcome limiting mindsets, and achieve lasting breakthroughs, especially during times of change.

Her passion lies in helping leaders embrace their Kingdom identity and sonship and lead with vitality in all aspects of life. After navigating her own successes, failures, and burnout, she transitioned from a successful career as a physical therapist and clinical instructor at the Northern School of Medicine to support kingdom leaders. She empowers individuals dealing with change, self-doubt, and leadership challenges with clarity and confidence. In her spare time, she enjoys coffee, reading, planning trips, or sharpening her skills for family game nights.

**Start Mobilizing with a Clarity Call:** <https://www.camealsinclair.com/contact>