



INTRODUCTION TO THE MILKY WAY GALAXY

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EBOOK: Introduction to the Milky Way Galaxy

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The *Purpose* of This Book

This book is an introduction to the Milky Way galaxy. It describes the 10 root races that gave rise to all other races in the galaxy, how the Galactic Federation is organized, and the purposes of the Federation. It also presents to you the concept of a galactic human being – a Being on the Earth with the consciousness that he or she is a galactic citizen on Earth to fulfil a specific role and purpose. Lastly, we suggest some further actions should you wish to delve further into your galactic self and the nature of the galaxy.

The hope of this book is that you get a small glimpse into what lies beyond the small confines of Earth.

Enjoy this very first step that you are taking into exploring the galaxy!

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Chapter 1

The 10 Root Races of The Galaxy

What are root races? How are they different from regular star races?

Star races are the different species of beings that are in the galaxy. As far as the Galactic Federation is aware of, there are more than 100,000 star races in the Milky Way.

Each of these star races has its own unique characteristics, planet of origin, and evolutionary path.

While there may be a very large number of star races, all of the 100,000+ star races originate from only 10 root races, from which they all branched out.

In this chapter, we will talk about each of the 10 root races, who they are, what they look like, and what unique characteristics they have.

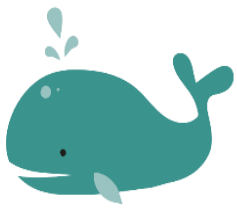
1: The Cat Nation

As their name suggests, the Cat People have some of the facial features we associate with Earth cats, such as pointed ears, feline contours, small stump noses, etc. Their faces aside, the rest of their body resembles earth cats a lot less. The Cat People are much larger



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than earth cats — in terms of their height, they can go up to the waist or neck of an average human. They are two-legged and have slim bodies.



2 : The Dolphin and Whale People

The Dolphin and Whale People are a large group of species that evolved from planets that revolve around both suns of the Sirius system. The Water Creatures spend their entire lives in water and have thus become masters of waves. We are familiar with them in their Earthly incarnations as dolphins and whales of our planet.

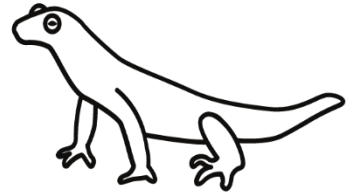
3 : The Gigantic Bird People

The Bird People are flying creatures that are masters of the air element. They understand how air works, its properties, and how to use the element of air to heal and shift things. They originated from a planet that orbits a red dwarf sun on the edge of the Milky Way.

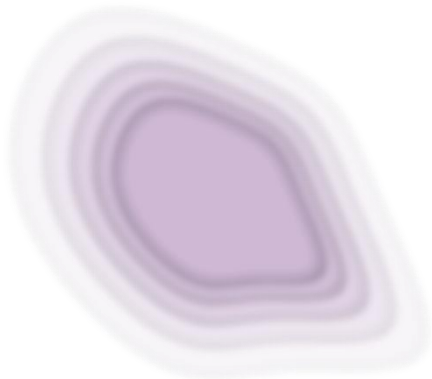


4 : The Snake/Reptile-Like People

As their name suggests, these beings have some distinct characteristics that are very similar to those found in earth snakes and reptiles. They are extremely good at burrowing into hard surfaces and solid matter. Their bodies are made of high density matter, which allows them to stay very connected and grounded to the planet wherever they are, whichever planet they are on. They originated on an extremely large planet (a planet with very large mass) that orbits a sun close to the centre of the galaxy.



5 : The Amorphous Creatures



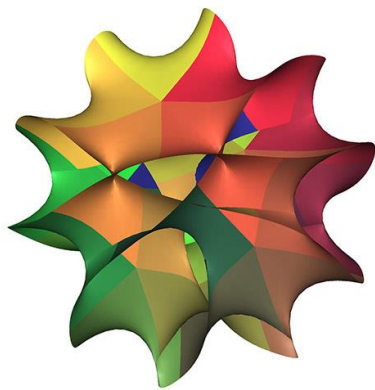
The Amorphous Creatures have no regular shape or form. They originated from a fluid-like/gaseous planet that has a gaseous core, a gaseous atmosphere, and no land. Their planet of origin is tiny by galactic standards and does not therefore have enough mass and gravity to coalesce matter in its atmosphere into solid land. The Amorphous Creatures have therefore evolved into a fluid form where they are able to shape-shift at will, taking any form they wish at any moment.

6 : The Ain-tiop-eans

The Ain-tiop-eans are extremely solid creatures that do not reflect any light. They hence have an extremely dark appearance and are not easily seen with the naked eye. Despite their appearance (which may give the mis-impression that they are dark beings), they are actually extremely warm-hearted and welcoming people -- if you can see enough of them to interact and have a conversation with them.



7 : The Kree-keon-eans



The Kree-keon-eans are higher dimensional beings, hence it is not easy to perceive what they actually look like from the third dimension (to imagine the difficulty of this, try to visualize what a four-dimensional sphere looks like from the third dimension – it is challenging!). They do sometimes take an interest in third-dimensional affairs and peek into the third dimension. They are an extremely ancient race that sprung up back when the Milky Way was in the early stages of its formation.

8 : The Krate-tair-mair-zians

The Krate-tair-mair-zians are extremely large water creatures that can grow to the size of multiple large buildings on Earth. They live all their lives in the oceans of their planets of origin, which are located quite close to the center of the galaxy. They are an extremely warm-hearted, peaceful and centered civilization.



9 : The Reptilians

They are extremely slime-y and scaly creatures (physically). Despite conventional stereotypes, they are neither good nor evil, though it is true that they can sometimes be hostile to other races. A salient characteristic of Reptilians is that the temperature of their blood and body fluids is lower than the ambient temperature so Reptilians always seem cold (physically) relative to their environment.





10 : The Humanoids

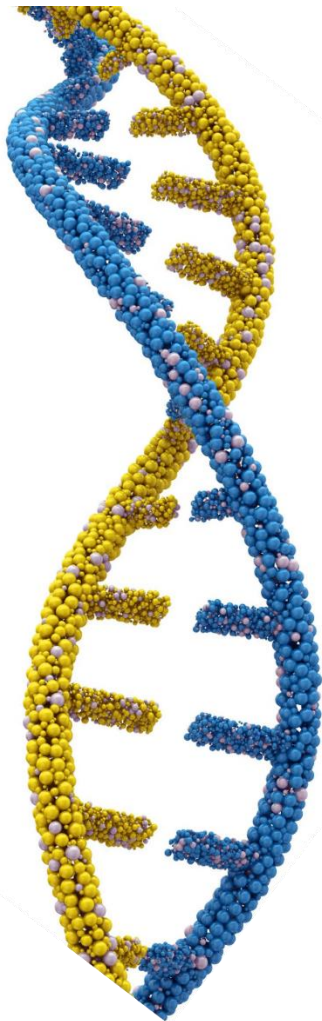
These are ancient predecessors of human beings who originated in the Pleiades system. Our original ancestors were created in the Pleiades by higher beings that we in our current consciousness think of as being god-like. Our original ancestors looked very much like modern humans, with two eyes, two hands, two feet. They were a “blank canvas” that the creator-gods added qualities into. These qualities form the original blueprint for our evolution.



These 10 root races give all lifeforms in the galaxy their base DNA. In other words, their genes provide the original template for the evolution of all the lifeforms in the galaxy. These root races have branched out and hybridized with one another into more than 100,000 races (and counting) that populate the Milky Way till today.

Modern Human DNA

& Modern Humans have genes from all the 10 root races!



FACT

The baseline DNA of human beings comes from the humanoid root race (Root Race No. 10) which was created in the Pleiades star system as a blank template into which the qualities of other races in the galaxy could be inserted. So in a sense, human beings are a genetic experiment – we were created with a very large amount of love by extremely powerful Beings (that we think of as gods) who spliced the DNA of different races into the blank template of the humanoid form.

As you were reading the descriptions of the 10 root races, **you may have found yourself resonating with the descriptions of some of the root races.** In fact, genes from all of the root races are present in your DNA. Some of the traits from certain races may be more dominant in you than other traits, leading you to resonate more with some races than others.

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There may also have been races that you felt no resonance towards. The traits of these root races are embedded in your genes, however, they are currently not active – they are dimmed in your DNA. These are latent potentials in your genes and you are not actively using. They may come alive at some point in time as part of your evolutionary path.

We move now to the next chapter – the Galactic Federation of Planets in the Milky Way.

Chapter 2

The Galactic Federation of Planets in the Milky Way

A lot has been written and said about the Galactic Federation by many authors and speakers. In this chapter, we lay out for you the governing structure of the Galactic Federation and some of the key features of its member planets.

Three Key Features of the Galactic Federation

Feature 1

The Galactic Federation is an association of planets in the galaxy whose inhabitants have decided to form a Federation that governs all of these planets collectively. Each planet decides if it wishes to join the Federation, or not. Currently, there are around 13,000 planets in the Federation, and a smaller number of planets (around 750 or so) have decided not to be part of the Federation.

Feature 2

The planets of the Galactic Federation are organized into regional sections. Each regional section has its own governing structure and governing councils. E.g. The Arcturian section (which comprises multiple planets in the Arcturian and other adjacent star systems) has its own Arcturian governing council that makes plans and decisions for the whole section, and sets up channels of communication amongst all the

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planets in the section. The same goes for the Sirian regional section, the Lyran regional section, and other regional sections.

Feature 3

There are collective governing structures for the whole Federation as well. Decisions and plans are made at the whole-of-Federation level by councils of extremely well-respected delegates from the member planets of the Federation. Since most decisions are made at the regional level, there are only a very small handful of whole-of-Federation councils. (Hence the use of the term 'Federation' rather than a term that connotes unitary statehood such as 'Republic' or 'Nation'.)

These three features define how the Galactic Federation is organized. One, its membership comprises ~13,000 planets. Two, planets are organized into regional sections with regional councils that make decisions for the section. Third, a very small handful of high-level councils make collective decisions for the entire Federation. In the next section, we give an overview of the science and spirituality in the Galactic Federation.

Science and Spirituality in the Galactic Federation

Galactic Federation science is extremely advanced (by Earth standards) as it comprises the knowledge and expertise of tens of thousands of extremely advanced member races. All the knowledge of the Galactic Federation is centralized in galactic repositories and libraries that a person may gain access into with the right initiations.

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Many of the member planets of the Federation have highly-advanced civilizations that started way before the human race even began to appear on Earth, i.e. these civilizations predate the human race by and have lasted many thousands of millennia all the way up till today. Ergo, **the science and spirituality of these civilizations has evolved over thousands of millennia**, delving into the structure and nature of the Universe, the nature of the Divine, and all the things that make up realities seen and unseen. Needless to say, **science and spirituality are extremely advanced in these civilizations, and are often intertwined.**

The Krap-tor-rae-nians

One example of an advanced civilization is the **Krap-tor-rae-nians**, who branched out from the Dolphin and Whale People (Root Race No. 2) very early on in the history of the galaxy. The Krap-tor-rae-nians live on a planet that orbits a trinary sun system (i.e. a sun system where three stars orbit one another – contrast this with Sirius, a binary star system where two suns orbit one another). When the three suns of the Krap-tor-rae-nian star system come into full alignment during certain parts of the year, an inter-stellar portal opens that allows the Krap-tor-rae-nians to travel over a distance to other star systems. Due to this unique position of their planet relative to their three suns, the Krap-tor-rae-nians have over thousands of millennia acquired deep expertise in portals and have become masters of the science of galactic portal travel. They were **responsible for the earliest construction and maintenance of the Galactic Federation's Portal Network** (if you are interested in travelling the Galaxy, [take Level 1 of our Galactic Travel Programme here for free](#)).

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The As-kraep-pyians

Another advanced civilization, the **As-kraep-pyians**, are a more recent hybrid of three root races – the Amorphous Creatures (Root Race No. 5), the Dolphin and Whale People (Root Race No. 2) and the humanoids (Root Race No. 10). They live entirely underneath the surface of a high-density fluid planet where very little light from their sun makes it under water. Their low light environment makes it easier for them to go inward in their search for the meaning of life and the structure of the Universe. Comparatively, star races which inhabit light-full environments find it more challenging to go inwards because light creates visual distractions. You can think of the As-kraep-pyians as a race that lives permanently in a flotation tank. They have therefore, through many millennia of practice, mastered the art of meditation.

There are just two of many other civilizations that have attained a high level of mastery of both science and spirituality in the Galactic Federation.

Bringing DNA from Advanced Star Races in the Galactic Federation into the Human DNA

The knowledge and expertise of the advanced races of the Galactic Federation can now be brought into human DNA because we are at a point in human evolution where we are now capable of receiving this advanced knowledge. In the New Aquarian Age, we are at the point of making a big breakthrough in our evolution and our consciousness has

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risen to a point where advanced galactic information can be transmitted from aura-to-aura from teacher to student.

The knowledge and expertise of the advanced races of the Galactic Federation can now be accessed on Earth through classes, initiations, and energetic transmissions on the [Galactic Federation Embassy Portal](#) and through other authorized teachers. If you are interested in:

- Receiving star wisdoms
- Training to be a practitioner of healing techniques and initiations from the stars, or
- Becoming a galactic teacher transmitting galactic knowledge and techniques to others

Please contact us at info@cosmic-light-human.com !

This completes our short overview of the Galactic Federation. In the final chapter, we will go into your role as a galactic human being living and walking on Earth in this time of rising consciousness and what you need to do and be to fulfil your galactic purpose.

Chapter 3

Being A Galactic Human

What does it mean to be a galactic human? What does a galactic human look like, feel like, and sound like? How does one be a galactic being and a human being at the same time? How does one square being galactic with being human?

A galactic human being is one who is fully attuned to what is taking place in the galaxy and simultaneously grounded and conscious of their role as a human being in service to their communities on Earth.

A person with a galactic soul has **incarnated many times on other planets** in the galaxy before and is here on Earth specifically in this lifetime to **bring the characteristics, traits, gifts, qualities of other civilizations in the galaxy to human beings on Earth**. People with galactic souls generally find it challenging to be on Earth especially during *this* particular moment in human history when humanity is undergoing a massive process of evolution where physical and energetic violence, repression of the true self, disrespect for the Divine Feminine, bullying of the inner child (and children!) and other shadows embedded deep in the collective human consciousness are coming to light and undergoing a process of transmutation.

Galactic souls have made a soul choice to be on Earth at this time to **help transmute shadows from the human consciousness** and for their

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family DNA lines. It is an extremely challenging task that only the strongest of souls tend to want to undertake.

A Black Sheep In Your Family

If you are a galactic soul, chances are, you feel that you don't gel very much with the rest of your natal family. You often feel like you are the odd one out from everyone else. You are a **black sheep**, a literal mutation of the family DNA line – you are bringing qualities that the family DNA line needs for the entire family to evolve.

Black Sheep Characteristics

The following are some of the characteristics of a black sheep – see if you spot some of them in yourself:

- You think in an entirely different way than your family. Your family thinks by default that blue is a good colour that should go on everything. You can't see why they think this way because there are so many other colors that one can choose from. You are an aberration from the family's default way of thinking.
- Your career choice is entirely different than the rest of your family's. You might be the first in your family to start your own business, or you might venture into an unconventional industry that no one else in your family has gone into. Your career choices

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are so unconventional by the standards of your family that your family wonders if you are straying down a wrong path.

- You live in a different country than the rest of your family. Galactic souls often need to be in a different environment than the one they were raised in to find their own voice and grow fully into their true selves. The places that they were born and raised in often do not support their full growth into the unique and different people that they are meant to be and if this is the case, they will feel the urge at some point in their life to move to a different location.

In short, you represent a very obvious difference than the rest of your family physically, emotionally, mentally or spiritually. And, your difference is so obvious that it cannot be missed by anyone.

The family of a black sheep is often experienced as an obstacle rather than as a support for what the black sheep chooses to do and be in life. Very often, the family of a black sheep cannot accept the major life choices that the black sheep will make, such as who they want to marry, where they want to live, where they want to go to school, and so on and so forth.

A black sheep thus spends a more-than-normal amount of energy just to overcome the lack of family support for their choices. They have to spend more energy manifesting what they want as compared to the normal person. For example, a black sheep's family may continue to blame them till this day for being the first to leave the family farming trade to go to college. This constant negativity drags down the black

sheep. They have to spend extra energy processing through their emotions to become detached from what their family thinks of them. A person with a galactic soul is a mutation of the family DNA and will very often experience family suppression by a family that feels threatened by their difference.

Don't Bother **Fitting In!**



(It's not worth it)

If you are a galactic soul, you do not fit in, period. You may do all you can to try to fit in, but inside you, you never really do. You are different.

What do you do with the rest of the world then? How will you relate to other people?

The first step you need to take is to acknowledge that you **ARE** different and **DO NOT** make yourself wrong.

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Many of us have been told our entire lives that we should fit in, be part of the group, and hide what makes us unique so we can be just like everyone else.

This runs counter to the purpose of you being here! The **entire point** of you being on Earth is to bring your unique difference and special light into the human consciousness. You are here to bring new DNA into the human race to assist humanity in making its big evolutionary breakthrough. We urge you not to hide your unique characteristics in front of others because **who you are is exactly what other people need to see.**

People are going to disagree with you. People are going to find you weird. That is to be expected since you are a mutation of the average human DNA. You need to **continue shining your own unique light so that other people can receive it** and you do this by being who you are uncompromisingly and not hiding your true self in order to make other people comfortable.

The Earth needs you right now to Be Yourself.

In other words, a galactic soul's purpose might seem complicated, but in truth, it really isn't all that complicated. Just be you.

The next question comes : Who are you really? What are you?

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If you are interested in exploring this question more deeply, the book **Finding Yourself for Starseeds and Lightworkers** (available on Amazon [here](#)) contains 7 activations from advanced star races that will assist you in finding your own answers in yourself.

We cannot help but nag again : Remember not to give up who you are in exchange for the praise or acceptance of another person.

We end this short introduction to the galaxy with a tantalizing question:

**How do I now wish to move forward knowing
what I do now about the galaxy?**

Give this question a think and contact us when you have made plans :)

With Love,

Gil Sim

Galactic Federation Embassy

More stuff at : <http://www.cosmic-light-human.com>