




# **5 Oral Therapeutic Peptides to Help You Age in Reverse**

**Once you understand the  
power of peptides....you can't  
go back**



**For women & men in midlife who  
want fat loss, metabolism support,  
joint comfort, glowing skin, and a  
calmer body**

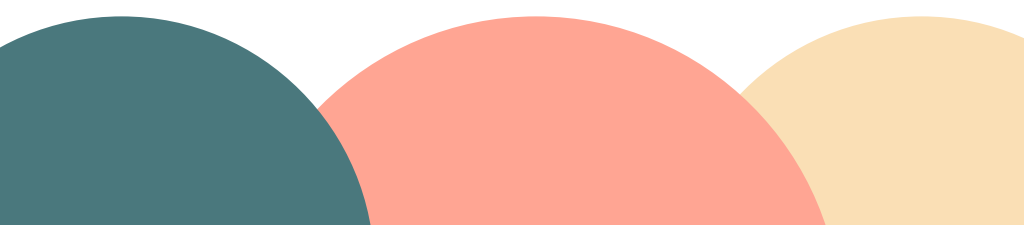
These breakthrough oral peptides aren't "just supplements" – they signal your body to do what it used to do naturally. Think of them as biological messengers that help reverse the effects of aging and menopause from the inside out.



Imagine swapping out  
so many of your daily  
supplements  
for 1 tiny tablet

## **Why These 5?**

**When combined in an oral blend, these peptides create a synergistic effect:**

- **Burn fat & boost metabolism**
  - **Restore lean muscle and body composition**
  - **Rebuild collagen for skin, hair, nails, and joints**
  - **Calm inflammation from menopause & aging**
  - **Reignite natural energy, stamina, and mental clarity**
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## 1. 5-Amino-1MQ

**A powerful NNMT(fat hoarding enzyme) inhibitor that helps reset cellular metabolism, improve fat burning, and increase NAD<sup>+</sup> availability for energy and repair.**

### **Pain Points it Targets:**

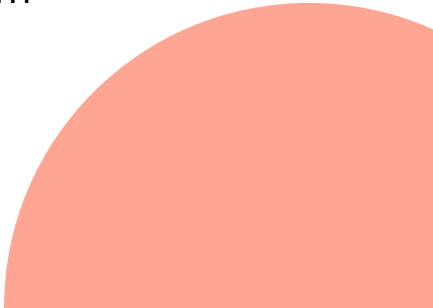
Stubborn midlife weight gain  
Slowed metabolism  
Low energy & mitochondrial fatigue

### **Benefits:**

Supports fat loss and lean body composition  
Boosts energy and vitality  
Helps reset cellular “youth mode”

### **Timeline:**

Weeks 2–3: subtle energy boost  
Weeks 4–8: noticeable changes in body composition and metabolism



## 2. SLU-PP-332

Known as an “exercise mimetic,” (workout in a tablet) this peptide acts on ERR pathways to mimic the benefits of exercise at a cellular level – more mitochondria, more energy, more fat burning.

### **Pain Points it Targets:**

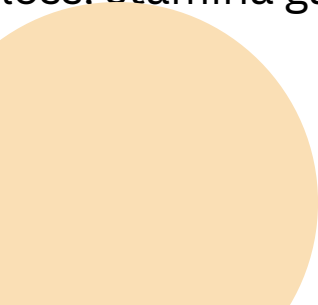
Fatigue despite workouts  
Difficulty losing fat post-menopause  
Loss of stamina & endurance

### **Benefits:**

Boosts metabolism & fat oxidation  
Enhances exercise efficiency  
Improves endurance and overall vitality

### **Timeline:**

Weeks 2–4: more energy for daily activity  
Weeks 6-12 : better workout performance, fat loss. stamina gains



### **3. GHK-Cu (Copper Peptide)**

**A regenerative peptide famous for skin and tissue repair, collagen production, and wound healing. In oral form, it also supports systemic anti-inflammatory and antioxidant effects.  
(beauty from within molecule)**

#### **Pain Points it Targets:**

Sagging skin, wrinkles, hair thinning  
Slow healing or tissue repair  
Inflammation-related aging

#### **Benefits:**

Smoother, firmer skin  
Thicker, healthier hair & nails  
Supports tissue healing and reduces inflammation

#### **Timeline:**

Weeks 2–3: skin feels more hydrated and resilient

Weeks 6–12: visible skin & hair improvements, deeper tissue repair

## 4. KPV

**A small peptide fragment with strong anti-inflammatory action, especially in the gut. It calms inflammatory pathways without suppressing the immune system. (fire extinguisher for inflammation)**

### **Pain Points it Targets:**

Bloating, gut inflammation

Joint pain or stiffness

Systemic inflammation & “puffy” feeling

### **Benefits:**

Reduces inflammation in the gut and throughout the body

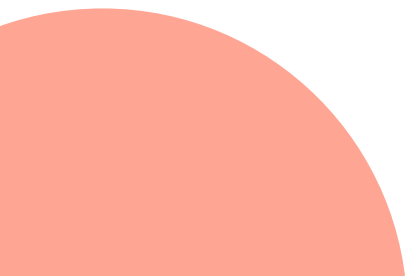
Supports joint and muscle comfort

Calms redness, flare-ups, and irritation

### **Timeline:**

Weeks 1–2: gut comfort improves, inflammation starts to calm

Weeks 4–6: noticeable changes in joint pain, less bloating/puffiness



## 5. BPC-157

Often called the “body protection compound,” this peptide accelerates repair of joints, tendons, ligaments, and even gut lining. It’s like turning up your body’s natural healing switch. (bounce back healer)

### **Pain Points it Targets:**


Achy joints & connective tissue  
Slow injury recovery  
Gut lining issues & discomfort

### **Benefits:**

Accelerates joint & tissue repair  
Speeds recovery from overuse or injury  
Supports gut lining health

### **Timeline:**

Weeks 1–2: reduced pain & inflammation in joints/gut  
Weeks 4–8: stronger tissue repair, more resilience





## How to Get Started with Oral Peptides

One of the easiest ways to utilize these peptides is orally – no needles, no complicated routines.

Here are the two blends recommended for midlife women & men:

### ✨ Body Peptide Blend

5-Amino-1-MQ (“fat hoarding enzyme” reset)

SLU-PP-332 (“workout in a capsule”)

➡ Together, they help fire up metabolism, burn fat, and bring back your lean body.

### ✨ Beauty Peptide Blend

GHK-Cu (“beauty-from-within molecule”)

KPV (“fire extinguisher for inflammation”)

BPC-157 (“bounce-back healer”)

➡ A powerhouse combo for glowing skin, strong hair & nails, gut balance, and joint repair.



Want more details? Message me directly here:

👉 [m.me/TinaMargaris](https://m.me/TinaMargaris)